




ZOOM MEETINGS
& TRAININGS.....1



PARENTING AND
CHILDREN'S MENTAL
HEALTH SUMMIT
.....2



ADHD WORKSHOP:
DON'T CALM
DOWN.....2

**THANK YOU TO ALL OUR FOSTER
PARENTS AND FOSTER FAMILIES!**

WEEKLY *Communiqué*

STFC – SUPPORTING FOSTER FAMILIES

Thanksgiving is about gratitude and we, the STFC team, want to acknowledge the Indigenous generosity, knowledge and guidance which was vital to the European colonizers. We would like to acknowledge that we live work and play on the traditional and unceded territory of many Indigenous people here is BC. We honor and give thanks to those many First Nations who were the original keepers of this land and for hosting us every day. It is our wish that we become better guests in the future than we have been in the past. We encourage you to take time to learn about the Indigenous groups on whose land we live on and listen to Indigenous voices who share their varied perspectives and experiences.

Kari, Renata, Krista, Jane, Tabitha and Marna

SAFE BABIES TRAINING

TUESDAY AND THURSDAYS 9:30am – 11:30am (PST)

Beginning Tuesday, Oct 24 through to Nov 23 (inclusive)

The Safe Babies Foster Parent training is an educational program for those interested in becoming caregivers of children under the age of 3 who have been exposed prenatally to drugs and/or alcohol. Foster Parents, Caregivers, MCFD/Delegated Aboriginal Agency staff and community partners who work with Safe Babies homes are welcome. This training will be facilitated by the Support To Family Care Network Team and guest presenters for each module. **You must attend all 9 sessions to receive your Safe Babies certificate.** CPR-C (Infant CPR) is also required to be Safe Babies certified.

To register, please visit: [SAFEBABIESFALL2023](https://www.safebabiesfall2023.com)

For more info, please contact Marna Forsyth: cell: 250 609-2017
or email: mforsyth@interiorcommunityservices.bc.ca

IN PERSON

KAMLOOPS

Foster Parent Drop-In

Wednesday

9:00am – 11:00am (PST)

The Loft - 290 Maple Street
(2nd Floor of the grey building)

VIRTUAL

WEST KOOTENAY

Foster Parent Drop-In

Fridays

11:00am - 12noon (PST)

Zoom ID: 250 608 7674

THE WHITE HATTER

Internet Safety: Monitoring, Filters and Tools

Wednesday, October 4

7:00pm – 8:30pm (PST)

To register, please visit: [WHITEHATTER ICS](https://www.whitehatterics.com)

CHILDREN'S MENTAL HEALTH ADVOCACY

CONFERENCE (VIRTUAL): Highlighting Legislation Aimed at Ending Punitive, Exclusionary, Harmful, Traumatizing Practices

Friday, October 27 · 4:45am - 12:15pm PST

The virtual Lives in the Balance Children's Mental Health Advocacy Conference focuses on current legislation in the U.S. and Canada, including the Ending PUSHout Act, the Counseling Not Criminalization Act, the Stop Institutional Child Abuse Act, the Keeping All Students Safe Act, the Protecting Our Students in Schools Act, the Safe Schools Improvement Act, Section 43 of the Criminal Code in Canada, and numerous state bills. Speakers will describe these bills, review the research documenting the harm done by punitive, exclusionary practices, describe evidence-based alternative methodologies, and discuss how to advocate for these bills. **This conference is the leading annual conference on legislation and advocacy related to the treatment of children...it is free to attend, but advance registration is required.**

For more information, or to register, please visit: [EVENTBRITECMHAC2023](https://www.eventbrite.com/hac2023)

2023 FREE PARENTING & CHILDREN'S MENTAL HEALTH SUMMIT

NOVEMBER 14-17, 2023

BROUGHT TO YOU BY:
THE INSTITUTE OF CHILD PSYCHOLOGY

"This conference is for you, if:

- ✦ You are interested in the science of parenting. You're curious about what attachment, emotional intelligence, psychology, and brain science can tell us about how to raise kids.
- ✦ You have kids that are more sensitive, strong-willed, bright, or spirited than others (and sometimes the advice in "traditional" parenting sources just doesn't work for you, or your child).
- ✦ You want to raise kids who are resilient and empowered in today's more complicated world. You'd like to raise strong, confident kids."

To register or find out more, visit:

<https://instituteofchildpsychology.com/conference-registration/>

COPAC (Central Okanagan Advisory PAC)

ADHD Workshop: DON'T CALM DOWN

TUESDAY, OCT 17
7:00pm(PST)

"Emotional outbursts have a greater impact on relationships, communication, and group participation than most other ADHD challenges. They also lead to the deepest misguided judgements about the individual's "bad character".

This webinar will help you understand what is truly going on, and how to respond in a helpful, respectful, and productive manner."

Presented by Dan Duncan, ADHD Coach/Consultant

www.adhdinsideout.com

To register, visit:

<https://us02web.zoom.us/join/register/tZloc-ysqTKiGdPtDqCqj1OljQk96afD0xWH#/registration>

BCFPA Annual General Meeting

Sept, 2023



Kari – Rockin' it out for the Kids!
(Raising funds for cics to go to camp)



Jane, Marna, Tabitha, Kari
and Renata



Renata, Monica, and Kari
Monica is Acting TL Kinship
Resources for SCFS

BROUGHT TO YOU BY:

SUPPORT TO FAMILY CARE NETWORK PROGRAM

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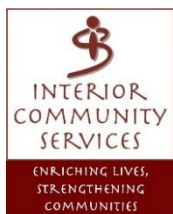
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WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING

AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.