



A bimonthly brief of current support and training

Support Report

<<< Let's Connect >>>

VIRTUAL
Caregiver Drop-Ins
ZOOM ID: 858 3771 6954
(3rd Wednesday of the Month)
Wednesday, June 19
7:00pm – 8:00pm (PST)
(1st TUESDAY of the Month)
Tuesday, July 2
10:00am – 11:00am (PST)

100 MILE HOUSE
Caregiver Coffee Drop-In
Thursday, June 20
9:30am - 11:00am (PST)
Smitty's Restaurants

WILLIAMS LAKE
Caregiver Coffee Drop-In
Tuesday, June 25
9:30am - 11:00am (PST)
The Hearth Restaurant

Neurodiversity
What's That?
An introduction to neurodiversity for kids by Nadine Arthur is a fun introduction to neurodiversity aiming to improve the self-esteem of neurodivergent children.

INSPIRE TRAINING STRATEGIES TO MANAGE BEHAVIOURS IN ADOLESCENTS

**A course for those caring for teenagers
with developmental trauma**

Tuesday, June 11 10:00am – 12Noon (PST)

This training is brought to you by PSACLN and Okanagan Foster Parent Association in collaboration with Interior Community Services.

Please see poster for more info.

THE WHITE HATTER Digital Literacy and Internet Safety for Caregivers

Thursday, June 20 6:30 – 8:30pm (PST)

This workshop will help caregivers to proactively understand the enabling power of technology and mobile communications, but also how to mitigate the sometimes unintended consequences of high risk or undesirable online behaviour.

For more info, please see attached poster.

Parent Support Services Workshop SUPPORTING COMMUNICATION IN THE EARLY YEARS

Wednesday, June 19 7:00pm - 8:30pm (PST)

"For Parents & Kinship caregivers raising children 6 years and under. This workshop is for caregivers who are interested in providing a language-rich environment and supporting the communication development of their little ones. We will discuss milestones in speech, language, hearing & play."

To register visit: PSSSPRINGREG

PFLAG RESOURCE: OUR CHILDREN BOOKLET

Excerpt from the Booklet: "Dr. Caitlyn Ryan conducted research that followed families going through the coming-out process. The conclusions reached from this study highlight the powerful role parents play in their LGBTQ+ child's health: Certain response behaviors reduce a child's risk for both physical and behavioral health problems. These include:

- ↳ **Speaking with - and listening to - your child about their LGBTQ+ identity.** Give your child ample opportunity to open up and share their thoughts and feelings. Whether they want to talk about their hopes for the future, or a situation that happened in school or at work that day, the prospect for open discussion is endless. If you have a sense that your loved one might want to talk, but isn't doing so on their own, a gentle open-ended question, such as, "How did things go at school/work/church today," can open the door to dialogue. Don't push, and really listen when they talk. If you make a misstep in your response - whether accidentally using incorrect pronouns or asking a too-personal question - apologize; no one is perfect. It is in making the attempt, and doing better when needed, that you show your love and support.
- ↳ **Supporting your child's LGBTQ+ identity, including their gender expression, even though you may feel uncomfortable.** Despite your potential discomfort, your LGBTQ+ loved one needs your support. This support can take many forms, from welcoming their friends into your home, to taking them shopping for that just-right piece of clothing they've been asking for, to helping provide access to age-appropriate resources, such as books and films. Imagine how supported your loved one will feel when you speak positively about an LGBTQ+ character you saw on television, or share a news article on a related issue?
- ↳ **Connecting your child with an LGBTQ+ role model.**
- ↳ **Expressing your unconditional love for your child.**

To find more resources and to download the booklet visit:

<https://pflag.org/resource/our-children/>

(Note: this resource is American, but you can also find PFLAG Canada at: <https://pflagcanada.ca/>

SUPPORT TO FAMILY CARE NETWORK PROGRAM

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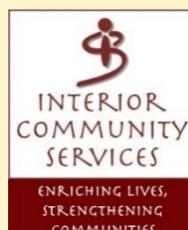
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Kids Bowl Free All Summer

kidsbowlfree.com

More than 1,500 bowling centers around the globe provide 2 FREE Games of bowling each day to kids during the Spring and Summer. This program is designed by bowling centers to give back to the community and provide a safe, secure, and fun way for kids to spend time this summer. Since 2007, more than 35 million kids and families have participated!

How to register:

Step 1: [Find a Participating Bowling Center In Your Community](http://kidsbowlfree.com)

Step 2: Register Your Kids

*Children whose age does not exceed a limit by a participating bowling center are eligible to register for 2 free games each day of the KBF program, all summer long, courtesy of the participating bowling centers along with the schools and organizations. Participating bowling centers set their age limits, see the center registration page for more details.

Step 3: Go Bowling All Spring & Summer!

For more information:

[https://www.kidsbowlfree.com/index.php](http://www.kidsbowlfree.com/index.php)



Connect with the team >>>

Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program?

Find all this and much more at our website:

www.icsfp.info/outofcareproviders



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.