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**THANK YOU TO ALL OUR FOSTER  
PARENTS AND FOSTER FAMILIES!**

# WEEKLY *Communique*

STFC – SUPPORTING FOSTER FAMILIES

*By doing what you love, you  
inspire and awaken the hearts of  
others.*

*Ohio Children Services*

*Let's connect*

## IN PERSON

### KAMLOOPS

**Foster Parent Drop-In**  
**Wednesday**

**9:00am – 11:00am (PST)**

The Loft - 290 Maple Street  
(2nd Floor of the grey building)

## VIRTUAL

### WEST KOOTENAY

**Foster Parent Drop-In**  
**Fridays**

**11:00am - 12noon (PST)**

**Zoom ID: 250 608 7674**

**THE WHITE HATTER**  
**Internet Safety: Monitoring,**  
**Filters and Tools**

**Replay access available**  
**Tues, Oct 10 – Tues Oct 17**

To receive the replay link, please contact  
Marna Forsyth

at (250) 609-2017 or email:

[mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

## SAFE BABIES TRAINING

**TUESDAY AND THURSDAY MORNINGS**

**9:30am – 11:30am (PST)**

**Beginning Tuesday, October 24 through to November 23 (inclusive)**

The Safe Babies Foster Parent training is an educational program for those interested in becoming caregivers of children under the age of 3 who have been exposed prenatally to drugs and/or alcohol. Foster Parents, Caregivers, MCFD/Delegated Aboriginal Agency staff and community partners who work with Safe Babies homes are welcome. This training will be facilitated by the Support To Family Care Network Team and guest presenters for each module. **You must attend all 9 sessions to receive your Safe Babies certificate.** CPR-C (Infant CPR) is also required to be Safe Babies certified.

To register, please visit: [SafeBabiesFall2023](https://www.safebabies.ca/fall2023)

For more information, please contact Marna Forsyth: cell: 250 609-2017 or email:  
[mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

## FREE WEBINAR FROM BC ADOPTIVE FAMILIES ASSOC.

**Building capacity for families:**

## EFFECTIVE APPROACHES TO ADDRESSING AGGRESSIVE BEHAVIOURS

**Tuesday, Oct. 19, 2023,**  
**9:00 to 11:00 am**

"This webinar is designed to equip professionals and service providers with the tools and strategies needed to build resilience within families and establish a secure home environment. Key takeaways:

- ☞ Knowledge about aggression toward parents/caregivers in childhood and adolescence
- ☞ Improved ability to identify and address the needs of families facing AFCCA
- ☞ Understanding of the relationship between neurodevelopmental disabilities (FASD, ASD, ADHD, etc.), trauma, and AFCCA.
- ☞ Knowledge of evidence-based strategies and practice-informed approaches to help build capacity within families and safety within the home."

To register or find out more, visit

<https://www.bcadoption.com/civCRM/event/info?id=2251&reset=1>

## RISE GRANTS: Resilient, Inspire, Strength and Engage

**Getting active and creating life changing experiences for Children and Youth in and out of Care.** The RISE Grants will support ALL Children and Youth in and out of Care, who wish to participate in a sport, physical activity, recreation, and/or cultural program opportunity. If you can answer YES to the following, PLEASE APPLY:

- ✍ I currently live in British Columbia
- ✍ I am Under 27 years of age. (Born in 1996 or later as of December 31, 2022)
- ✍ I am/was formally enrolled in one of the B.C. Ministry of Children and Family Development or Delegated Aboriginal Agency Legal Status, or the Ministry of Social Development and Poverty Reduction Child in Home of Relative program
- ✍ I will use the funding to support my participation in sport, physical activity, recreation and/or cultural programs.

\*Legal Statuses include: Adoption, Continuing Custody Order with a Director, Extended Family Plan, Interim Custody Order with a Director, Interim Custody Order with person other than a parent, Permanent Transfer of Custody Order with person other than a parent Special Needs Agreement, Temporary Custody Order, Temporary Transfer of Custody Order, Under the Guardianship of a Director – Adoptions Act, Under the Guardianship of a Director – Infants Act, Voluntary Care Agreement, Youth Agreement

Grants of up to \$1,000 per individual per calendar year may be used to support one or more of the following:

- ✍ Program Fees - Participant/Registration fees for organized sport, physical activity, recreation, and cultural activities.
- ✍ Equipment Cost - The purchase of equipment to support a program activity including but not limited to: sport equipment required to participate, activity shoes, sport accessories, or other specialized clothing
- ✍ Travel Cost – Accommodations are not eligible.

Check out the website for more info on what is eligible and the application process. **To find out more, visit:** <https://isparc.ca/grants-recognition/raise-grants-individuals/>

## CANFASD ART COMPETITION

“Calling all Canadian artists with fetal alcohol spectrum disorder (FASD)! Since 2016, CanFASD has been hosting an art competition for individuals with FASD. The winner’s art is featured on our CanFASD holiday cards, social media accounts, and website. **The winner will receive a \$500 prize and 10 of the printed holiday cards.** The contest will open on September 29, 2023. Channel your imagination and get creative! The competition is open to Canadian residents with FASD. Your art can be a sculpture, a painting, a photo, a drawing, a digital creation or anything you can think of. The only limit is your imagination! Just remember your art will be submitted digitally. If you are creating a sculpture or painting, it would be best to submit a photograph or digital scan of your work. The submission deadline is 12:00 PM EST November 17, 2023.”

**To find out more, visit:** <https://canfasd.ca/art-competition/>

## FREE WEBINAR: INSTITUTE OF CHILD PSYCHOLOGY

### SUPPORTING KIDS IN SPORTS OCTOBER 20 10-11:00am (PST)

“In this 1 Hour webinar you will hear from Gillian Corke, Mother of 3 and Founder of Coach from the Heart. Gillian will introduce you to some surprising benefits to movement and sports that go way beyond the prizes often promoted by clubs. Learn about the foundational impact of early movement on executive functioning skills, consider how healthy sports environments offer the perfect environment for social and emotional growth, and explore the possibilities for clubs and coaches to build child-centred environments that are also competitive. She will also be answering any questions you may have!”

**To register or to find out more, visit:**

[https://icpwebinars.com/registration-45?mc\\_cid=ad47081885&mc\\_eid=6957f7f9c8](https://icpwebinars.com/registration-45?mc_cid=ad47081885&mc_eid=6957f7f9c8)

### BROUGHT TO YOU BY:

## SUPPORT TO FAMILY CARE NETWORK PROGRAM

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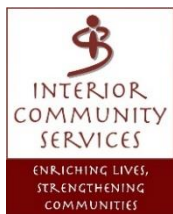
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### WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING  
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

### Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

[www.icsfp.info](http://www.icsfp.info)



**Find us on Facebook!**

Connect with us on our

‘ICS Support To Family Care Network’ Facebook page and our agency’s ‘Interior Community Services’ Facebook page.