



ZOOM MEETINGS
& TRAININGS.....1



SHOULD I OR
SHOULDN'T I?.....1



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STFC – SUPPORTING FOSTER FAMILIES

WEEKLY *Communiqué*

IN PERSON KAMLOOPS

Foster Parent Drop-In
Wed: 9:00am - 11:00am (PST)
Location: The Loft - 290 Maple Street
(2nd Floor of the grey building)

EAST KOOTENAY
Cranbrook Coffee Social
Tuesday, Jan 31
10:00am - 11:30am (MST)

Please RSVP by Jan 27

For more information or to RSVP,
contact Gerri Burleigh
Cell: (250) 426-6013 or email:

gburleigh@interiorcommunityservices.bc.ca

UPCOMING TRAINING

Screening of

FOR LOVE

Wed Jan 25 6:30pm (PST) OR
Wed Feb 15 11:00am (PST) (Virtual or In-Person in Kamloops)

"FOR LOVE is a film of resilience and resurgence. Colonization has led to many adverse impacts on the Indigenous population of Canada - most significantly on familial and societal structures. Due to colonial regimes, Indigenous children are vastly overrepresented in the child welfare system. In 2018, the Minister of Indigenous Affairs deemed the issue "a humanitarian crisis."

Travelling across the country, Indigenous people tell their heartbreaking stories to reveal the atrocities inflicted by the Canadian child welfare system. The film shines a light on what is happening right now. It details the horrors of the past and reveals how Indigenous communities are taking back jurisdictional control of their children in order to ensure that their unique and diverse cultures are preserved for generations to come.

Awakening a revived respect for the matriarchal system, we learn about the need to preserve traditional practices, land-based activities and grass roots initiatives in order to keep having a positive impact on children and families - not only reducing the number of apprehensions, but also renewing Indigenous pride."

WHITE HATTER

Online Porn, Radicalization, Shaming & Disinformation

Wed Feb 22 6:30 – 8:00pm (PST)

(Replay session will be available for those unable to attend – please watch for more information on the date / time of the replay sessions)

"We love social media and how youth are using it in so many positive ways. However, we would be negligent if we did not acknowledge the fact that there is also concerning content that both families and youth need to know about from an emotional, psychological, physical, social, and cognitive standpoint. In this program, we will talk about four categories of major concerns that both parents and youth should be alive to, and how families can talk about these concerns in an enlightening and not frightening way. Knowledge and the understanding and application of that knowledge is power for both parents and youth, to help all make the online experience safer!"

Safe Babies Full Course

Feb 7 – March 9 (Tues AND Thurs)
6:00pm – 8:00pm (PST)

For more information,
please contact your Network Facilitator

Circle of Security® Parenting™

At times all parents feel lost about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

If you are interested in taking this training,
please contact your **Network Facilitator** or
Marna at 250-609-2017 (phone/text) or email:
mforsyth@interiorcommunityservices.bc.ca

**ADDitude Magazine's
FREE Webinar**

**Substance Use Disorder
and ADHD:**

**Safe, Effective Treatment
Options**

Webinar: January 31

Can't make it?

Register and get the free replay!

"People with ADHD face an elevated risk for substance use disorder (SUD). While stimulants are highly effective for treating ADHD, they are also commonly misused, particularly among college students, raising questions about treatment options for people with a history of substance abuse. This webinar will explain treatment options and interventions for people with ADHD and SUD, and it will address questions about the safety and efficacy of stimulant use in people with these comorbidities.

In this webinar, you will also learn:

- About the association between substance use disorders and ADHD
- About common problems with prescription stimulant misuse
- How treating ADHD could lessen the likelihood of developing SUD in later years
- About pragmatic interventions to improve outcomes in young people with ADHD."

For more information or to register visit:

<https://www.additudemag.com/webinar/substance-use-disorder-recovery-adhd-treatment>

**Social Thinking®
New Game
for Teens**

**Should I?
or Shouldn't I?
What Would
Others Think?**

Revised Edition for Teens

"Motivate teens to explore with their peers how we each engage in social interpretations of others' actions and reactions based on "hidden" group expectations. Use this highly engaging game to stimulate peer-based discussions regarding a wide array of teen-friendly social situations that engage students in social problem solving. With this revised teen edition, teachers, clinicians, parents, caregivers, and other interventionists encourage students to move away from talking about how they feel based on how others behave. Instead, they explore how the power of their own social interpretations might impact their actions and reactions if they find themselves in a similar situation. This fun card game fosters authentic discussions about social problem solving for responsible decision making."

**For more information or to purchase
the game, visit:**

<https://www.socialthinking.com/Products/should-i-or-shouldnt-i-middle-school-high-school-edition>

**PRIVACY
TRAINING:
FOIPPA Foundations**

"FOIPPA Foundations which replaced the previous training course. FOIPPA Foundations is designed to support learners to understand their privacy and access obligations in BC and reflects the 2021 amendments to the Freedom of Information and Protection of Privacy Act (FOIPPA). This interactive course provides learners with an overview of:

- The fundamentals of FOIPPA
- Their responsibilities under FOIPPA
- How FOIPPA applies to their work
- Their privacy and access obligations

Following the successful completion of the course exam learners can download a PDF certificate. The exam consists of a 10-question quiz and may be repeated as many times as necessary to obtain a passing score of 80%. BC Public Service contractors or service providers that take the course to meet their mandatory contractor training requirements should download and retain the course certificate of completion." **This course will take approximately 2 hours to complete.**

**To learn more or to find out when
the group privacy training is
happening in your community**

**Connect with your
Network Facilitator**

BROUGHT TO YOU BY:

SUPPORT TO FAMILY CARE NETWORK PROGRAM

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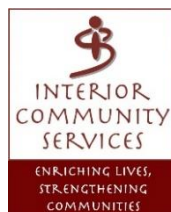
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WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

**Have a youth in care? Be sure to check out
our website or Facebook page!**

Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info



Find us on Facebook!

Connect with us on our

**'ICS Support To Family Care Network'
Facebook page and our agency's 'Interior
Community Services' Facebook page.**

"Being able to feel safe with other people is probably the single most important aspect of mental health; safe connections are fundamental to meaningful and satisfying lives." *Bessel van der Kolk*