

WEEKLY *Communique*

STFC Supporting Caregivers throughout BC's Interior



IN PERSON
KAMLOOPS
FOSTER PARENT
DROP-IN
Wednesdays
9:00am - 10:00am
At the Loft
(2nd Floor of grey building)

VIRTUAL
WEST
KOOTENAY
FOSTER PARENT
DROP-IN
Fridays
10:00am - 12noon
Zoom ID: 250 608 7674

Learn and Connect
Workshops for
New & Potential
Caregivers
Last Monday
will resume
in April
CONNECT
with other caregivers

AUDIO CAREGIVING
CONNECTION
WEDNESDAYS
10:00-12NOON OR
6:30-8:30 PM (PST)
Strengthening Family
Connections with
Dr. Bruce Perry
Zoom ID: 832 4280 1289

INTERIOR HEALTH **RESOURCES FOR YOUTH & CAREGIVERS:** **SUBSTANCE USE & TOXIC** **DRUG INFORMATION &** **RESOURCES**

Call 310-MHSU (6478) to reach your local Mental Health & Substance Use (MHSU) Centre or Connect with Access MHSU Services for more information and links to services to best meet your needs

Substance Use Services Available for Youth (SAY)

Call the 310-MHSU info line to learn about the wide range of new substance use services youth can access.

Youth Substance Use Services & Resources

Wondering if your experimental, social or recreational substance use is becoming problematic for you or someone you know? We can help. Our Youth Substance Use Services aim to increase wellness and decrease substance related harms for youth and caregivers by connecting them with the right service at the right time. Our Youth Substance Use Services are designed for youth aged 12-24 with some programs focusing on priority ages."

Check out their suicide hotline resources and their Substance Use Services for YOUTH Snap Shot (linear diagram) which contains clickable links. This allows users to see the service description and a list of MHSU Centres offering the service.

- ## **MARCH DATES**
- National SW Month
 - 5 Days of the Homeless
 - March 1
Self Harm Awareness Day
 - March, 8
International Women's Day
 - March 10-14
Safe Sleep week
 - March 10-16
Brain Awareness Week
 - March 17-23
Neurodiversity Week
 - Mar 21
International Day of the Elimination of Racial discrimination
 - Mar 31
International Transgender Day of Visibility

Scholarships & Bursaries Virtual Info Session with BC Scholarship Society

In this Scholarship session

- Find out what funding is available from the BC Scholarship Society and how to put together an application that stands out!

Friday March 6
1-2pm
To Register email:
info@agedout.com



BC Scholarship Society

AGEDOUT.com

AgedOut.com + BC Scholarship Society Virtual Scholarship + Bursaries Info Session

Join us for a free virtual info session with the BC Scholarship Society on Friday, March 6 from 1-2pm!

In just one hour, you'll find out what funding is available from the BC Scholarship Society and how to put together an application that stands out.

To register, email info@agedout.com

CANFASD YOUTUBE VIDEO

FASD FROM A RIGHTS-BASED PERSPECTIVE: UNPACKING THE UNCRPD

Presenters: Kelly Harding, Dorothy Reid, and Lauren Richardson

"The United Nations Convention on the Rights of Persons with Disabilities (UNCRPD) was developed to ensure that human rights are provided to everyone regardless of ability or level of functioning and can be used as a tool for self-advocates with FASD and their care providers. This webinar recording outlines what the UNCRPD is and how it intersects with FASD while providing a living-experience and caregiver perspective on what the convention means for them. **This is a recording of a webinar from December 6, 2024** and is hosted by Audrey McFarlane. This video is part of our CanFASD webinar series, bringing evidence-based research on FASD to Canadians from the comfort of your own home."

EXCLUSION TRACKER:

INTERIM NATIONAL FINDINGS REPORT CHILD CARE/OUT-OF-SCHOOL CARE & K-12 EDUCATION

"We have just released the first glimpse of the data from the National Exclusion Tracker, revealing emerging national patterns of exclusion across child care, out-of-school care, and K-12 education across Canada. This report has been created to share early national signals from the National Exclusion Tracker while data collection from its first year is still underway. We hope this national picture will help inform families, advocates, educators, policymakers, researchers, and community organizations in their advocacy and inclusive education practices. The British Columbia Snapshot of the National Exclusion Tracker is also available to view as an addendum to the report."

Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

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Interior Community Services
Enriching Lives. Strengthening Communities

Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info/resources



Find us on Facebook!

Connect with us on our 'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.