

THE SUPPORT REPORT

VOLUME 4

Jan 12,
2026

ISSUE
ONE

Times to Connect

Out of Care / Kinship Providers Drop in

Wednesday Jan 21
8:00 - 9:00 PM (PST)
Zoom ID: 858 3771 6954

AUDIO CAREGIVING CONNECTION

NEW

WEDNESDAYS
10:00-12NOON OR
6:30-8:30 PM (PST)

NEW

Zoom ID: 832 4280 1289

Care for the Caregivers

Join Tabitha and
fellow caregivers
for breakfast and conversation.

Tuesday Jan 13
9:30 - 11:00 AM (PST)
Denny's Williams Lake

Care for the Caregivers

Join Tabitha and
fellow caregivers for
breakfast and conversation.

Wednesday Jan 14
9:30 - 11:00 AM (PST)
Smitty's 100 Mile House

NEW

starting January 14

Grab a coffee and a comfy chair



on Zoom:
832 4280 1289
or in-person
in Kamloops

NEW!!
learn from
EDUCATIONAL
PODCASTS with
ACTIONABLE
ADVICE

Join us

Wednesdays
10:00am - 12Noon or
6:30 - 8:30 pm (PST)

Be motivated, encouraged and supported
by experts and other caregivers!

- January 14 A Conversation with **Dr. Bruce Perry** About Trauma - Creating a Family
- January 21 Grief in Parenting a Child with VNS (Vulnerable Nervous System) with **Robyn Gobbel**
- January 28 Why its Hard for Your Child to take Responsibility with **Robyn Gobbel**

CLN presents: Len Pierre
leading with Empathy:

MOVING BEYOND TRAUMA-INFORMED PRACTICE
TO TWO-EYED SEEING & DIGNITY-INFORMED
PRACTICE

Wednesday, Feb 4
9:00am to 12:30pm (PST)

Interi r
Community
Service s

Enriching Lives. Strengthening Communities

JANUARY

FEDERATION OF BC YOUTH IN CARE NETWORKS

DREAM FUND BURSARIES: EDUCATION ACHIEVEMENT & REACH FOR SUCCESS

"Each year, we award around 100 bursaries to youth in and from care! The Dream Fund includes two types of bursaries distributed 3 times a year in October, February and June. **The next round will close at 9:00AM on Feb 16, 2026.**

Education Achievement Bursary

Up to \$1,500 towards attending post-secondary education. You can use this bursary for all accredited schools and programs, including trades and vocational programs (not just university!).

Reach for Success Bursary

Up to \$500 to help with achieving your goals and needs. Use this bursary for photography lessons, sports team fees, Canadian citizenship applications, BCIDs, FoodSafe certification and more..."

Eligibility

"You can apply for a Dream Fund bursaries if:

- You are youth in or from care in BC, aged 14-28
- You have a cumulative total of 1 year of government care experience (CCO, VCO, TCO, SNA, YAG, Extended Family Placements)"

THE CHILD PSYCH PODCAST

Raising an Empath: Dr. Judith Orloff on Sensitivity, Energy, and Emotional Overload, Episode 159

"Some children feel everything : the moods in a room, the pain of others, even the tension that adults think they're hiding. In this heartfelt conversation, Tania sits down with Dr. Judith Orloff, psychiatrist and author of The Empath's Survival Guide, to explore what it means to raise and support an empathic or highly sensitive child.

Together they unpack how empathy and intuition show up in children, how to tell the difference between emotional sensitivity and anxiety, and why empathic kids often struggle with overwhelm, fatigue, or emotional contagion. Dr. Orloff shares grounding and protection strategies that help children stay open-hearted without absorbing the stress of others.

This episode is an invitation for parents and educators to see empathy not as a weakness, but as a profound gift that needs understanding, structure, and care to flourish."

Connect with us...

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SUPPORT TO FAMILY CARE NETWORK PROGRAM



Enriching Lives, Strengthening Communities

**Need resources or information?
Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:
www.icsfp.info/outofcareproviders



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Facebook page and our agency's
'Interior Community Services'
Facebook page.**