



**ZOOM MEETINGS
& TRAININGS.....1**



**CENTER ON THE
DEVELOPING CHILD
VIDEOS.....2**



**MARK YOUR
CALENDAR: FALL
DATES.....2**

○ VOLUME 4: ISSUE #27 | JULY 3 | 2023○

Happy Canada Day

July 1 is Canada Day. Be sure to include a time for reflection as well as celebration. Learn more about reconciliation, take action, and strengthen your relationships with Indigenous people.

STFC – SUPPORTING FOSTER FAMILIES

CARIBOO MEET AND GREET

A time to meet with Tabitha Fournier (Network Facilitator) and Marna Forsyth. We would love for you to join us, update us, and connect with other foster parents in your area.

**Wednesday, July 19
8:00pm – 9:00pm (PST)
Zoom ID: 819 1465 3995**

DR. LINDA O'NEILL TRAUMA FOCUSED WORKSHOP IN KAMLOOPS

Watch for more details coming soon!

IN PERSON

KAMLOOPS
Foster Parent Drop-In
Wednesday
9:00am – 11:00am (PST)
The Loft - 290 Maple Street
(2nd Floor of the grey building)

EAST KOOTENAY
Drop-ins are breaking for summer.

VIRTUAL
WEST KOOTENAY
Foster Parent Drop-In
Fridays 11:00am - 12noon (PST)
Zoom ID: 250 608 7674

WEEKLY Communiqué

Summer Issues

You'll notice a change this summer. Since:

- ★ foster parents and caregivers are busy during July & August, and
 - ★ we reduce the training and educational portion of our program,
- we have decided to go to a bimonthly newsletter. Thus, our newsletters will come out: **July 17 & 31 and August 14 & 28**

THE DISRUPTORS DOCUMENTARY SCREENING

Forget everything you thought you knew about ADHD!

Wednesday, July 12
6:30pm – 8:15pm (PST)

Zoom Meeting ID: 841 7435 2491

To watch the trailer, visit: <https://disruptorsfilm.com/>

See poster for more details. For more info, please contact Marna Forsyth at cc 250 609-2017 (cell) or email: mforsyth@interiorcommunityservices.bc.ca

YLIToolkit.org

A resource hub for youth with disabilities & employers

- ✓ Building self-confidence
- ✓ Coping with work stress
- ✓ Disclosing your disability
- ✓ Asking for accommodation
- ✓ And MORE!



"Did you know that post-secondary students with disabilities experience greater difficulties with gaining employment in comparison to their peers and typically have higher unemployment and underemployment rates? After three years of dedication, the Youth Leadership Initiative (YLI) Team proudly presents the YLI Toolkit, a free online multimedia resource hub for youth with disabilities and employers looking to make their workplaces more inclusive and accessible. The Toolkit will offer a one-stop resource database that provides tangible solutions to many of the attitudinal barriers faced by post-secondary youth with disabilities during their employment search."

Learn more at
www.disabilityfoundation.org/yli/toolkit



Royal Roads
UNIVERSITY



DISABILITY
FOUNDATION

For more info, visit:

<https://disabilityfoundation.org/yli/toolkit/>

CENTER ON THE DEVELOPING CHILD EDUCATIONAL YOUTUBE VIDEOS

Be sure to check out the Center's amazing short videos on Youtube:

- ➡ **Stress and Resilience: How Toxic Stress Affects Us, and What We Can Do About It**
- ➡ **How Children and Adults Can Build Core Capabilities for Life InBrief: Early Childhood Mental Health**
- ➡ **Resilience Series including: What is Resilience?; How is Resilience Built? And the Science of Resilience**
- ➡ **Building Adult Capabilities to Improve Child Outcomes: A Theory of Change**

Visit their YouTube channel at:

<https://www.youtube.com/c/HarvardCenter>

Be sure to check out their extensive resource library too! They have all sorts of resources in different formats: **briefs, multimedia, reports & working papers, presentations, tools & guides.**

For more info, visit the Center on the Developing Child at:

<https://developingchild.harvard.edu/resources/>

MARK YOUR CALENDARS! FALL EVENT DATES

KERRI ISHAM (POWER UP EDUCATION)

Sexual Health Education for Teens with Special Needs in Grade 8-12

Monday, September 18 9:30am – 11:30am (PST)

Kerri will cover the following:

What is sexuality?	Messaging directed towards youth with special needs	What teens need to know and when
The Circles of Sexuality	Why teach sexual health education to teens with special needs?	Modifying sexuality topics
Risk factors	Teaching to chronological age as opposed to cognitive age.	Delivery methods and Resources, books, Apps, etc.

Not able to make it? (or not able to get all the info down?) No worries! We have arranged a replay week. Register for the event and then you will receive a link to the recorded replay video.

Replay access available: Sept 26 9:00am – Oct 3 9:00am (PST)

THE WHITE HATTER

Internet Safety: Monitoring, Filters and Tools

Wednesday, October 4 7:00pm – 8:30pm (PST)

There are lots of products on the market that offer parental monitoring and filtering, but we here at The White Hatter have narrowed our picks and want to share with you. We believe that when it comes to online safety, it is all about parental participation, communication, and supervision, the human factor of parenting is key. However, there are times when hardware and software monitoring and filtering options may be reasonable. Learn about the products and resources that we recommend for families. This program addresses:

- ➡ Tools Available including: Mobile device apps, Private family communications and Hardware network controls
- ➡ Guides including: Decoy and vault app detection, Family agreements, Due diligence

Not able to make it? (or not able to get all the info down?) No worries! We have arranged a replay week. Register for the event and then you will receive a link to the recorded replay video.

Replay access will be available. Dates T.B.A.

Watch for upcoming posters with more details. For more info, please contact Marna Forsyth at: 250 609-2017 (phone / text) or email: mforsyth@interiorcommunityservices.bc.ca

BROUGHT TO YOU BY:

SUPPORT TO FAMILY CARE NETWORK PROGRAM

Program Coordinator: Kari Beppe

kbeppe@interiorcommunityservices.bc.ca

Cell: (250) 819-1919

Office: (236) 421-0031 Toll Free: 1-877-376-3660

Network Facilitators:

Renata Bonthoux (250) 319-6557

rbonthoux@interiorcommunityservices.bc.ca

Krista Sherwood (250) 819-5819

ksherwood@interiorcommunityservices.bc.ca

Marna Forsyth (250) 609-2017

mforsyth@interiorcommunityservices.bc.ca

Gerri Burleigh (250) 426-6013

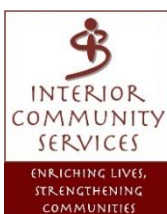
gburleigh@interiorcommunityservices.bc.ca

Jayne Wesko (250) 608-7674

jwesko@arcprograms.com

Tabitha Fournier (250) 320-4603

tfournier@interiorcommunityservices.bc.ca



WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program?

Find all this and much more at our website:

www.icsfp.info



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.