



National
Indigenous
History Month

#NIHM2023



ZOOM MEETINGS
& TRAININGS.....1

FREE WEBINAR
RETHINKING
BEHAVIOUR
INTERVENTIONS...2

PLACE
MATTERS.....2

WEEKLY *Communiqué*

STFC – SUPPORTING FOSTER FAMILIES



National
Indigenous
Peoples Day

#NIPD2023



CELEBRATE INDIGENOUS PEOPLES DAY

with Métis Nation Columbia River

Spend “the day at the Golden Museum then at Summer Kicks in the evening with Travis, Ella & Finni Jobim, Buddy Wackett & The Floorwalkers, Will Wardwell and The Usual Suspects. National Indigenous Peoples Day is a day for all Canadians to recognize and celebrate the unique heritage and diverse cultures of First Nations, Inuit and Métis peoples. Summer Kicks is collaborating with Métis Nation Columbia River Society to help the community celebrate Indigenous Peoples Day. MNCRS is presenting a full day of engaging activities and demonstrations for the community’s participation and enjoyment.”

ALL ARE WELCOME! For more info, visit:

<https://kickinghorseculture.ca/events/celebrate-indigenous-peoples-day/>

with SIYATEN FESTIVAL

JUNE 24, 2023

“Join us for a one-day festival style event highlighting Indigenous Talent. There will be live on-stage performances, bingo, giveaways and raffles, kids activities, stick game, and more!”

For more info, visit:

https://www.facebook.com/events/1403079907120589/?acontext=%7B%22event_action_hi_story%22%3A%7D

with SQUAMISH LIL’WAT CULTURAL CENTRE

“**FREE ADMISSION** gratefully provided by Proud Partner CIBC, on **June 21, July 1 and 2**. Celebrate the spirit of Skwxwú7mesh and Líl’wat7úl at the Squamish Lil’wat Cultural Centre (SLCC) to honour National Indigenous Peoples Day on Wednesday, June 21, 2023. Experience lively performances by the Spiritual Warriors and the Spo7ez Performance Team, Curator talks in the UNCEDED Exhibition, live carving, Artists Market on the Mezzanine, and kid’s craft activities throughout the day. Explore authentic First Nations artwork and keepsakes in the Gallery and Gift Shop, and enjoy Indigenous-inspired cuisine at the Thunderbird Café.

Throughout Canada, the day brings a time to recognize and celebrate the unique and diverse cultures and outstanding contributions of First Nations, Inuit, and Métis peoples, and the Squamish Lil’wat Cultural Centre is proud to be the heart of authentic connections to the original peoples of the shared territory of the Skwxwú7mesh and Líl’wat7úl in Whistler.

For more info, visit: <https://slcc.ca/nipd/>

IN PERSON KAMLOOPS

Foster Parent Drop-In

Wednesday

9:00am – 11:00am (PST)

The Loft - 290 Maple Street
(2nd Floor of the grey building)

EAST KOOTENAY

Foster Parent Drop-In

June 21

10:00am (MST)

at 1824 Hunter Rd.

Cranbrook

Drop-ins: 1st & 3rd Weds of the month

We will be breaking
for summer. This will
be the last meeting
until September.

VIRTUAL WEST KOOTENAY

Foster Parent Drop-In

Fridays

11:00am - 12noon (PST)

Zoom ID: 250 608 7674

FREE LIVE WEBINAR: WITH DR. CHUCK GEDDES

Children & Trauma: Rethinking Behaviour Interventions

Complex Trauma Resources FRIDAY, JUNE 23

"Tokens, rewards, punishments, consequences, and incentives are common behaviour interventions.

They have been seen as 'go-to' approaches for parenting and educating in classrooms, which makes sense as "behaviourism" was the reigning parental paradigm for years.

Though, behaviour interventions are practised with good intentions, they often backfire for children who have trauma.

If you feel at a loss about what is effective to support your child's challenging behaviours, please join Dr. Chuck Geddes in his next free webinar on June 23rd at 1:00pm PST.

"In this webinar you'll learn:

- ✦ Why behaviour interventions (e.g., tokens, consequences, rewards, etc.) are ineffective for kids with trauma backgrounds
- ✦ Important practices to successfully implement behaviour-focused strategies
- ✦ What types of situations are helpful to apply behaviour-focused strategies
- ✦ What other types of strategies and ideas are effective in helping kids with trauma backgrounds"

To register, visit: https://complextrauma-ca.zoom.us/webinar/register/WN_QKz-hapGToa0s2xh20glug#/registration

PLACE MATTERS:

The Environment We Create Shapes the Foundations of Healthy Development

Working Paper 16 by the Center on the Developing Child at Harvard University

'A wide range of conditions in the places where children live, grow, play, and learn can get "under the skin" and affect their developing brains and other biological systems. Rapidly advancing science around early childhood development provides increasingly clear evidence that, beginning before birth, these environmental conditions shape how children develop, which shapes their lifelong physical and mental health, in turn.

Building upon the science presented in Working Paper 15: Early Childhood Development and Lifelong Health Are Deeply Intertwined, this Working Paper examines how the built and natural environments—and the systemic factors that shape those environments—interact with each other and with a child's social environment in deeply interconnected ways. It explains in clear language how these environmental influences shape development and lifelong health, while also highlighting the role that current and historic public policies have played, along with systemic racism, in creating a landscape where levels of exposure to risk and access to opportunity are not distributed equally.

The paper encourages us to think beyond the traditional early childhood sector in policy and practice. It explores how the latest science, combined with the lived expertise of communities and fresh thinking across an array of policy domains, offers promising opportunities for re-shaping environmental influences so that all children can grow up in homes and neighborhoods free of hazards and rich with opportunity. Sections include:

- ✦ The physical environments where children live affect their development and health
- ✦ The conditions of a place can have positive or negative influences on child health and development
- ✦ Environmental exposures early in life can cause lasting changes in developing biological systems
- ✦ Racism influences multiple dimensions of the natural and built environments that affect the foundations of child development and lifelong well-being
- ✦ The timing of environmental experiences and exposures can influence both short- and long-term effects
- ✦ Individuals respond differently to the physical environment, but there are clear patterns of risk that can inform universal action"

For more info and to check out their infographic, visit:

<https://developingchild.harvard.edu/place-matters-the-environment-we-create-shapes-the-foundations-of-healthy-development/>

BROUGHT TO YOU BY:

SUPPORT TO FAMILY CARE NETWORK PROGRAM

Program Coordinator: Kari Beppele

kbeppele@interiorcommunityservices.bc.ca

Cell: (250) 819-1919

Office: (236) 421-0031

Toll Free: 1-877-376-3660

Network Facilitators:

Renata Bonthoux (250) 319-6557

rbonthoux@interiorcommunityservices.bc.ca

Krista Sherwood (250) 819-5819

ksherwood@interiorcommunityservices.bc.ca

Marna Forsyth (250) 609-2017

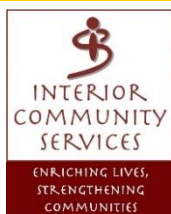
mforsyth@interiorcommunityservices.bc.ca

Gerri Burleigh (250) 426-6013

gburleigh@interiorcommunityservices.bc.ca

Jayne Wesko (250) 608-7674

jwesko@arcprograms.com



WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.

"Being able to feel safe with other people is probably the single most important aspect of mental health; safe connections are fundamental to meaningful and satisfying lives." Bessel van der Kolk