

ZOOM MEETINGS
& TRAININGS.....1

SAFE BABIES.....1

TRAUMA-INFORMED
TRANSITION
TRAINING2

STFC – SUPPORTING FOSTER FAMILIES

**IN PERSON
KAMLOOPS****Foster Parent Drop-In**

Wednesday

9:00am – 11:00am (PST)

The Loft - 290 Maple Street
(2nd Floor of the grey building)**100 MILE HOUSE
COFFEE Group Drop-In**

Tuesday, Jan 11

9:00am – 11:00am (PST)

Horse Lake Training Centre

VIRTUAL**WEST KOOTENAY****Foster Parent Drop-In**

Fridays

11:00am - 12noon (PST)

Zoom ID: 250 608 7674

WEEKLY Communiqué

**BUSINESS SIDE
OF FOSTERING**

SESSION 1

Monday, Jan 8 10:00am (PST) OR

Tuesday, Jan 9 10:00am (PST) OR

Wednesday, Jan 10 10:00am (PST) OR

Thursday, Jan 11 10:00am (PST) OR

Friday, Jan 12 10:00am (PST) OR

Saturday, Jan 13 10:00am (PST) OR

Sunday, Jan 14 10:00am (PST) OR

Monday, Jan 15 10:00am (PST) OR

Tuesday, Jan 16 10:00am (PST) OR

Wednesday, Jan 17 10:00am (PST) OR

Thursday, Jan 18 10:00am (PST) OR

Friday, Jan 19 10:00am (PST) OR

Saturday, Jan 20 10:00am (PST) OR

Sunday, Jan 21 10:00am (PST) OR

Monday, Jan 22 10:00am (PST) OR

Tuesday, Jan 23 10:00am (PST) OR

Wednesday, Jan 24 10:00am (PST) OR

Thursday, Jan 25 10:00am (PST) OR

Friday, Jan 26 10:00am (PST) OR

Saturday, Jan 27 10:00am (PST) OR

Sunday, Jan 28 10:00am (PST) OR

Monday, Jan 29 10:00am (PST) OR

Tuesday, Jan 30 10:00am (PST) OR

Wednesday, Jan 31 10:00am (PST) OR

Thursday, Feb 1 10:00am (PST) OR

Friday, Feb 2 10:00am (PST) OR

Saturday, Feb 3 10:00am (PST) OR

Sunday, Feb 4 10:00am (PST) OR

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Monday, May 6 10:00am (PST) OR

Tuesday, May 7 10:00am (PST) OR

Wednesday, May 8 10:00am (PST) OR

**INSTITUTE OF
CHILD PSYCHOLOGY**

FREE, LIVE VIRTUAL WEBINAR IN JANUARY

Understanding Sensory Function in Kids - Jan 8 10:00am (PST) You'll be introduced to ways in which you can understand and begin to control sensory issues in children. Discover how to get your child to use the tools and games you give them, so you and your child will be in control of their sensory issues. Then, the meltdowns, hyperactivity, and other issues will start to disappear. **To register, visit:** https://icpwebinars.com/registration-49?mc_cid=c5efb92457&mc_eid=6957f7f9c8

Sleep Without Sleep Training - Jan 25 8:00am (PST) Do you have a new baby and are wondering where to even start with their sleep?! Or maybe a slightly older baby and every time you do a search you're being told you have to sleep train or blamed for creating bad habits? We'll walk through the 4 step process we use to support families to get more sleep without ever needing to sleep train. **To register, visit:** https://icpwebinars.com/registration-50?mc_cid=c5efb92457&mc_eid=6957f7f9c8

SAFE BABIES VIRTUAL TRAINING

Tuesday and Thursday MORNINGS 9:30am – 11:30am (PST) OR Monday and Wednesday EVENINGS 6:30pm – 8:30pm (PST)

The Safe Babies Foster Parent training is an educational program for those interested in becoming caregivers of children under the age of 3 who have been exposed prenatally to drugs and/or alcohol. Foster Parents, Caregivers, MCFD staff, Indigenous Child and Family Service Agency staff and community partners who work with Safe Babies homes are welcome. This training will be facilitated by the Support To Family Care Network Team and guest presenters for each module.

