



ZOOM MEETINGS
& TRAININGS.....1



ABORIGINAL
WORLDVIEWS AND
EDUCATION.....2



THE
BREAKTHROUGH
YEARS.....2

STFC – SUPPORTING FOSTER FAMILIES

**Happy Holidays from
our crew to yours!**



DON'T MISS ROBYN GOBBEL

Thursday, February 13 AND
Tuesday, March 4
9:00am – 12Noon (PST)

See attached posters for more information.

BUSINESS SIDE OF FOSTERING

January 20 & 27
6:30pm – 8:30pm (PST)

See attached posters for more information.

SAFE BABIES

Mon & Wed evenings
Starting Feb 3

See attached posters for more information.

IN PERSON KAMLOOPS

Foster Care
Cancelled until
Jan 8, 2025
9:00am – 11:00am (PST)

VIRTUAL WEST KOOTENAY

Foster Care
Cancelled until
Jan 10, 2025
11:00am – 1:00pm (PST)
Zoom ID: 250 608 7674

WEEKLY Communiqué



UPCOMING TRAINING WITH THE CAREGIVER LEARNING NETWORK

TRAFFICKING WORKSHOP

Tuesday, Jan 21
6:30 – 8:00pm (PST)

Join Family Services of Greater Vancouver as Brenda Lochhead, a long-time Victim Support Worker and counter-exploitation expert, shares her insights into how best to support exploited youth as they navigate the justice system -whether you are a support worker, family member, journalist, or donor. Learn about the specific issues exploited youth face and how FSGV is walking with them every step of their journeys.

CIRCLE OF SECURITY PARENTING FOR FOSTER PARENTS

Thursdays starting Jan 16
12:30pm – 2:00pm (PST)

At times all caregivers feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

CONNECT ATTACHMENT PROGRAM

Thurs Mornings
Jan 16 - Mar 20
9:30am –
11:00am (PST)

Tues Evenings
Jan 21 - Mar 25
6:30pm –
8:00pm (PST)

The Connect group supports kinship and foster carers of pre-teens and teens who struggle with serious social-emotional behavioural problems.

CARING FOR THE ROOTS

WITH TRACY AZEVEDO
(NEUFELD INSTITUTE)

Thursday, Feb 6
9:30am – 12Noon (PST)

Caring for children who are transplanted is definitely not for the faint of heart. With her own journey in foster parenting, Tracy knows that the impact on a child being uprooted from their people, even when in their best interest, can be deep and profound.

FAMILY VOICES PROJECT: HELPING SHAPE THE FUTURE OF CHILDREN AND YOUTH WITH SUPPORT NEEDS (CYSN) SERVICES

Report is now available! "We're thrilled to share the **Family Voices Project: Helping Shape the Future of CYSN Services**, a comprehensive research report highlighting the voices of families and individuals with lived experience. This collaboration between the Family Support Institute of BC (FSI) and UBC's Canadian Institute for Inclusion and Citizenship (CIIC) gathers invaluable insights on the state of services for children and youth with support needs (CYSN) across British Columbia. This report amplifies the voices of families, paving the way for systemic reform and ensuring that the unique needs of all children and youth with support needs are met."

What's inside?

- Key findings from 17 community gatherings across BC and 46 in-depth interviews.
- The challenges families face with current systems.
- Recommendations for family-centered, culturally safe, and equitable services.
- A roadmap for empowering families and improving service delivery.

To read and download the report, visit:

FAMILYVOICESPROJECT

FREE COURSE THROUGH: COURSERA AND THE UNIVERSITY OF TORONTO: ABORIGINAL WORLDVIEWS AND EDUCATION

"Intended for both Aboriginal and non-Aboriginal learners, this course will explore indigenous ways of knowing and how they can benefit all students. Topics include historical, social, and political issues in Aboriginal education; terminology; cultural, spiritual and philosophical themes in Aboriginal worldviews; and how Aboriginal worldviews can inform professional programs and practices, including but not limited to the field of education."

7 modules in the course:

1. Welcome and Orientation to the Course (20 minutes to complete)
2. Aboriginal Worldviews (2 hours to complete)
3. Aboriginal Worldviews Colliding with Newcomers (3 hours to complete)
4. A Brief History of Aboriginal Education (1 hour to complete)
5. Contemporary Themes in Aboriginal Education (1 hour to complete)
6. 8th Fire: Aboriginal Peoples, Canada & the Way Forward (2 hours to complete)
7. Extras (1 hour to complete)

To find out more and to register, visit:

<https://www.coursera.org/learn/aboriginal-education>

AUDIO BOOK CLUB: THE BREAKTHROUGH YEARS:

A NEW SCIENTIFIC FRAMEWORK FOR RAISING THRIVING TEENS

**Wednesdays
10:00am (PST)**

Starting January 8

Zoom ID: 832 428 01289

Galinsky's Shared Solutions framework and Possibilities Mindset show you how to turn daily conflicts into opportunities for problem-solving where both teens and parents feel listened to and respected; how to encourage positive risk-taking in your child like standing up for themselves, making new friends, and helping their communities; and how to promote five essential executive function-based skills that can help them succeed now and in the future. The Breakthrough Years recasts adolescence as a time of possibility for teens and adults, offering breakthrough opportunities for connection. See attached poster for more info.

BROUGHT TO YOU BY:

SUPPORT TO FAMILY CARE NETWORK PROGRAM

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WELCOME TO FED CONNECTS!

Fed Connects is a virtual space where the Fed Family can come together, share their experiences, stay well and learn new things!

WORKSHOPS • LIVE EVENTS • DISCUSSIONS • INFO SHARING

AND LOTS MORE!

Have a youth in care? Be sure to check out our website or Facebook page!

Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.