

 ZOOM MEETINGS  
& TRAININGS.....1

 BEYOND  
BODIES.....2

 BIRTH FAMILY  
RELATIONSHIPS  
NAVIGATING THE  
COMPLEXITIES.....2

STFC – SUPPORTING FOSTER FAMILIES

# WEEKLY *Communiqué*

## IN PERSON KAMLOOPS

### Foster Parent Drop-In

Wed: 9:00am - 11:00am (PST)

The Loft - 290 Maple Street (2nd Floor of the grey building)

## EAST KOOTENAY Cranbrook Coffee Social

Tuesday, Jan 31

10:00am - 11:30am (MST)

For more information or to RSVP, contact Gerri

Burleigh Cell: (250) 426-6013 or email:

[gburleigh@interiorcommunityservices.bc.ca](mailto:gburleigh@interiorcommunityservices.bc.ca)

## VIRTUAL WEST KOOTENAY

### Foster Parent Drop-In

Fridays 11:00am - 12noon (PST)

Zoom ID :250 608 7674

## Safe Babies Full Course

Feb 7 – March 9 (Tues **AND** Thurs) 6:00pm - 8:00pm (PST)

Please register via the following link by Mon, Feb 6:

<https://us06web.zoom.us/join/register/tZYkce6sqjssGNPzfVBLfVbilrzPDKqS3tA->

## KERI ISHAM (Power Up Education)

Sexual Health Education For Children/Youth with  
Support Needs K – 7 TBA – MARCH 2023

## Circle of Security Parenting

If you are interested in taking this training, please contact your

Network Facilitator or Marna Forsyth Cell: (250) 609-2017

or email: [mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

## UPCOMING TRAINING

Screening of

### FOR LOVE

Wed Feb 15 11:00am (PST)

(Virtual or In-Person in Kamloops)

Virtual Zoom ID:874 5484 1271

“FOR LOVE is a film of resilience and resurgence. Colonization has led to many adverse impacts on the Indigenous population of Canada - most significantly on familial and societal structures. Due to colonial regimes, Indigenous children are vastly overrepresented in the child welfare system. In 2018, the Minister of Indigenous Affairs deemed the issue “a humanitarian crisis.”

Travelling across the country, Indigenous people tell their heartbreaking stories to reveal the atrocities inflicted by the Canadian child welfare system. The film shines a light on what is happening right now. It details the horrors of the past and reveals how Indigenous communities are taking back jurisdictional control of their children in order to ensure that their unique and diverse cultures are preserved for generations to come.

Awakening a revived respect for the matriarchal system, we learn about the need to preserve traditional practices, land-based activities and grass roots initiatives in order to keep having a positive impact on children and families - not only reducing the number of apprehensions, but also renewing Indigenous pride.”

## WHITE HATTER

### Online Porn, Radicalization, Shaming & Disinformation

Wed Feb 22 7:00 - 8:45pm (PST)

Please see attached poster for more information. (Replay session will be available for those unable to attend – more info coming soon!)

Please register in advance via the link below by noon Tues, Feb 22:

[https://us06web.zoom.us/join/register/tZYucuyhqzopEtzcSAnvLM80s03Cc30x\\_iMi](https://us06web.zoom.us/join/register/tZYucuyhqzopEtzcSAnvLM80s03Cc30x_iMi)

(Once registered you will be sent a confirmation e-mail with a link to join. You will use this link to access the training.)

For more information, please contact Marna Forsyth

Cell: (250) 609-2017 or email: [mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

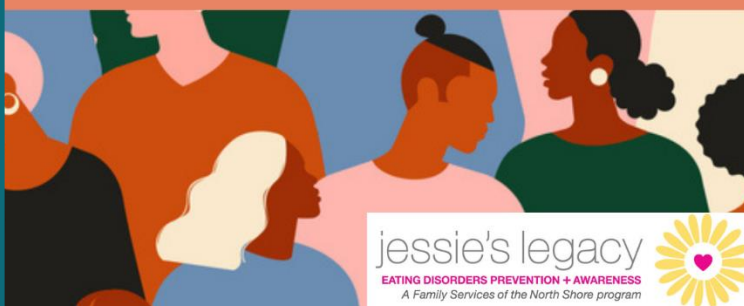
Jessie's Legacy Eating Disorders  
Education & Awareness Program and  
Family Services of the North Shore  
are pleased to present a province-wide virtual event:

