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STFC – SUPPORTING FOSTER FAMILIES

WEEKLY *Communiqué*

PINK SHIRT DAY

Wednesday, February 22

In 2008, British Columbia proclaimed February 27 to be the provincial anti-bullying day, and the movement has continued to grow. Now the last Wednesday each February is Canada's national Pink Shirt/anti-bullying day. Find out more at: <https://www.pinkshirtday.ca>

LET'S CONNECT...

IN PERSON

KAMLOOPS

Foster Parent Drop-In

Wed: 9:00am – 11:00am (PST)

The Loft - 290 Maple Street
(2nd Floor of the grey building)

EAST KOOTENAY

Foster Parent Drop-In

Wed, March 1: 10:00am (MST)

at 1824 Hunter Rd. Cranbrook

EK Drop-ins are the 1st and 3rd Wednesdays
of the month.

VIRTUAL

WEST KOOTENAY

Foster Parent Drop-In

Fridays 11:00am - 12noon (PST)

Zoom ID :250 608 7674

UPCOMING TRAINING

WHITE HATTER

Online Porn, Radicalization, Shaming & Disinformation

Wednesday, February 22

7:00pm - 8:45pm (PST)

Can't attend? No worries!

Register & you will receive a link to the replay video to view Feb 27 – March 5
“We love social media and how youth are using it in so many positive ways. However, we would be negligent if we did not acknowledge the fact that there is also concerning content that both families and youth need to know about from an emotional, psychological, physical, social, and cognitive standpoint. In this program, we will talk about four categories of major concerns that both parents and youth should be alive to, and how families can talk about these concerns in an enlightening and nonfrightening way. Knowledge and the understanding and application of that knowledge is power for both parents and youth, to help all make the online experience safer!”

Please register in advance via the link below by noon Tues, Feb 22:

https://us06web.zoom.us/join/register/tZYucuyhgzopEtzcSAnvLM80s03Cc30x_iMi

KERI ISHAM (Power Up Education)

Sexual Health Education For

Children/Youth with Support Needs K - 7

Thursday, April 6, 2023

9:30am - 11:30 am (PST)

- 1.What is sexuality?
- 2.Why teach sexual health education early?
- 3.Why teach sexual health education to children with special needs?
- 4.Why children with special needs are at greater risk of sexual abuse.
- 5.Other risk factors.
- 6.What children need to know and when.

For more information on either of the above trainings,
please contact Marna Forsyth Cell: (250) 609-2017 or
email: mforsyth@interiorcommunityservices.bc.ca

A New Documentary MMIWG Crisis: MURDER IN BIG HORN

"Indigenous women and girls have been disappearing and showing up murdered across the American west for generations. Now, a new series on Showtime called Murder in Big Horn pulls back the curtain on the tragedy, examining a slew of murders and disappearances in Montana.

While the U.S. may be behind Canada in awareness of the violence against Indigenous women and girls, they have been more proactive in actually doing something with task forces set up around the country under the banner of Lady Justice." (Brad Marsh, Toronto Sun)

"Directors Razelle Benally and Matthew Galkin craft a powerful portrait of tribal members and their communities within Big Horn County, Montana battling an epidemic of Missing and Murdered Indigenous Women (MMIW) that has been prevalent since colonization.

The three-part docuseries examines the circumstances surrounding many of these cases, told solely through the perspectives of those involved: Native families, Native journalists, and local law enforcement officers. All three episodes are now streaming."

"When three bodies are discovered in Big Horn County, Montana, an area known as "the most dangerous place in the country" for Native American women, local authorities first ignore each death before ruling them accidental – leaving the victims' loved ones to deal both with their loss and the indifference of local law enforcement. As sorrow turns to outrage, however, a vibrant and fearless movement is formed to search for the truth and bring attention to the epidemic of missing or murdered cases among Native peoples in the US." **To learn more, visit Showtime:** <https://www.sho.com/murder-in-big-horn>

THE WHITE HATTER RESOURCES

YouTube Channel Their "News" video has a **New Episode Every Tuesday** on YouTube with over 170 different episodes – be sure to check it out! You can even subscribe to their channel. They also have "Expert Interviews" and "Unanswered Questions" videos.

White Hatter Blog – there are too many articles like "How 'Some' Teens Are Using Technology to Buy and Sell Drugs Online"

Check out their **ebook** "Parenting In An Online World"

For more Info: <https://thewhitehatter.ca/resources/>

THE ADOPTION CENTRE OF BC, MCFD OKANAGAN REGION AND SNAPP PRESENT A FREE ONLINE WORKSHOP:

HURT CHILDREN, HURTING PARENTS

**Wednesday March 8
9:30am-12:30 noon PST**

Special Guest Speaker: Andrea Chatwin
(MA, CCC): Founder and Clinical Director of A Child's Song <https://achildssong.ca/>

Parenting a child who has experienced early trauma can be confusing, and often, very challenging. Parents may find themselves feeling manipulated, rejected, or victimized by their child's behavior and question their ability to respond effectively. When parents are triggered by their child's behavior, they often find themselves responding in ways that are uncharacteristic – leaving everyone confused and emotionally charged. Parents will learn new responses that create safety for themselves and their children. They will also build their understanding of effective therapeutic interventions. Parents will take away hope that healing is possible – no matter the circumstances. This workshop is for: Adoptive / Permanency / Foster Parents, Waiting Adoptive / Permanency Parents and Professionals who work with these families.

For more information and to register:
<https://forms.gle/CyfmEz7UT1CdeER9>

BROUGHT TO YOU BY:

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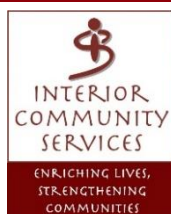
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WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.

"Being able to feel safe with other people is probably the single most important aspect of mental health; safe connections are fundamental to meaningful and satisfying lives." Bessel van der Kolk