

# WEEKLY *Communique*

STFC Supporting Caregivers throughout BC's Interior



## IN PERSON

### KAMLOOPS

#### FOSTER PARENT DROP-IN

Wednesdays

9:00am - 10:00am

At the Loft

(2nd Floor of grey building)

## VIRTUAL

### WEST

### KOOTENAY

#### FOSTER PARENT DROP-IN

Fridays

11:00am - 12noon

Zoom ID: 250 608 7674

Learn and Connect  
Workshops for  
New & Potential  
Caregivers

Last Monday of the Month

9:00 am

Zoom ID: 878 8822 2406

Don't miss this chance to

## CONNECT

with other caregivers

## AUDIO CAREGIVING CONNECTION WEDNESDAYS

10:00-12NOON OR  
6:30-8:30 PM (PST)

Zoom ID: 832 4280 1289

BE SURE NOT TO MISS:  
**WEDNESDAY, FEB 4**  
**9AM - 12:30PM (PST)**

**LEN PIERRE:**

Leading with Empathy: Moving beyond Trauma-informed Practice to Two-Eyed Seeing & Dignity-Informed Practice

*Check with your Network Facilitator to see if there is an in-person viewing in your area.*

# Navigating Barriers to Inclusion in the Education System

Virtual  
Learning  
Session



## January 28, 2026

## 6pm - 7:30pm

## inclusion BC

"Join the Inclusion BC Advocacy team online for the first session in a series of virtual learning opportunities. This learning series is an opportunity to deepen your understanding of the rights of persons with disabilities and build confidence in navigating various support systems.

Topics include person-centred planning, individualized supports, and common misconceptions about inclusion. You will pick up practical advocacy strategies and effective tools to address barriers to inclusion in your community"

Wednesday, January 28, 2026, from 6:00 to 7:30 pm

To register, [click this link](#) 



**INCLUSION CANADA AND  
PEOPLE FIRST OF CANADA**

## **HOW POVERTY AND HOUSING INTERSECT FOR CANADIANS WITH FASD**

"In November, Inclusion Canada and People First of Canada hosted the 16th annual National Policy Forum on Inclusion. The forum focused on the question "what's holding us back?" and examined barriers to inclusion across systems in Canada. The three-day forum brought together advocates, self-advocates, and organizations to examine systemic barriers to inclusion in Canada and to highlight collaborative strategies for change.

As part of the event, CanFASD's Research Assistant, Celisse Bibr, delivered a recorded presentation called "Safety, belonging, and falling through the cracks: How poverty and housing intersect for Canadians with fetal alcohol spectrum disorder". The presentation explored how housing insecurity and poverty significantly affect individuals with FASD and emphasized the importance of creating safe, supportive living environments. Celisse examined four key domains - access, collaboration, individualization, and understanding - as foundations for developing accommodating housing options where individuals with FASD can thrive. She highlighted that with appropriate housing and supports, people with FASD can lead successful and meaningful lives. The presentation recording is available now on YouTube.

## **CANFASD FREE WEBINAR FASD HOUSING SOLUTIONS - PART 2**

"Join us on January 23rd to hear how insights from the ChOoSE research initiative shaped the CHOoSE housing website... and to learn about how we adapted what we learned from the ChOoSE research initiative into the CHOoSE housing website. The goal of the CHOoSE project is to co-create innovative housing solutions for those with FASD, and a refresher of the original project and results was presented in November 2025. Since then, CanFASD has worked hard to translate knowledge into actionable resources; join us to learn about the development of the website, how it could be used, and ideas for the future going forward. Register now!

**Friday, January 23, 2026  
10:00 am (PST)**



## ***Connect with us...* SUPPORT TO FAMILY CARE NETWORK PROGRAM**

**Program Coordinator: Kari Beppe**  
[kbeppe@interiorcommunityservices.bc.ca](mailto:kbeppe@interiorcommunityservices.bc.ca)  
Cell: (250) 819-1919

Office: (236) 421-0031 Toll Free: 1-877-376-3660

**Network Facilitators:**  
Renata Bonthoux (250) 319-6557  
[rbonthoux@interiorcommunityservices.bc.ca](mailto:rbonthoux@interiorcommunityservices.bc.ca)  
Jessica Galbraith (250) 819-5819  
[jgalbraith@interiorcommunityservices.bc.ca](mailto:jgalbraith@interiorcommunityservices.bc.ca)  
Marna Forsyth (250) 609-2017  
[mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)  
Jane Wesko (250) 608-7674  
[jwesko@arcprograms.com](mailto:jwesko@arcprograms.com)

Tabitha Fournier (250) 320-4603  
[tfournier@interiorcommunityservices.bc.ca](mailto:tfournier@interiorcommunityservices.bc.ca)  
James Weir (250) 426-6013  
[jweir@interiorcommunityservices.bc.ca](mailto:jweir@interiorcommunityservices.bc.ca)



### **Need resources or information? Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

**[www.icsfp.info/resources](http://www.icsfp.info/resources)**

**Find us on Facebook!**  
Connect with us on our 'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.