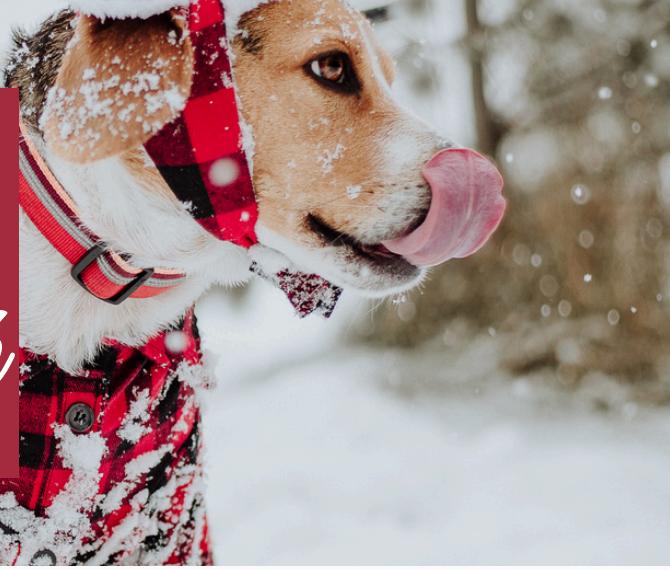


WEEKLY *Communiqué*

STFC Supporting Caregivers throughout BC's Interior



UPCOMING EVENTS

NEW!

NEW!

VIRTUAL FOSTER PARENT DROP-IN

Monday mornings
9:00am - 11am (PST)
Zoom ID: 878 8822 2406

CARING FOR THE ROOTS

Thursday, February 6
9:30am-12Noon (PST)

For more information, please see attached posters

**ADOLESCENT CLINICAL PSYCHOLOGIST
DR. HAYLEY WATSON**

SUBSTANCE USE PREVENTION, PART 2: CAREGIVER SESSIONS:

MENTAL HEALTH & DECISION-MAKING INFORMATION SESSIONS

The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson from Open Parachute, will host 3, free virtual sessions for caregivers that will focus on practical skills you can teach your child & youth (ages 0-19) to prevent substance use & mental health needs.

Key takeaways for participants during this session:

- Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of caregivers

Participants must register in advance. Session dates are:

- February 20, 6:00-7:30 pm PST
- February 25, 6:00-7:30 pm PST
- February 26, 6:00-7:30 pm PST

TIMES TO Connect

IN PERSON

WILLIAMS LAKE CAREGIVER COFFEE DROP-IN

Mondays
9:00am - 10:30am
Hearth Restaurant

KAMLOOPS FOSTER PARENT DROP-IN

Wednesdays
9:00am - 10:00am

Followed by:

**AUDIO BOOK CLUB
RISING STRONG
(BRENÉ BROWN!)**

Wednesdays
10am-12Noon (PST)

The Loft - 290 Maple St.
(2nd Floor of grey building)

VIRTUAL

**AUDIO BOOK CLUB
RISING STRONG
(BRENÉ BROWN!)**

Wednesdays
10am-12Noon (PST) OR
6:30pm - 8:30pm (PST)
Zoom ID: 832 4280 1289

WEST KOOTENAY FOSTER PARENT DROP-IN

FRIDAYS
11:00am - 12noon
Zoom ID: 250 608 7674

REPRESENTATIVE FOR CHILDREN AND YOUTH: DON'T LOOK AWAY ISSUES SPOTLIGHT

TOO MANY LEFT BEHIND: ENSURING CHILD & YOUTH WITH DISABILITIES THRIVE

The impact on children and youth with disabilities who are continually left out of and/or denied their right to access services in their childhood years is well-documented. Research consistently demonstrates that, without timely intervention, a child's ability to thrive and develop life-changing skills is seriously diminished.

In addition, not providing timely services in childhood can lead to greater costs for families and society in the long-term. To download the report, to find out more, including about the top 5 out-of-school and in-school services needed now, and where we go from here:

RCY's analysis estimates that between 55,000 and 83,000 children and youth with disabilities and their families are not receiving the publicly funded supports they need from Ministries like Children and Family Development, Health, Education and Child Care, Housing, and others.... far too many children and youth with disabilities have gone unserved or underserved for far too long.

[RCYBCTOOMANY](#)

THE BEST PLACE ADDICTION, INTERVENTIONS AND LIVING AND DYING YOUNG IN VANCOUVER

By Dr. Danya Fast (2024) "In both local and international imaginations, Vancouver, Canada, is often celebrated as one of the world's most beautiful, cosmopolitan, and livable cities. Simultaneously, the city continues to be ground zero for successive waves of public health emergency and intervention, including a recent and unprecedented drug overdose crisis driven by the proliferation of illicitly manufactured fentanyl and related analogs in the local drug supply. In *The Best Place: Addiction, Intervention, and Living and Dying Young in Vancouver*, Danya Fast explores these politics of place from the perspectives of young people who use drugs."

"Vancouver, located on the Pacific Ocean, is one of Canada's warmest cities and so while the weather is inclement from other geographic perspectives, it provides refuge for large numbers of people without homes or adequate incomes. Many of these are young people who use drugs, attracted to Vancouver by the city's self-promotion as one of the world's most desirable locales, if also the site of some of the starkest poverty in Canada. Here, as Danya Fast describes in *The Best Place*, they struggle to make a home, to build and sustain friendships and romances and to hold on to imagined futures that are not determined by drugs, violence and loss."

Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

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Enriching Lives. Strengthening Communities

Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info/outofcareproviders



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network'

Facebook page and our agency's

'Interior Community Services'

Facebook page.