**Wednesday, February 1, 2023**

**12noon - 1:30pm (PST)**

**ONLINE**

**Beyond Bodies:  
Diverse Experiences of Disordered  
Eating and Body Image**



"A diverse panel of young adults will be answering your questions, sharing their stories, wisdom, and life experiences about navigating body image and disordered eating challenges. Hear stories of hope, inspiration, and advice from individuals with diverse backgrounds and experiences. Hear about the factors that were helpful and unhelpful in their healing journeys. Learn how to better support someone in your life who is struggling. Open to all individuals, families, and professionals!"

To read about the panelists and register for the event visit:

<https://www.eventbrite.ca/e/beyond-bodies-diverse-experiences-of-disordered-eating-and-body-image-tickets-506638478327>

ACBC (Adoption Centre of BC),  
MCFD Okanagan Region and  
SNAPP (Supports & Networking for  
Adoption & Permanency Planning)  
are excited to offer you another fantastic online  
workshop with Andrea Chatwin (A Child's Song).

**Tuesday, February 7**

**9:30am -12:30pm PST (online workshop)**

**Free of charge to all participants**

**Birth Family Relationships:  
Navigating the Complexities  
with Courage and Compassion**

**Special Guest Speaker: Andrea Chatwin**

(MA, CCC): Founder and Clinical Director of A Child's  
Song <https://achildsong.ca/>

**Who is this workshop for:** Adoptive/Permanency/Foster Parents,  
Waiting Adoptive/Permanency Parents and Professionals who work with  
these families. This workshop is for adoptive, foster and kinship parents  
who want to know more about openness, those who want to improve  
relationships with their child's first family, and those who are struggling with  
big decisions about how, when and where contact can work for everyone  
involved. A child's knowledge, understanding of and connection with those  
with whom they share biology undoubtedly plays a role in shaping who they  
become.

**For more information and to register:**

<https://forms.gle/LNVzpNxu4jrTt4Pv8> (click and complete form)

**Next Steps:** ACBC will send a zoom link to all registrants by February 6,  
by noon. Please include any questions/comments in your registration form  
and they will address them as soon as they are able.

**BROUGHT TO YOU BY:**

## SUPPORT TO FAMILY CARE NETWORK PROGRAM

**Program Coordinator: Kari Beppe**

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**Cell: (250) 819-1919**

**Office: (236) 421-0031**

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**Network Facilitators:**

**Renata Bonthoux (250) 319-6557**

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**Krista Sherwood**

[ksherwood@interiorcommunityservices.bc.ca](mailto:ksherwood@interiorcommunityservices.bc.ca)

**Marna Forsyth (250) 609-2017**

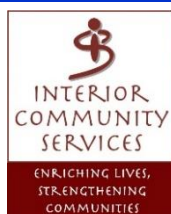
[mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

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**Jayne Wesko (250) 608-7674**

[jwesko@arcprograms.com](mailto:jwesko@arcprograms.com)



### WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come  
together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING  
AND LOTS MORE!

**BY COMING TOGETHER, WE'RE NOT ALONE**

Have a youth in care? Be sure to check out  
our website or Facebook page!

**Need resources or information?  
Check out our website!**

Are you wanting more information about  
upcoming training in your area, helpful  
resources or information about our program?  
Find all this and much more at our website:

**[www.icsfp.info](http://www.icsfp.info)**



**Find us on Facebook!**

Connect with us on our

'ICS Support To Family Care Network'  
Facebook page and our agency's 'Interior  
Community Services' Facebook page.

"Being able to feel safe with other people is probably the single most important aspect of mental health;  
safe connections are fundamental to meaningful and satisfying lives." Bessel van der Kolk