

ZOOM MEETINGS  
& TRAININGS.....1SAJE SUPPORTS  
FOR YOUTH.....2KNOW YOUR RIGHTS  
SERIES.....2

STFC – SUPPORTING FOSTER FAMILIES

**IN PERSON**

**KAMLOOPS**  
**Foster Parent Drop-In**  
**Wednesday**  
**9:00am - 11:00am (PST)**  
**The Loft - 290 Maple St.**  
 (2nd Floor of grey building)

**WILLIAMS LAKE**  
**Music in the Park**  
**Thursdays to Aug 22**  
**6:00 pm (PST)**  
 Boitanio Park  
 Borland St. & 7 Ave N.

**VIRTUAL**

**WEST KOOTENAY**  
**Foster Parent Drop-In**  
**Fridays**  
**11:00am – 12noon(PST)**  
**Zoom ID: 250 608 7674**

# WEEKLY Communiqué

**FREE ONLINE BOOKS**

Besides the library, there are a few places where you can get FREE online books and audio books. Understood.org lists a number of different places to check out for both.

- ↳ **The Free Kids Books** site lets you search for free books by age and subject, and even books with 'dyslexia-friendly' fonts.
- ↳ **ManyBooks** has thousands of free digital books, including many classics and young adult novels. Use this site to find free books for teens.
- ↳ **Unite for Literacy** offers more than 400 free picture books, and one-fourth of them are written in Spanish."

For more info, visit: <https://www.understood.org/en/articles/10-places-to-find-free-books-for-your-child>  
 Be sure to check out their **audio book list** as well at: <https://www.understood.org/en/articles/free-audiobooks-and-digital-text-to-speech-books-for-your-child>

And don't forget to **check with your Network Facilitator** to borrow any books from ICS.

**SAVE THE DATES:**

<b>Myles Himmelreich</b>	<b>September 10</b> (time TBA)	<b>FASD</b>
<b>White Hatter</b>	<b>September 25</b> 6:30pm (PST)	<b>Supporting Youth Being Targeted By, Aggression, Cyberbullying, Threats, Hacks and Violence.</b> Helping caregivers support youth who may find themselves subject to various forms of aggression online.
<b>AUDIO Book Club</b>	<b>Wednesdays starting September 11</b> 10:00am – 12Noon (PST) or 6:30pm – 8:30pm (PST)	<b>Raising Kids with Big, Baffling Behaviours: Brain-Body-Sensory Strategies that Really Work.</b>

For more information, contact your Network Facilitator.

**HAVE YOU REGISTERED? PROVINCIAL SUPPORT AGENCY CAREGIVER LEARNING NETWORK**

This site has training opportunities for caregivers and professionals across BC. Be sure to register and check the box to receive news.

You will then receive all upcoming trainings and workshops such as **Myles Himmelreich** coming on Sept 10!

Not sure how to register? Check out the tutorial at: <https://learn.fpsss.com/how-to-register/>

Having trouble registering? The **CLMS101 workshop** will be held on:

Wednesday, July 31  
Monday, August 12

10:00am – 10:45 am (PST)      Tuesday, August 20  
6:30pm to 7:15pm (PST)      Wednesday, August 28      1:00pm to 1:45pm (PST)  
10:00am to 10:45am

To register visit: [CLMS101Summer](https://CLMS101Summer)

**Unconditional Income Support (UIS)**  
\$1,250 a month from age 19-20 for youth leaving government care.

**Conditional Income Support (CIS)**

\$1,250 a month for living expenses while youth participate in one or a combination of the following programs:

- Education or Vocational Training
- Life Skills
- Rehabilitation or Cultural Programming

**Rent Supplements**

\$600 a month for youth renting in the private rental market (up to 2 years)



**SAJE Housing Agreement (SHA)**

If a youth is not ready to leave their placement at 19, they can access a SAJE Housing Agreement (SHA) to stay where they are up to their 21 birthday.

**SAJE Support Agreement (SSA)**

Funding to support a young person's independent living expenses, up to their 21st birthday.



**SAJE Navigators & Guides**

SAJE Navigators support youth aged 14-19½ to prepare for adulthood.

SAJE Guides support youth aged 18½ - 25 to navigate resources and opportunities.

**Health Benefits**

Youth on SAJE agreements have access to:

- Dental
- Optical
- Mental health and counselling funding

**Life-skills, Training & Cultural Connections Funding (LSTCC)**

Youth can access up to \$11,000 over the course of a SAJE Agreement for a range of opportunities to support their goals



For more information, please visit:

<https://www2.gov.bc.ca/gov/content/family-social-supports/youth-and-family-services/youth-transitions>

## Know Your Rights Series for Youth

The Society for Children and Youth of BC is developing new legal workshops for our "Know Your Rights" series, aimed at youth in government care and former youth in care. To make these workshops as helpful as possible, we need your input!

Please share questions and concerns about legal issues that affect you as a youth in care or aging out of care. Your input will help us create targeted legal workshops to provide the support and information you need. Your responses will remain anonymous and confidential.

Topics covered in this survey include:

- Child Protection and Government Care,
- Housing and Tenancy,
- Education and Employment, and
- Family Law and Relationships.

Youth can participate in this 6 question survey by using the following link:

<https://info979148.typeform.com/to/qRCXSw21>

Thank you for helping us support youth through these workshops!

**BROUGHT TO YOU BY:**

## SUPPORT TO FAMILY CARE NETWORK PROGRAM

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### WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING  
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

**Need resources or information?**

**Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

[www.icsfp.info](http://www.icsfp.info)



**Find us on Facebook!**

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.