

ZOOM MEETINGS
& TRAININGS.....1CIRCLE OF SECURITY
PARENTING.....2ASK DR. JESSICA
PODCAST.....2

STFC – SUPPORTING FOSTER FAMILIES

IN PERSON**KAMLOOPS****Foster Parent Drop-In**

Tuesday

11:00am – 12:30pm (PST)

The Loft - 290 Maple Street
(2nd Floor of the grey building)**CRESTON BREAKFAST****Caregiver Drop-In**

Tuesday, March 12

9:00am – 11:00am (PST)

Ricky's all Day Grill

WILLIAMS LAKE BREAKFAST**Caregiver Drop-In**

Tuesday, March 26

9:00am – 11:00am (PST)

Hearth Restaurant
(located in the Cariboo Friendship Centre)**KIMBERLY****Caregiver Drop-In**

Friday, March 8

9:00am – 11:00am (PST)

Bean Tree Café

VIRTUAL**WEST KOOTENAY****Foster Parent Drop-In**

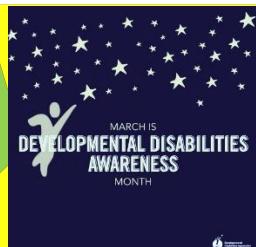
Fridays

11:00am - 12noon (PST)

Zoom ID: 250 608 7674

**Note: Day &
time change for
this week only**

WEEKLY Communiqué

**HARM REDUCTION VIRTUAL TRAINING**

with Laurel While (BCG, Williams Lake)

Monday, March 11

10:00 am – 12Noon (PST)

Learn about Harm Reduction:

- ↳ What is Harm Reduction?
- ↳ What Harm Reduction stands for.
- ↳ Information and education surrounding substances.

For more info, please see attached poster or contact Tabitha Fournier at (250) 320-4603 or
email: tfournier@interiorcommunityservices.bc.ca**BOOK CLUB:****WHAT HAPPENED TO YOU? AUDIOBOOK READ**

BY: DR. BRUCE PERRY & OPRAH WINFREY

Wednesdays through April-May

10:30 am - 12:00 noon (PST)

APRIL 3, 10, 17, 24 & MAY 1, 8, 15, 22

For more information, please see attached poster

To register, please visit: [BOOKCLUB2024](#)**BUSINESS SIDE OF FOSTERING
VIRTUAL TRAINING
APRIL SESSIONS****Session 1**Monday, April 8 9:30 - 11:30am (PST) OR
Tuesday, April 9 6:30 - 8:30pm (PST)**Session 2**Monday, April 15 9:30 - 11:30am (PST) OR
Tuesday, April 16 6:30 - 8:30pm (PST)To register, visit: [BSFAPR2024](#)

Open to Foster Parents, MCFD and ICFSA RSW and FP support staff.

For more info, please contact Marna Forsyth at (250) 609-2017 (cell)

or email: mforsyth@interiorcommunityservices.bc.ca

VIRTUAL SAFE BABIES

TRAINING

EVENING SESSIONS

MONDAYS AND WEDNESDAYS

6:30PM – 8:30PM (PST)

STARTING APR 8 THROUGH TO MAY 8

For more information, please see attached poster.

To register, please visit: [BOOKCLUB2024](#)

CIRCLE OF SECURITY PARENTING™



Tuesdays through April-May

10:00 am - 11:00 am (PST)

APRIL 9, 16, 23, 30 & MAY 7, 14, 21 & 28

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Program:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

To register, please visit: [COSPPSPRING2024](#)

For more info, contact Marna Forsyth at 250-609-2017 or email: mforsyth@interiorcommunityservices.bc.ca

BROUGHT TO YOU BY:

SUPPORT TO FAMILY CARE NETWORK PROGRAM

Program Coordinator: Kari Beppe

kbepple@interiorcommunityservices.bc.ca

Cell: (250) 819-1919

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Network Facilitators:

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rbonthoux@interiorcommunityservices.bc.ca

Krista Sherwood (250) 819-5819 (currently on medical leave)

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Marna Forsyth (250) 609-2017

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Jayne Wesko (250) 608-7674

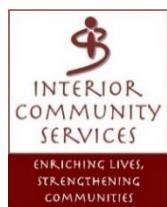
jwesko@arcprograms.com

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Ashley Gibson (250) 426-6013

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WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING

AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program?

Find all this and much more at our website:

www.icsfp.info



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.