



A bimonthly brief of current support and training

# THE Support Report

## <<< Let's Connect >>>

### **VIRTUAL**

#### **Caregiver Drop-Ins**

**ZOOM ID: 858 3771 6954**

(1st Monday of the Month)

**Monday, October 2**

**1:00pm – 2:00pm (PST)**

(3rd Wednesday of the Month)

**Wednesday, October 18**

**7:00pm – 8:00pm (PST)**

### **EAST KOOTENAY**

#### **Caregiver Drop-In**

**Wednesdays**

**10:30am – 11:30am (MST)**

**Zoom ID: 817 1942 8373**

### **THE WHITE HATTER**

#### **Internet Safety: Monitoring, Filters and Tools**

**Wednesday, October 4**

**7:00pm – 8:30pm (PST)**

Not able to make it? (or not able to get all the info down?) No worries! **Replay access will be available.** Register for the event and then you will receive a link to the recorded replay video.

See attached poster for more details, or contact Marna Forsyth at: 250-609-2017 (cell) or email: [mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

Did you miss it?

### **Sexual Health Education for Teens with Support Needs in Grades 8-12**

Were you wanting to re-watch it? No worries!

**REPLAY ACCESS is available** **SEPT 26 9:00am - OCT 3 9:00am (PST)**

To receive the replay link, please contact Marna Forsyth at

[mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

## **AUTISM PARENTING SUMMIT**

**OCTOBER 13 - 16**

**BROUGHT TO YOU BY AUTISM PARENTING MAGAZINE**

"LEARN HOW TO HELP YOUR CHILD THRIVE! From the comfort of your home, navigate the challenges of the autism spectrum and learn how you can give a child the best start in life from our panel of experts. The summit bridges the ever-growing gap between autism experts and special needs families. you can learn effective strategies to support your child on topics that matter most: behavior solutions; speech & communication; social skills; sensory solutions; transitioning to adulthood; picky eating; executive function & motor skills; education; dealing with transitions; mental health & anxiety; self-care for parents AND MUCH MORE."

"Parenting a child with autism can be one of the most challenging yet rewarding jobs. as a parent, you are not just a caregiver but also a teacher, advocate, therapist, and so much more. every day brings new concerns about communication, social skills, behavior, and daily activities - enough to make your head spin. Don't miss this chance to help your child thrive. Become the expert they need!"

This **FREE** online event, from October 13 - 16, 2023, offers expert speaker sessions on the topics that matter most to you.

To register or find out more, visit: <https://autismparentingsummit.com/>

## FREE eLEARNING COURSE from CANFASD: FOUNDATIONS IN FASD

"Foundations in FASD is a basic training course intended for everyone that will come into contact with individuals with FASD including all sectors of work, families, individuals with FASD, spouses, and the general public. This foundational level training program provides the perspective of individuals who have FASD, is evidence-based, employs a culturally sensitive approach, and is presented in a way that is responsive to the learners needs. This online basic training course will take on average two hours to complete. Level 1 training will provide knowledge and understanding of:

- ↳ an overview of FASD assessment and diagnosis in Canada
- ↳ an introduction to FASD interventions and promising approaches
- ↳ the effects of prenatal alcohol exposure on the fetus
- ↳ the impact of alcohol on brain development
- ↳ issues related to stigma and FASD
- ↳ strategies for prevention and support
- ↳ barriers to prevention and support
- ↳ the signs and symptoms of FASD across the lifespan"

A certificate will be provided to each participant upon completion. This course can be **done from the comfort of your home and done at your own pace.**

To register or for more info, visit:

<https://estore.canfasd.ca-foundations-in-fasd>

## MONTHLY BOOK CORNER

At the end of each month, we will be highlighting a book to help caregivers support their neurodiverse kiddos. Have a book you wish to highlight that has helped you? We would love to hear from you! Email Marna Forsyth or your network facilitator.

### A KNOCK ON THE DOOR: The Essential History of Residential Schools from the Truth and Reconciliation Commission of Canada (2015)

Audiobook narrated by Michelle St. John also available.

"It can start with a knock on the door one morning. It is the local Indian agent, or the parish priest, or, perhaps, a Mounted Police officer... The officials have arrived and the children must go.' So began the school experience of many Indigenous children in Canada for more than a hundred years, and so begins the history of residential schools prepared by the Truth and Reconciliation Commission of Canada (TRC).

"A Knock on the Door is a book that I hope every Canadian will read, and read deeply. The transformation of this country begins with acknowledging what happened after that knock on the door. Acknowledging, understanding the implications, and then resolving to do something for positive change. It's right that the TRC Calls to Action are included, for we are all called to action." **Shelagh Rogers, Q.C., TRC Honorary Witness**

Between 2008 and 2015, the TRC provided opportunities for individuals, families, and communities to share their experiences of residential schools and released several reports based on 7,000 Survivor statements and 5 million documents from government, churches, and schools, as well as a solid grounding in secondary sources. A Knock on the Door, published in collaboration with the National Centre for Truth and Reconciliation (NCTR), gathers material from the TRC reports to present the essential history and legacy of residential schools and inform the journey to reconciliation that Canadians are now embarked upon.."

Available through <https://uofmpress.ca/books/detail/a-knock-on-the-door> or available to borrow through Support to Family Care Network Program. Contact your Network Facilitator for more information.

**Connect with the team >>>**

## SUPPORT TO FAMILY CARE NETWORK PROGRAM

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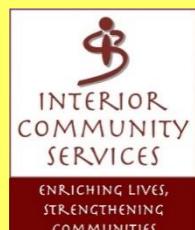
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**Need resources or information?  
Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website: [www.icsfp.info/outofcareproviders](http://www.icsfp.info/outofcareproviders)



**Find us on Facebook!**

Connect with us on our 'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.