You must attend all 10 sessions to receive your Safe Babies certificate. CPR-C (Infant CPR) is also required to be Safe Babies certified. This course was developed by Foster Parent Support Services Society (FPSSS) for Foster Parents caring for children under the age of 3 in B.C. **This course is open to Foster Parents, Social Workers and other community professionals.**

For more info, contact Marna Forsyth at (250) 609-2017 or email: mforsyth@interiorcommunityservices.bc.ca

**Tuesday and Thursday mornings
Feb 6 – Mar 7**

To register, visit:

<https://us06web.zoom.us/meeting/register/tZAtcOyhqT0iGN32LtnDYf0msb38BfqWqwbm#/registration>

OR

**Monday and Wednesday evenings
April 8 – May 8**

To register, visit:

https://us06web.zoom.us/meeting/register/tZllcOmqqz0sHNAcC0pWHQtX113iBPf_LMZ



TRAUMA-INFORMED TRANSITION TRAINING

Brought to you by Foster Parent Support Services Society

DAYTIME: Mondays 9:30am-12:30pm (PST)

EVENING: Thursdays 6:30pm to 9:30pm (PST)

January 15 to March 4 OR

January 25 to March 7

Pre-registration open to Foster Caregivers This seven-part Trauma-Informed Transition Training Program is an active-engagement learning environment. Foster caregivers will share their knowledge and experience with the group and learn from one another as well as from the facilitators.

Every child in care experiences a minimum of two transitions: coming into and moving out of care. In this training program, we will focus on reunification of children and youth (from foster home to biological family), where it is essential that the transitions be trauma-informed and culturally sensitive.

Foster caregivers will learn transition strategies, connect with peers in a dedicated online community, and share information that contributes to successful transitions. Caregivers trained in creating trauma-informed transitions can improve the outcomes for the children and youth transitioning out of foster care.

This seven-part training includes six key topics that focus on preparing children and their caregivers for trauma-informed transitions:

- ↳ Relationships
- ↳ The Act (Bill C-92)
- ↳ Trauma-informed Practice
- ↳ Policy
- ↳ Advocacy
- ↳ Grief and Loss

"Registration is open, and spaces are available.

- ↳ All sessions are online.
- ↳ Choose daytime or evening sessions.
- ↳ Adult-learning model presents current information featuring breakout rooms for meaningful small group conversations.
- ↳ Diverse participants from across BC including long-term and newer foster caregivers.
- ↳ **This training was developed by FPSS Society in partnership with Royal Roads University in response to caregiver requests.**

For more information, please contact Sandra at Foster Parent Support Services Society at: cicoord@fpsss.com

**DAYTIME: Mondays 9:30am-12:30pm
(PST) January 15 to March 4**

OR

To register, visit:

<http://events.r20.constantcontact.com/register/event?oeidk=a07ek4wi5xia0362d2c&llr=cd4s6qdab>

**EVENING: Thursdays 6:30pm to
9:30pm (PST) January 25 to March 7**

To register, visit:

<http://events.r20.constantcontact.com/register/even?oeidk=a07ek586und6a340978&llr=cd4s6qdab>

BROUGHT TO YOU BY:

SUPPORT TO FAMILY CARE NETWORK PROGRAM

Program Coordinator: Kari Bepple (currently on medical leave)

kbepple@interiorcommunityservices.bc.ca

Cell: (250) 819-1919

Office: (236) 421-0031 Toll Free: 1-877-376-3660

Network Facilitators:

Renata Bonthoux (250) 319-6557

rbonthoux@interiorcommunityservices.bc.ca

Krista Sherwood (250) 819-5819 (currently on medical leave)

ksherwood@interiorcommunityservices.bc.ca

Marna Forsyth (250) 609-2017

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Jayne Wesko (250) 608-7674

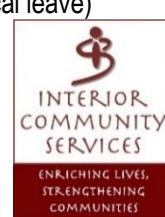
jwesko@arcprograms.com

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agibson@interiorcommunityservices.bc.ca



Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website: www.icsfp.info



Find us on Facebook!

Connect with us on our 'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.

WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!