VOL. 4 ISSUE 9
MAY 11, 2026

SUPPORT Report

VIRTUAL

Out of Care / Kinship Providers Drop in

Wednesday May 20
8:00-9:00 PM (PST)
Tuesday June 2
1000 - 11:00 AM (PST) &

Zoom ID: 858 3771 6954

AUDIO CLUB

WEDNESDAYS
10:00-12NOON OR
6:30-8:30 PM (PST)

Book Reviews:
Mama's Waves & Daddy's Waves

Zoom ID:
832 4280 1289

CLN UPCOMING TRAININGS

LOSS AND GRIEF FOR OUT-OF-CARE/KINSHIP

Understand the impact of separation; learn different ways children and youth grieve; life-long grieving and the importance of providing opportunities for grieving; recognize strategies to help children deal with grief and loss; recognize the importance of establishing and maintaining essential relationships with and for children; understand the impact of frequent moves and the importance of managing transitions for children; understand ambiguous loss; and understand the separation.

Wednesday , MAY 20
7:00pm - 9:00pm (PST)

TRAUMA-INFORMED TRANSITION TRAINING FOR KINSHIP

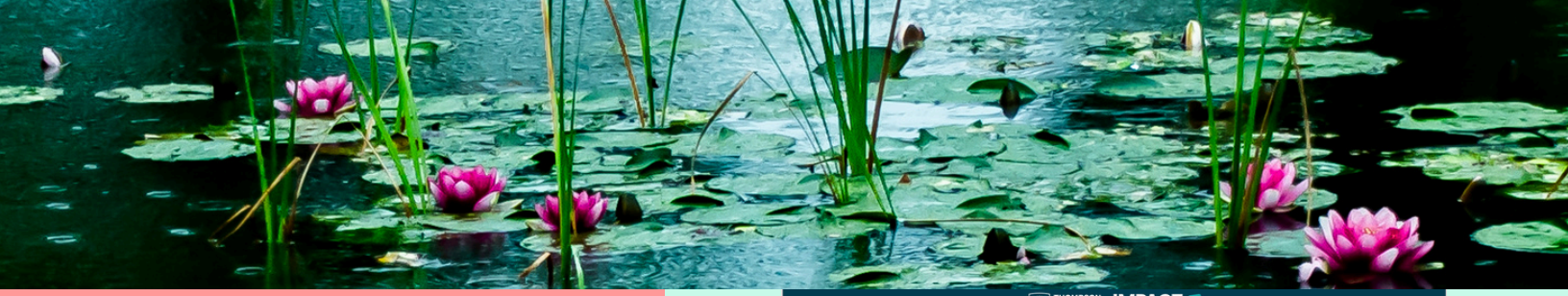
Mondays, MAY 25 - June 15
9:30am - 12:30pm (PST)

INSTITUTE OF CHILD PSYCHOLOGY
THE CHILDPSYCH PODCAST

HOW TO DEAL WITH YOUR **** SO YOUR KIDS DON'T HAVE TO BE BREAKING CYCLES OF ANGER, REJECTION, AND SHAME WITH ELI HARDWOOD

"In this powerful and deeply honest conversation, we sit down with attachment therapist and author Eli Harwood to explore the heart of her new book, How to Deal With Your $%$! So Your Kids Don't Have To: An Encyclopedia for Ditching Your Emotional Baggage—releasing April 14.
At the core of this conversation is a simple but profound truth: your kids can feel what you don't heal. Together, we unpack how unprocessed anger, experiences of rejection, and lingering shame can quietly shape the way we show up as parents. These patterns often surface in our hardest moments—during conflict, disconnection, or discipline—and can unintentionally be passed on to the very children we're trying to support.

Eli offers practical, no-nonsense guidance to help parents recognize their emotional triggers, work through their own internal experiences, and respond with greater intention and connection. This is not about perfection—it's about awareness, repair, and doing the kind of work that changes family patterns over time."



INSTITUTE OF CHILD PSYCHOLOGY

MEALTIME BATTLES

"We know the struggle is real—mealtimes can feel like mini battlefields when picky eating, power struggles, or dinner refusals take center stage.
But it doesn't have to be that way.

That's why we've created a FREE downloadable guide: "How to Handle Mealtime Battles" — designed specifically for busy parents who want practical tools that actually work.

👶 In this guide, you'll learn:

- Why power struggles happen at the table
- How to set clear mealtime boundaries (without the drama)
- Tips to encourage healthier eating habits (without bribing or begging)
- Scripts you can use today to take the stress out of meals

👉 [Download your free guide now] and start transforming your mealtimes into moments of connection—not chaos.

Here's to calmer dinners and happier kids!"

"The goal of this study is to better understand how social enterprise training and mentorship can support individuals facing barriers to entrepreneurship and employment. These findings will directly contribute to improving the programs, policy, and support systems that promote inclusive economic participation across Canada."

To find out more or to register, visit: SEAbility

Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

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EVERY CHILD MATTERS

Interior Community Services

Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website: https://www.icsfp.info/outofcareproviders

Find us on Facebook!
Connect with us on our **'ICS Support To Family Care Network'** Facebook page and our agency's **'Interior Community Services'** Facebook page.