

ZOOM MEETINGS  
& TRAININGS.....1

THE CHILD PSYCH  
PODCAST.....2

THE REASON I  
JUMP.....2

# WEEKLY Communiqué

STFC – SUPPORTING FOSTER FAMILIES

## IN PERSON

### KAMLOOPS

#### Foster Parent Drop-In

**Paused for the holidays.**  
Drop-in will resume Jan. 10, 2024

## VIRTUAL

### WEST KOOTENAY

#### Foster Parent Drop-In

**Paused for the holidays.**  
Drop-in will resume Jan. 5, 2024

## UPCOMING TRAINING IN 2024

### BUSINESS SIDE OF FOSTERING

#### SESSION 1

Monday, January 15  
Tuesday, January 16

9:30 - 11:30am (PST) OR  
6:30 - 8:30pm (PST)

#### SESSION 2

Monday, January 22  
Tuesday, January 23

9:30 - 11:30am (PST) OR  
6:30 - 8:30pm (PST)

To Register visit: [BSF2024Register](https://bsf2024register.com)

Foster Parents: Do you want to understand your role, responsibilities and rights (from a business perspective)? Then this 4 hour course is for you!

This course is also open to Social Workers and Foster Parent Support Workers.

For more info, please contact Marna Forsyth at (250) 609-2017  
or email: [mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

## SAFE BABIES

Tuesday and Thursday mornings  
Feb 6 – Mar 7

OR

Monday and Wednesday evenings  
April 8 – May 8

2024  
TRAINING

SAVE  
THE DATES

The Safe Babies Foster Parent training is an educational program for those interested in becoming caregivers of children under the age of 3 who have been exposed prenatally to drugs and/or alcohol. Foster Parents, Caregivers, MCFD staff, Indigenous Child and Family Service Agency staff and community partners who work with Safe Babies homes are welcome. This training will be facilitated by the Support To Family Care Network Team and guest presenters for each module.

You must attend all 10 sessions to receive your Safe Babies certificate. CPR-C (Infant CPR) is also required to be Safe Babies certified. This course was developed by Foster Parent Support Services Society (FPSSS) for Foster Parents caring for children under the age of 3 in B.C.

**This course is open to Foster Parents, Social Workers and other community professionals. Registration opens on January 5, 2024.**

For more info, please contact Marna Forsyth at (250) 609-2017 or email: [mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

## MONTHLY BOOK CORNER

**The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy with Autism (2016)** “You’ve never read a book like *The Reason I Jump*. Written by Naoki Higashida, a very smart, very self-aware, and very charming thirteen-year-old boy with autism, it is a one-of-a-kind memoir that demonstrates how an autistic mind thinks, feels, perceives, and responds in ways few of us can imagine. Parents and family members who never thought they could get inside the head of their autistic loved one at last have a way to break through to the curious, subtle, and complex life within.

Using an alphabet grid to painstakingly construct words, sentences, and thoughts that he is unable to speak out loud, Naoki answers even the most delicate questions that people want to know. Questions such as: “Why do people with autism talk so loudly and weirdly?” “Why do you line up your toy cars and blocks?” “Why don’t you make eye contact when you’re talking?” and “What’s the reason you jump?” (Naoki’s answer: “When I’m jumping, it’s as if my feelings are going upward to the sky.”) With disarming honesty and a generous heart, Naoki shares his unique point of view on not only autism but life itself. His insights—into the mystery of words, the wonders of laughter, and the elusiveness of memory—are so startling, so strange, and so powerful that you will never look at the world the same way again.

In his introduction, David Mitchell writes “It is no exaggeration to say that *The Reason I Jump* allowed me to round a corner in our relationship.” This translation was a labor of love by David and his wife, KA Yoshida, so they’d be able to share that feeling with friends, the wider autism community, and beyond. Naoki’s book, in its beauty, truthfulness, and simplicity, is a gift to be shared. **Available on Amazon.ca**

## RECOMMENDED APPS by: THE SENSORY SPECTRUM

DYSLEXIC LEARNERS	AUSTIC LEARNERS	VISUALLY IMPAIRED	LEARNERS WITH WRITING DIFFICULTIES
Soundsliteracy	Sight Words	VIA	Word Magic
What Is Dyslexia	Sequences for Autism	Dragon Dictation	IWrite Words
Dyslexia Quest	See Touch Learn	Light Detector	Letter School
Happy Math Multiplication Rhymes	Words on Wheels	Be My Eyes: Helping Blind See	The Writing Machine
Rhymes	Verbal Me	Color ID	Alpha Writer
Read2Me	Autism IHelp	TapTapSee	
Phonics with Phonogram	Autism DDT Shapes	Talking Calculator	ABC Pocket Phonics
Dysegxia	Autism DDT Letters	SayText	
DD’s Dictionary: A Dyslexic Dictionary	Speech with Milo	AccessNote	
		Visual Brailier	

**BROUGHT TO YOU BY:**

## SUPPORT TO FAMILY CARE NETWORK PROGRAM

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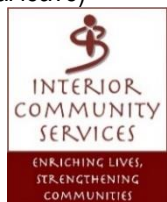
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### WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING  
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

**Need resources or information?  
Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program?

Find all this and much more at our website:

**[www.icsfp.info](http://www.icsfp.info)**



**Find us on Facebook!**

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.