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STFC – SUPPORTING FOSTER FAMILIES

### IN PERSON

#### KAMLOOPS

##### Foster Parent Drop-In

Wednesday

9:00am - 10:00am

Followed by

**AUDIT**  
**Cancelled**  
**for BCFPA AGM**  
**Resuming Oct 9**

10am - 12Noon (PST)

Loft - 290 Maple St.

(2nd Floor of grey building)

### VIRTUAL

#### AUDIO BOOK CLUB

##### Raising Kids with Love

1st and 3rd Mondays

10am - 12Noon (PST)

ZOOM ID: 832 428 01289

#### WEST KOOTENAY

##### Foster Parent Drop-In

11:00am - 12Noon (PST)

Zoom ID: 250 608 7674

**Resumes Oct 11**

National Day  
for Truth and  
Reconciliation

Government of Canada

Canada



# WEEKLY Communiqué

SEPTEMBER 30

## NATIONAL DAY OF TRUTH & RECONCILIATION

Excerpt from INDIGENOUS CORPORATE TRAINING INC.

"It is vital to understand what Truth and Reconciliation is, and what it isn't. At its core, it is about mutual respect between Indigenous Peoples and non-Indigenous people. It is a way forward in which everyone can achieve their potential as individuals and as communities. It is a way forward where new relationships can be forged."

Working with Indigenous Peoples® blog has over 70 articles that touch on reconciliation in some way. From insight into myths about Indigenous Peoples to how to weave reconciliation into your meetings or examples of how companies are pledging to implement reconciliation initiatives you are sure to find something that will broaden your understanding of what reconciliation is and examples of how you can implement it into your work and life."

Check out their blog (and other resources) by visiting:

<https://www.ictinc.ca/blog/topic/reconciliation>

### HAVE YOU REGISTERED?

## CAREGIVER LEARNING NETWORK

This site will have training opportunities for caregivers across the province. Be sure to register and check the box to receive news. You will then receive all upcoming trainings and workshops such as Caregiver Wellness, Robyn Gobbel and more! To register, visit: [PSACLN CLMS](#)

Business Side of Fostering	Oct 15 & 17 9:30am – 11:30am (PST)
Safe Babies Training	Tuesday & Thursday mornings starting Oct 22
Healing Trauma Through Strengthening Resilience	Thursday, Nov 28 9:30am – 11:30am (PST)

Having trouble registering? Connect with Marna or your Network Facilitator!



## CANFASD NEW WEBINAR FASD AND EDUCATION: OCTOBER 4 10:00 AM

“Join us for our next webinar happening October 4th at 1:00 pm eastern time!

In this webinar, presenters Danna Ormstrup and Brenda Feland will share their years of experience working in the FASD and education field. Participants can expect to learn why there is a need to focus on the educational needs of children and youth with FASD while also receiving answers to common questions teachers and caregivers have about navigating FASD in the classroom.

Be sure to register now before it's too late as this is one you won't want to miss! If you are unable to attend the webinar, don't worry! **It will be recorded and posted on our YouTube channel to view at your convenience.**”

To register and to find out more, please visit:

<https://canfasd.ca/2024/09/16/new-webinar-fasd-and-education>

## MINDSPRING MENTAL HEALTH ALLIANCE FREE WEBINARS

Check out the webinars Mindspring Alliance is facilitating this October! If you can't make it – **register and receive the recording after!**

### I Don't Need Help: Supporting People Who Can't See Their Mental Illness

**October 2** – Discuss the reasons why people refuse mental health care and how to respond and cope with a licensed therapist.

**Bullying and the Impact on Children – October 7** - Explore the types of bullying, risk factors for being bullied, and how bullying impacts children at different developmental stages with a licensed therapist. Part 1 / 2 (**Part 2 on October 21**:

**Supporting Kids Who Have Experienced Bullying)**

**Understanding Eating Disorders – October 16**

**Understanding Cutting and Self Harm – October 17**

**Special Issues in Women's Mental Health – October 30**

To register and to find out more, please visit:

<https://www.mindspringhealth.org/get-involved/webinars-and-events#page=2>

**BROUGHT TO YOU BY:**

## SUPPORT TO FAMILY CARE NETWORK PROGRAM

**Program Coordinator: Kari Beppe**

[kbepple@interiorcommunityservices.bc.ca](mailto:kbepple@interiorcommunityservices.bc.ca)

**Cell: (250) 819-1919**

Office: (236) 421-0031 Toll Free: 1-877-376-3660

**Network Facilitators:**

**Renata Bonthoux** (250) 319-6557

[rbonthoux@interiorcommunityservices.bc.ca](mailto:rbonthoux@interiorcommunityservices.bc.ca)

**Jessica Galbraith** (250) 819-5819

[jgalbraith@interiorcommunityservices.bc.ca](mailto:jgalbraith@interiorcommunityservices.bc.ca)

**Marna Forsyth** (250) 609-2017

[mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

**Jayne Wesko** (250) 608-7674

[jwesko@arcprograms.com](mailto:jwesko@arcprograms.com)

**Tabitha Fournier** (250) 320-4603

[tfournier@interiorcommunityservices.bc.ca](mailto:tfournier@interiorcommunityservices.bc.ca)

**James Weir** (250) 426-6013

[jweir@interiorcommunityservices.bc.ca](mailto:jweir@interiorcommunityservices.bc.ca)



### WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING  
AND LOTS MORE!

BY COMING TOGETHER, WE'RE NOT ALONE

Have a youth in care? Be sure to check out our website or Facebook page!

## INDIGENOUS BOOK CORNER: VALLEY OF THE BIRDTAIL:

### AN INDIAN RESERVE, A WHITE TOWN, AND THE ROAD TO RECONCILIATION

by Andrew Stobo Sniderman and  
Douglas Sanderson (2023)

“Divided by a beautiful valley and 150 years of racism, the town of Rosburn and the Waywayseecappo Indian reserve have been neighbours nearly as long as Canada has been a country. Their story reflects much of what has gone wrong with relations between Indigenous Peoples and non-Indigenous Canadians. It also offers, in the end, an uncommon measure of hope.

Valley of the Birdtail chronicles how two communities became separate and unequal - and what this means for the rest of us. In Rosburn, which was once settled by Ukrainian immigrants fleeing poverty and persecution, family income is near the national average and more than a third of adults have graduated from university. In Waywayseecappo, the average family lives below the national poverty line and less than a third of adults have graduated from high school, with many haunted by their time in residential schools.

This book follows multiple generations of two families, one white and one Indigenous, weaving their lives into the larger story of Canada. It is a story of villains and heroes, irony and idealism, racism and reconciliation. Valley of the Birdtail has the ambition to change the way we think about our past and light a path to a better future.”

**Need resources or information?  
Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

[www.icsfp.info](http://www.icsfp.info)



**Find us on Facebook!**

Connect with us on our

‘ICS Support To Family Care Network’ Facebook page and our agency’s ‘Interior Community Services’ Facebook page.