

 ZOOM MEETINGS
& TRAININGS.....1

 FREE ONLINE
AU-SOME
CONFERENCE
.....2

 HOW TO TALK SO
KIDS/YOUTH OPEN UP
AND LEARN TO
REFLECT2

**THANK YOU TO ALL OUR FOSTER
PARENTS AND FOSTER FAMILIES!**

WEEKLY *Communique*

STFC – SUPPORTING FOSTER FAMILIES

Thank you foster families!

*You comfort the distressed,
You have sleepless nights –
too many to count,
You accept all who come into
your home -And you love
unconditionally.
Your patience, compassion,
and warmth help to heal hearts
You help plant happiness,
peace and stability
In those who are welcomed
into your home and hearts
AND
You are special beyond
what words can describe!*

IN PERSON

KAMLOOPS

Foster Parent Drop-In

Wednesday

9:00am – 11:00am (PST)

The Loft - 290 Maple Street
(2nd Floor of the grey building)

VIRTUAL

WEST KOOTENAY

Foster Parent Drop-In

Fridays

11:00am - 12noon (PST)

Zoom ID: 250 608 7674

SAFE BABIES TRAINING

TUESDAY AND THURSDAY MORNINGS

9:30am – 11:30am (PST)

Tuesday, October 24 through to November 23 (inclusive)

To register, please visit: [SafeBabiesFall2023](https://www.safebabiesfall2023.com)

For more info, please contact Marna Forsyth: cell: 250 609-2017

or email: mforsyth@interiorcommunityservices.bc.ca

THE DISRUPTORS: A DOCUMENTARY

FORGET EVERYTHING YOU
THOUGHT YOU KNEW ABOUT
ADHD

Monday, Nov 20
9:30am - 11:15am(PST)

OR

Tuesday, Nov 21
6:30pm - 8:15pm (PST)

Zoom Meeting ID:
824 1919 0542

- ✎ 9.4% of American children are diagnosed with ADHD
- ✎ 1 out of 4 children diagnosed with ADHD do not receive any treatment
- ✎ Adult ADHD diagnosis rates are rising 4 times faster than ADHD diagnosis in children

To watch the trailer, visit:

<https://disruptorsfilm.com/>

U.N.I.Q.U.E PARENTING

Beatrice Moise is “a Board Certified Cognitive Specialist, Author, National Speaker, Neurodiversity Coach & Consultant; a trained Cognitive Specialist and Mental Health professional specializing in Behavior.

- ✎ Understanding each situation is distinctive.
- ✎ Not judging any particular style of parenting, but looking at it differently.
- ✎ Individualized teaching techniques to match strengths and abilities.
- ✎ Quirky personalities that don't fit into a box.
- ✎ Useful suggestions and ideas applied to daily parenting life.
- ✎ Educating parents with extraordinary kids.

Check out her Youtube videos at:

<https://www.youtube.com/@Bea-Unique-Parenting/videos>

Beatrice has also written a book “Our Neurodivergent Journey: A Child Like Mine” which is available on Amazon.ca

FREE ONLINE AU-SOME CONFERENCE

October 27 & 28, 2023

A day of sharing, inclusivity, and acceptance of the autistic community in Canada.

"Autism Canada is proud to present this year's annual Au-Some Conference on October 27 & 28, 2023, during Autism Acceptance Month. The Au-Some Conference is the only Canadian conference in which all of the presentations are created and delivered by individuals on the Autism Spectrum, sharing their lived experiences and enriching the lives of everyone in attendance. It is a day for people to learn about the diversity of the Autism Spectrum and where, together, we will create an inclusive environment for sharing successes and for creating acceptance for those on the spectrum, caregivers and communities. Now in its 7th year, the Au-Some Conference is a free, national conference presented virtually to allow us to bring it to hundreds of people in every region of Canada.

The Conference will be over zoom and will be recorded. There will be opportunities for live Q&A's with the presenters!"

To learn more and to register, visit:

<https://autismcanada.org/support-programs/au-some-conference/>

Free online webinar by Complex Trauma Resources

PACE: How to talk so kids/youth open up and learn to reflect

OCTOBER 27

10:00 AM

"How do you talk to a kid/youth that is shut-down and won't engage? How do you teach a kid to reflect? How do you respond to a child that says, 'I'm such an idiot, I never do anything right.'? How do you respond to a youth that says, 'Who do you think you are? You will never understand me. Get lost.'"

In this webinar Renae will discuss PACE, a framework for how to talk so kids feel psychologically safe to open up and be curious and to learn to reflect about their internal world. Renae will also discuss how the PACE framework helps us as adults, when we feel stuck, exhausted and like we are going through the motions but our heart isn't in it.

Webinar is applicable to parents, caregiver, staffed resources, educators or clinicians. Advanced registration is required and space is limited, so save your spot. As usual, you will have the opportunity to ask questions that are specific to your situation during our live Q&A."

To find out more or to register, visit: https://complextrauma-ca.zoom.us/webinar/register/WN_gSMShM8USFmdW9eBke5klw#/registration

BROUGHT TO YOU BY:

SUPPORT TO FAMILY CARE NETWORK PROGRAM

Program Coordinator: Kari Beppe

kbeppe@interiorcommunityservices.bc.ca

Cell: (250) 819-1919

Office: (236) 421-0031 Toll Free: 1-877-376-3660

Network Facilitators:

Renata Bonthoux (250) 319-6557

rbonthoux@interiorcommunityservices.bc.ca

Krista Sherwood (250) 819-5819 (on leave)

ksherwood@interiorcommunityservices.bc.ca

Marna Forsyth (250) 609-2017

mforsyth@interiorcommunityservices.bc.ca

Jayne Wesko (250) 608-7674

jwesko@arcprograms.com

Tabitha Fournier (250) 320-4603

tfournier@interiorcommunityservices.bc.ca



WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program?

Find all this and much more at our website:

www.icsfp.info



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.