

VOL. 6 ISSUE 11 | MARCH 17, 2025

WEEKLY *Communique*

STFC Supporting Caregivers throughout BC's Interior

DON'T MISS THESE UPCOMING EVENTS

HOW TO CAREGIVE DURING TIMES OF GRIEF AND LOSS

Tuesday, April 1
9:30am-12:30pm (PST)

HOPE FOR THE JOURNEY

FOUR TUESDAY MORNINGS
APRIL 15, 22, 29 & MAY 6
9:30am-12:30pm (PST)
*Trust-Based Relational
Intervention model*

BUSINESS SIDE OF FOSTERING

THURSDAY MORNINGS
APRIL 3 & 10
9:30am - 11:30am (PST)

SAFEBABIES TRAINING

**MONDAY & THURSDAY
MORNINGS**
MAY 5 - JUNE 5
9:30am - 11:30am (PST)

CARING

**FOR THE ROOTS
WITH TRACY AVEZEDO**

**AVAILABLE ONLY
UNTIL APRIL 7**

CHARLENE CROUKAMP TOOLS AND TIPS FOR SUCCESSFUL CONFLICT RESOLUTION

Monday, April 7
9:30am-11:30am (PST)

DBT SKILLS

FOUR THURSDAY MORNINGS
APRIL 3, 10, 17 & 24
10:00am-12Noon (PST)
*(Mindfulness, Emotional
Regulation, Distress Tolerance
& Interpersonal Effectiveness)*

**Sexual Health Education
Series for Teens**

GENDER AND SEXUAL ORIENTATION with KERRI ISHAM

WEDNESDAY, APRIL 23, 2025
6:30pm - 8:00pm (PST)

WATCH FOR UPCOMING WORKSHOPS INCLUDING:

**CIRCLE OF SECURITY
PARENTING FOR FOSTER
CAREGIVERS**

**TOILETING 101 & POOP
TEACHING 101**

For more information, please click the titles.

TIMES TO *Connect* IN PERSON

KAMLOOPS

FOSTER PARENT DROP-IN

Wednesdays
9:00am - 10:00am

Followed by:

**AUDIO BOOK CLUB
HOW TO... SO
TEEN... TEN**
**RESUMING
APRIL 23**

10:00am-12:00pm (PST)
The Loft - 290 Maple St.
(2nd Floor of grey building)

VIRTUAL

FOSTER PARENT DROP-IN

MONDAYS
9:00am - 11:00am(PST)
Zoom ID: 878 8822 2406

**AUDIO BOOK CLUB
HOW... TEN**
**RESUMING
APRIL 23**

**10am-12Noon (PST) OR
6:30pm - 8:30pm (PST)**
Zoom ID: 832 4280 1289

WEST KOOTENAY FOSTER PARENT DROP-IN

**RESUMING
APRIL 4**
12noon
250 608 7674

If there's a cause worth fighting for it's this: Children belong in families! Nicole Skellenger

MARCH

FREE ONLINE TRAINING

FOCUS FORWARD: **THE ULTIMATE ADHD SUMMIT TO HELP KIDS THRIVE**

**One Day - 12 Experts -
Wednesday, April 2, 2025**

"Don't miss this incredible panel of world-renowned ADHD and executive function experts! This virtual event will give you the tools to end your kids' and teens' struggles with focus, organization, and other critical skills.

Our experts give you actionable, "right now" strategies to help kids & teens with ADHD:

- Manage their time effectively
- Get started on tasks without constant reminders
- Filter distractions and boost focus
- Improve organization and problem-solving
- Regulate emotions and control reactions
- Feel motivated to get things done

Colin Guare - Co-author of "Smart But Scattered"

Dr. Thomas Armstrong - Author of "The Myth of the ADHD Child"

Dr. Sharon Saline - Author of "What Your ADHD Child Wishes You Knew"

KIM BARTHEL

APRIL 16

BECOMING A BEHAVIOURAL DETECTIVE:

**Understanding and Supporting Complex
Behaviour**

Kim Barthel is a world-renowned speaker, teacher, therapist and best-selling author. Kim specializes in the fields of relational trauma and sensory processing with field experience around the world including Kosovo, Gaza and post-Katrina New Orleans. With over 35+ years of experience in occupational therapy, Kim has brought her concept of sensory processing intervention to help support children and adults with autism, FASD, and attachment-based challenges. A tuned-in caring person can have a profound healing impact upon children and adults who have experienced any form of developmental trauma, grief, loss, or separation. Discover how this attuned relationship is "therapeutic" and capable of rewiring old neuronal networks and behavioural patterns at any age.

This workshop is open to caregivers, social workers, teachers, early childhood educators, counsellors, clinicians and other service providers.

**Replay will be available -
BUT ONLY IF YOU REGISTER!**

Connect with us... **SUPPORT TO FAMILY CARE NETWORK PROGRAM**

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**Interior
Community
Services**
Enriching Lives. Strengthening Communities

Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:
www.icsfp.info/outofcareproviders



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'ICS Support To Family Care Network'
Facebook page and our agency's
'Interior Community Services'
Facebook page.