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A bimonthly brief of current support and training

THE Support Report

<<< Let's Connect >>>

VIRTUAL

Caregiver Drop-Ins

ZOOM ID: 858 3771 6954

(1st TUESDAY of the Month)

Tuesday, May 7

10:00am – 11:00am (PST)

(3rd Wednesday of the Month)

Wednesday, May 15

7:00pm – 8:00pm (PST)

CRANBROOK

IN-PERSON

Breakfast Drop-Ins

(last Thursday of the month)

Thursday, April 25

9:00am-11:00am

Smitty's

100 MILE HOUSE

Walking Group

Thursday, May 25

2:00 – 3:00pm (PST)

Centennial Park (Meet in the Parking Lot)

MOOSE HIDE CAMPAIGN

CAMPAIGN DAY May 16, 2024

"In 2023, over half a million Canadians joined together in ceremony and solidarity with the goal of ending gender-based violence. Moose Hide Campaign Day is a day of ceremony where all Canadians are called to join together to take a stand against violence towards women and children and to take practical steps for our collective journey of reconciliation. **Together, we are making a change.**"

"The Moose Hide Campaign recognizes that all forms of violence are unacceptable, regardless of gender. We are also aware of the disproportionate number of women who are victims of domestic and gender-based violence and the importance of engaging men and boys in addressing this issue.

Our non-profit organization was founded in response to the tragic reality of the over 1200 missing or murdered Indigenous women and girls. We have now become one of Canada's most recognized and embraced responses to our country's need to address reconciliation and gender-based violence."

1 IN 2	Half of all women in Canada have experienced at least one incident of physical or sexual violence since the age of 16
3X HIGHER	Spousal violence of Indigenous women is three times higher than non-Indigenous women
EVERY 2.5 DAYS	A woman or girl is murdered every two and a half days in Canada
6X HIGHER	Indigenous women are killed at six times the rate of non-Indigenous women

MOOSE HIDE PINS "Worn as a commitment to honour, respect and protect the women and children in your life, pins are completely free and come in batches of 25 so you can spread the word of the campaign. We also offer the option of animal-free pins." (STFC have pins available through their Network Facilitators too!)

To order pins and find out more, visit: <https://moosehidecampaign.ca/pins/>

SAVE THE DATE

DIFFICULT CONVERSATIONS

Monday, June 3 9:00 – 11:00am (PST)

Limited time recording of this will be available.

Watch for more details coming soon!

HISTORY OF RESIDENTIAL SCHOOLS IN CANADA

Thurs, May 16 6:30 – 8:00pm (PST)

Presenter: Brenda Celesta

To register, visit: STFC2024INDIGENOUSHISTORY

BC CHILDREN'S KELTY MENTAL HEALTH

PODCAST New: Season 5 now started

"Join our fabulous hosts in conversations with parents and caregivers, youth and health professionals. Each podcast episode they:

- ↳ Challenge some of the myths, stereotypes, and stigma that surround mental health
- ↳ Empower children, youth, and families by providing reliable mental health and substance use information in a way that is understandable and relatable

Walk away from episodes with practical tips and strategies that you can use to promote you and your family's mental health and wellness. Never miss an episode!"

April 10 Episode: UNDERSTANDING SENSORY PROCESSING CHALLENGES IN KIDS

Our external senses— smell, sight, touch, and taste—along with lesser-known internal ones like balance and location— are constantly working to help us make sense of our world around us. This intricate process, often known as 'sensory processing,' is the foundation of many daily tasks. For some children, navigating this sensory processing can be more challenging. In today's episode, our hosts chat with Tammie, a parent who shares her personal story of supporting her child with sensory processing challenges, and Courtney Hall, BCCH Occupational Therapist. Together they:

- ↳ Talk about different types of sensory preferences - like hypersensitivity and hyposensitivity
- ↳ Look at other conditions that can go along with sensory processing issues and
- ↳ Offer tips and resources for parents and caregivers to support a child with sensory processing challenges

For more info, visit:

<https://live-keltymentalhealth.pantheonsite.io/podcast>

BE SURE TO CHECK OUT THEIR VIDEOS AND GUIDES TOO at:

<https://live-keltymentalhealth.pantheonsite.io/resource-library>



PROVINCIAL SUPPORT AGENCY
CAREGIVER LEARNING NETWORK

PSACLN

Provincial Support Agency Caregiver Learning Network

"The Provincial Support Agency Caregiver Learning Network (PSACLN) works with representatives from all caregiver support agencies across the province to develop accessible virtual learning opportunities to Foster Caregivers, Out of Care & Kinship Caregivers and Contracted Agency Caregivers. The goal of this network is to enhance caregiver knowledge, skills and abilities, and to foster a healthy caregiving network that supports the retention of all caregivers."

What does this mean for you as a caregiver?

It means that you will have access to more training opportunities for the next few months until March 31, 2025 - or until the contract ends with MCFD.

The PSACLN has launched a website: www.psacln.ca

This website includes:

- ↳ An online catalogue of available workshops
- ↳ Links to all support agencies in BC
- ↳ Resources
- ↳ Link to the Caregiver Learning Management System (CLMS)

The PSACLN will be using an online management system available to all caregivers in BC where you will be able to register for upcoming training, view your past workshops and documents (including certificates). Please note that it will only include past workshops that you have taken through the PSACLN.

For more info, please check out their website or contact your Network Facilitator.

Connect with the team >>>

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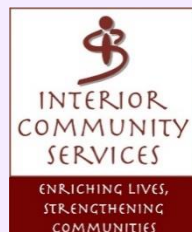
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Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info/outofcareproviders



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.

"There are those who see the need and respond. Those people are my heroes." *Fred Rogers*