



ZOOM MEETINGS  
& TRAININGS.....1



EMPLOYMENT AND  
FASD .....2



ONCE A  
WIZARD.....2

STFC – SUPPORTING FOSTER FAMILIES

## IN PERSON

**KAMLOOPS**  
**Foster Parent Drop-In**  
**Wednesday**  
**9:00am – 11:00am (PST)**  
The Loft - 290 Maple Street  
(2nd Floor of the grey building)

## VIRTUAL

**WEST KOOTENAY**  
**Foster Parent Drop-In**  
Fri  
11:00. *Cancelled for Nov 3 only*  
Zoom: *Nov 6/2024*

## Cariboo Christmas Craft Days

### 100 Mile House

Saturday Nov 18  
1-3 pm

Horse Lake Training Centre

### Williams Lake

Monday, Nov 20  
1-3 pm

Child Development Centre

Please RSVP to Tabitha to ensure  
enough snacks and supplies.

THANK YOU TO ALL OUR FOSTER  
PARENTS AND FOSTER FAMILIES!

# WEEKLY Communiqué

## SAVE THE DATE! DR. LINDA O'NEILL VICARIOUS TRAUMA

Nov 7      6:30 – 8:30pm (PST)  
Nov 28      9:30 – 11:30am (PST)

Please see attached poster for more  
info (including registration info.).

For more details, please contact Marna Forsyth at: 250 609-2017  
or email: [mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

## THE DISRUPTORS: A DOCUMENTARY

FORGET EVERYTHING YOU THOUGHT YOU KNEW ABOUT ADHD

Monday, Nov 20      9:30am - 11:15am(PST)    or

Tuesday, Nov 21      6:30pm - 8:15pm (PST)

Zoom Meeting ID: 824 1919 0542

## CHILD MIND INSTITUTE

## 2023 CHILDREN'S MENTAL HEALTH REPORT: EVIDENCE-BASED READING INSTRUCTION AND EDUCATIONAL EQUITY.

"Struggling to read doesn't just impact children's academic achievement and prospects for the future — it can also have profound effects on their mental health. But right now, barely a third of fourth-grade students in the U.S. are proficient readers. The 2023 Children's Mental Health Report looks at the latest research on how children learn to read and the most effective ways to teach them. It also covers the ways that reading difficulties can affect kids' mental health, and what parents can do to make sure struggling readers get the support they need."

"Our 2023 Children's Mental Health Report takes a close look at the following topics to see how we can remedy this urgent problem:

- ↳ What we know about how reading difficulties can affect kids' mental health
- ↳ The latest brain-based research on how children learn to read, and how the brains of children with dyslexia are different
- ↳ What the evidence tells us about the most effective ways to teach children to read

To read and to download the report, visit

<https://childmind.org/awareness-campaigns/childrens-mental-health-report/2023-report>

# Employment and FASD: AN UPDATED LOOK AT STRATEGIES FOR SUCCESS

## CANFASD (CANADA FASD RESEARCH NETWORK)

"The purpose of this paper is to provide an updated review of the existing literature on employment and FASD and to provide recommendations for researchers and policy makers to support employment goals and needs for people with FASD."

### KEY MESSAGES

Many people with FASD have difficulties finding and keeping meaningful employment due to body and brain-based differences that can impact their daily functioning. Importantly, employment success for people with FASD can be supported through leveraging individual strengths, skills, abilities, and providing opportunities for accommodations in the workplace.

"Despite previous researchers calling for more literature about the implications of FASD on employment, very few studies exist in this area. Underemployment is a major concern for many people with FASD and compounding challenges such as transportation difficulties, limited social skills, lack of previous work experiences, and a potential lack of family support in maintaining employment, contribute to further barriers experienced by people with FASD."

To read and to download the report, visit  
[CANFASDemploymentandFASD](http://CANFASDemploymentandFASD)

## MONTHLY BOOK CORNER

### ONCE A WIZARD:

#### A Story About Finding a Way Through Loss

"This wordless children's book has beautiful imagery and the potential to create many imaginative storylines. It empowers children to tell their own stories and explore the meaning of their own experiences of loss. The book includes helpful tips, questions, and activities to support parents and caregivers as they help children navigate their way through loss."

"While attending Uncle Wizard's funeral, Ari sees some striking images: a snow-covered statue that resembles Uncle Wizard, a memorial candle with his picture on it, and his body displayed in an open casket. That night, Ari meets Uncle Wizard in a dream. Together, they embark on an adventure through a snowy land, encountering a magic candle, a living stuffed toy, and a goblin, before finally meeting an unstoppable giant. Through this journey, Ari learns to explore their feelings and awakens with the comfort that their memories of Uncle Wizard will live on. **Note:** While children 5+ will enjoy looking at this book on their own, Once a Wizard was designed as a resource for counselors, helpers, or parents to read with children."

**Author and Illustrator:** **Curtis L. Wiebe** Curtis is a sculptor, animator, award-winning filmmaker, costume designer, puppeteer, and musician, but his first love has always been drawing. He has worked with children in a variety of settings and currently teaches art to middle-years students at the Winnipeg Art Gallery. This is his first published book.

**Clinical Consultant:** **Vicki Enns** Vicki worked closely with Curtis to create a book that would be both interesting for children and helpful for them to explore the topic of grief. She is the Clinical Director of the **Crisis & Trauma Resource Institute (CTRI)** and a registered Marriage and Family Therapist. She is the editor and a contributing author of CTRI's Counselling Insights and Counselling in Relationships books, and is the author and editor of many of CTRI's training materials.

Available on Amazon.ca Contact your Network Facilitator for more information.

BROUGHT TO YOU BY:

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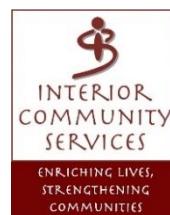
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### WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING

AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

[www.icsfp.info](http://www.icsfp.info)



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.