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# WEEKLY *Communiqué*

STFC – SUPPORTING FOSTER FAMILIES

## KAMLOOPS: Foster Parent Drop-In

Wednesday

9:00am – 11:00am (PST)

The Loft - 290 Maple St. (2nd Floor of grey building)

## WILLIAMS LAKE: Youth In Care

Wednesday, May 22

4:00 – 6:00pm (PST)

At the Foundry Gift cards & Pizza provided

## WILLIAMS LAKE: Peaceful Escape

Wednesday, May 22

9:30am – 3:00pm (PST)

At the CDC Lunch, supplies & instruction provided.

## 100 MILE HOUSE: Coffee Group

Thursday, May 23

4:30 – 7:00pm (MST)

Smitty's Restaurant

## CRESTON: Caregiver Picnic

Monday, May 27

11:00 am – 1:00pm (MST)

Snacks, art supplies & instruction provided.

## CRANBROOK: Arts Night

Friday, May 31

4:30 – 7:00pm (MST)

Snacks, art supplies & instruction provided.

## WEST KOOTENAY Foster Parent Drop-In

Fridays

11:00am - 12noon (PST)

Zoom ID: 250 608 7674

## BOOK CLUB The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion & Connection by

**DR. BRENÉ BROWN**

Wednesdays, May 29 & June 5

10:30 am – 12Noon (PST)

For more info, please see attached poster.

## IT TAKES A VILLAGE:

### Navigating Difficult Conversations

Monday, June 3

9:00 – 11:00am (PST)

**Presenter: Charlene Croukamp**

Charlene has been a practitioner of conflict resolution for the past three decades. For more info about Charlene and / or the workshop, please see the attached poster.

For more info, please see attached poster.

## BUSINESS SIDE OF FOSTERING VIRTUAL TRAINING

Tues, June 4 & Thurs, June 6

9:30 - 11:30am (PST)

Please see poster for more info.

## INSPIRE TRAINING STRATEGIES TO MANAGE BEHAVIOURS IN ADOLESCENTS

A course for those caring for teenagers with developmental trauma

Tuesday, June 11 10:00am – 12Noon(PST)

This training is brought to you by PSACLN and Okanagan Foster Parent Association in collaboration with Interior Community Services.

Please see poster for more info.

IN PERSON

VIRTUAL

## SUMMER FUN/TRAVEL REMINDERS

Please remember to ensure that your children and/or youth in care have proper helmets, life jackets and other safety gear for their fun in the sun! If you are planning to travel over the holidays, you must inform your Resource Social Worker and the child/youth Social Worker of your plans ahead of time. Make sure they have an emergency contact number that they can reach you at. If you are traveling out of province/country be sure to leave enough time to have your border crossing letters completed.

## Foster Parent and Contracted Caregiver Support EVACUATIONS

Please call this number if:

- ✉ You are in an impacted area and have been evacuated and / or:
- ✉ You have been or need to be evacuated and require support to seek alternate accommodation

**1-800-663-9122**

(Please provide your new location and contact information.)

## EMERGENCY PREPAREDNESS

With fire season just around the corner, here is a quick reminder about ensuring that you are prepared this summer holiday. Be sure to pack a grab-and-go bag and have a plan for where you will go and who to notify. (Remember to let your Resource Social Worker and the Child's Social Worker know your plan ahead of time.)

### YOUR GRAB-AND-GO BAG

1. Medication (at least a 4 day supply)	9. Flashlight and batteries
2. Complete changes of cloths for 4 days. (Include underwear, socks, PJs)	10. AM/FM Radio
3. Security items: favorite toy, book, etc.	11. Blanket
4. Spare pair of glasses	12. Cell phone AND charger
5. Snacks	13. Pen and notepad
6. Water	14. Personal toiletries
7. 1 roll of toilet paper for each person	15. Small first-aid kit
8. Some extra cash in small bills	16. Pillow and small foldable blanket
17. Any valuables you want to take with you.	
18. Important Documentation: Have copies of any personal information such as care card numbers, birth certificates, social worker names and numbers etc. Ensure you have a copy of your home insurance.	
19. If you have animals: Ensure you have crates, leashes, food, etc. in an easily accessible place. If you have pet insurance, take a copy with you.	
20. Consider attaching a tag: e.g. remember to grab: *Medication in fridge *Pet food/cage, etc.	

## CONFIDENTIALITY, FOSTER PARENTS AND FOIPPA FOUNDATIONS PRIVACY TRAINING

"British Columbia's Freedom of Information and Protection of Privacy Act (FOIPPA) requires that ... Foster Parents ... protect all personal information they hold. It's an important job! As a ... Foster Parent ..., you are required to protect personal information you handle in the course of your work. ... This course introduces the key ideas behind the Freedom of Information and Protection of Privacy Act (FOIPPA)."

If you have not taken the FOIPPA Foundations course, as identified in your contract, or want a refresher on the information, you can access it here: <https://mytrainingbc.ca/FOIPPA/>

BROUGHT TO YOU BY:

## SUPPORT TO FAMILY CARE NETWORK PROGRAM

Program Coordinator: Kari Beppe

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### WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING  
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

Need resources or information?  
Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

[www.icsfp.info](http://www.icsfp.info)



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.