



ZOOM MEETINGS & TRAININGS.....1

○ VOLUME 4: ISSUE #35 | SEPTEMBER 25 | 2023○

National Day for Truth and Reconciliation Sept 30



CanFASD

September is

FASD awareness month

#RedShoeRock #FASDMonth2023



FOUNDATIONS IN FASD.....2



A KNOCK ON THE DOOR:2

STFC – SUPPORTING FOSTER FAMILIES

IN PERSON

KAMLOOPS

Foster Parent Drop-In
Wednesday
9:00am – 11:00am (PST)
The Loft - 290 Maple Street
(2nd Floor of the grey building)

VIRTUAL

EAST KOOTENAY

Caregiver Drop-In
Wednesdays
10:30am – 11:30am (MST)
Zoom ID: 817 1942 8373

WEST KOOTENAY

Foster Parent Drop-In
Fridays
11:00am - 12noon (PST)
Zoom ID: 250 608 7674

WEEKLY Communiqué

THE WHITE HATTER

Internet Safety: Monitoring, Filters and Tools

Wednesday, October 4 7:00pm – 8:30pm (PST)

To register, please visit: [WHITEHATTER ICS](#)

CIRCLE OF SECURITY PARENTING™

FOR FOSTER PARENTS

Thursdays starting Sept 28 7:00pm – 8:00pm (PST)

To register, please visit: [COSPforFP](#)

“SAFE BABIES TRAINING”

TUESDAY AND THURSDAY MORNINGS

9:30am – 11:30am (PST)

Beginning Tuesday, October 24 through to November 23 (inclusive)

The Safe Babies Foster Parent training is an educational program for those interested in becoming caregivers of children under the age of 3 who have been exposed prenatally to drugs and/or alcohol. Foster Parents, Caregivers, MCFD/Delegated Aboriginal Agency staff and community partners who work with Safe Babies homes are welcome. This training will be facilitated by the Support To Family Care Network Team and guest presenters for each module. **You must attend all 9 sessions to receive your Safe Babies certificate.** CPR-C (Infant CPR) is required to be Safe Babies certified.

To register, please visit: [SAFEBABIESFALL2023](#) For more info, please contact Marna Forsyth: cell: 250 609-2017 or email: mforsyth@interiorcommunityservices.bc.ca

Sexual Health Education for Teens with Support Needs in Grades 8-12

Did you miss it? OR Were you wanting to re-watch it? No worries! REPLAY ACCESS is available SEPT 26 9:00am - OCT 3 9:00am (PST)

To get the replay link, please contact Marna Forsyth at mforsyth@interiorcommunityservices.bc.ca

AUTISM PARENTING SUMMIT OCTOBER 13 - 16

BRUGHT TO YOU BY AUTISM PARENTING MAGAZINE “Learn how to help your child THRIVE! From the comfort of your home, navigate the challenges of the autism spectrum and learn how you can give a child the best start in life from our panel of experts. The summit bridges the ever-growing gap between autism experts and special needs families. you can learn effective strategies to support your child on topics that matter most: behavior solutions; speech & communication; social skills; sensory solutions; transitioning to adulthood; picky eating; executive function & motor skills; education; dealing with transitions; mental health & anxiety; self-care for parents And much more.”

This FREE online event, from October 13 - 16, 2023, offers expert speaker sessions on the topics that matter most to you.

To receive your FREE pass or to find out more, visit: <https://autismparentingsummit.com/>

FREE eLEARNING COURSE from CANFASD: FOUNDATIONS IN FASD

"Foundations in FASD is a basic training course intended for everyone that will come into contact with individuals with FASD including all sectors of work, families, individuals with FASD, spouses, and the general public. This foundational level training program provides the perspective of individuals who have FASD, is evidence-based, employs a culturally sensitive approach, and is presented in a way that is responsive to the learners needs. This online basic training course will take on average two hours to complete. Level 1 training will provide knowledge and understanding of:

- ↳ an overview of FASD assessment and diagnosis in Canada
- ↳ an introduction to FASD interventions and promising approaches
- ↳ the effects of prenatal alcohol exposure on the fetus
- ↳ the impact of alcohol on brain development
- ↳ issues related to stigma and FASD
- ↳ strategies for prevention and support
- ↳ barriers to prevention and support
- ↳ the signs and symptoms of FASD across the lifespan"

A certificate will be provided to each participant upon completion. This course can be **done from the comfort of your home and done at your own pace.**

To register or for more info, visit:

<https://estore.canfasd.ca/foundations-in-fasd>

BROUGHT TO YOU BY:

SUPPORT TO FAMILY CARE NETWORK PROGRAM

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MONTHLY BOOK CORNER

At the end of each month, we will be highlighting a book to help caregivers support their neurodiverse kiddos. Have a book you wish to highlight that has helped you? We would love to hear from you!. Email Marna Forsyth or your network facilitator.

A KNOCK ON THE DOOR: The Essential History of Residential Schools from the Truth and Reconciliation Commission of Canada (2015)

Audiobook narrated by Michelle St. John also available.

"It can start with a knock on the door one morning. It is the local Indian agent, or the parish priest, or, perhaps, a Mounted Police officer... The officials have arrived and the children must go.' So began the school experience of many Indigenous children in Canada for more than a hundred years, and so begins the history of residential schools prepared by the Truth and Reconciliation Commission of Canada (TRC).

"A Knock on the Door is a book that I hope every Canadian will read, and read deeply. The transformation of this country begins with acknowledging what happened after that knock on the door. Acknowledging, understanding the implications, and then resolving to do something for positive change. It's right that the TRC Calls to Action are included, for we are all called to action." *Shelagh Rogers, O.C., TRC Honorary Witness*

Between 2008 and 2015, the TRC provided opportunities for individuals, families, and communities to share their experiences of residential schools and released several reports based on 7,000 Survivor statements and 5 million documents from government, churches, and schools, as well as a solid grounding in secondary sources. A Knock on the Door, published in collaboration with the National Centre for Truth and Reconciliation (NCTR), gathers material from the TRC reports to present the essential history and legacy of residential schools and inform the journey to reconciliation that Canadians are now embarked upon.."

Available through <https://uofmpress.ca/books/detail/a-knock-on-the-door> or available to borrow through Support to Family Care Network Program. Contact your Network Facilitator for more information.



WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

**Need resources or information?
Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info



Find us on Facebook!

Connect with us on our 'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.