

VOL. 6 ISSUE 14 | APRIL 7, 2025

# WEEKLY *Communique*

STFC Supporting Caregivers throughout BC's Interior

## TIMES TO *Connect*

### IN PERSON

#### WILLIAMS LAKE DROP-IN

Wednesdays  
9:00am - 2:00pm(PST)  
At the Foundry

#### KAMLOOPS FOSTER PARENT DROP-IN

Wednesdays  
9:00am - 10:00am  
At the Loft  
(2nd Floor of grey  
building)

#### KAMLOOPS

AUDIO BOOK CLUB  
HOW TO TALK SO  
TEENS WILL  
LISTEN

Wednesdays  
10am-12noon (PST)  
The Loft of grey  
building)

**RESUMING  
APRIL 23**

### VIRTUAL

#### FOSTER PARENT DROP-IN

MONDAYS  
9:00am - 11:00am(PST)  
Zoom ID: 878 8822 2406

#### WEST KOOTENAY FOSTER PARENT DROP-IN

FRIDAYS  
11:00am - 12noon  
Zoom ID: 250 608 7674

#### AUDIO BOOK CLUB HOW TO TALK SO TEENS WILL LISTEN

Wednesdays  
10am-12noon (PST)  
6:30am - 7:30am (PST)  
Zoom ID: 878 8822 2406

**RESUMING  
APRIL 23**

## UPCOMING EVENTS

### CHARLENE CROUKAMP

#### TOOLS AND TIPS FOR SUCCESSFUL CONFLICT RESOLUTION

Monday, April 7  
9:30am-11:30am (PST)  
Recording will be available  
for those unable to attend.

#### HOPE FOR THE JOURNEY

FOUR TUESDAY MORNINGS  
APRIL 15, 22, 29 & MAY 6  
9:30am-12:30pm (PST)  
Trust-Based Relational  
Intervention model

Sexual Health Education  
Series for Teens

#### GENDER AND SEXUAL ORIENTATION with KERRI ISHAM

WEDNESDAY, APRIL 23  
6:30pm - 8:00pm (PST)

#### CIRCLE OF SECURITY PARENTING FOR FOSTER PARENTS

THURSDAY AFTERNOONS  
STARTING MAY 1  
12:30pm - 2:00pm (PST)

For more info, please click the titles.

### DBT SKILLS

THURSDAY MORNINGS  
APRIL 10, 17 & 24  
10:00am-12Noon (PST)  
These sessions will be  
recorded

### TOILETING 101

TUESDAY, MAY 20  
10:00am - 12Noon (PST)

### SAFEBABIES TRAINING

MONDAY & THURSDAY  
MORNINGS  
MAY 5 - JUNE 5  
9:30am - 11:30am (PST)

*Children are not a distraction from more important work; they are the most important work. Unknown*



APRIL  
SUNDAY

**AUTISM  
AWARENESS  
MONTH**

## BOOKS ON AUTISM

### **BIGGER THAN THE MOON: A PARENT'S JOURNEY WITH AUTISM**

by Syreeta N. Brown (2025)

"From loss and trauma to acceptance and achievement, Chloe's birth was both an ending and a beginning.

In **BIGGER THAN THE MOON**, Syreeta Brown recounts a transformative and deeply personal journey as the parent of a child with autism, traversing life pre-diagnosis through to her daughter's eighth birthday.

Over the course of the book, Syreeta highlights a number of key issues that parents and carers of children with autism may face – advocating for diagnosis, navigating local authority processes, coping with 'invisible' learning needs – and how to effectively manage these.

This is not just a story about parenting a child with autism; it's a story of personal transformation, resilience, and finding light in the darkest moments. Honest, hopeful, and deeply moving, **Bigger Than the Moon** offers inspiration for those facing similarly unexpected challenges, showing that even the toughest journeys can lead to profound change.

## **FREE VIRTUAL CHILDREN'S MENTAL HEALTH + PARENTING SPRING SUMMIT**

**Join leading experts at the summit and gain powerful, research-backed strategies and tools to foster wellness.**

"23 Experts discussing incredible topics: Youth Anxiety, Trauma, Re-Connection, Picky Eating, + so much more!

All the Summit content will be available exclusively through our desktop or mobile app program (Mighty Network). You can download the app now and create a FREE account so that you are ready for the Summit. Once app is downloaded, you can search "Institute of Child Psychology"

Certificates are available only to participants that purchase the recordings. Participants which have only signed up for the Free event will not have access to certificates."

**Get a FREE GIFT with registration:  
Your Guide to  
Raising a Highly Sensitive Child**

## *Connect with us...* **SUPPORT TO FAMILY CARE NETWORK PROGRAM**

**Program Coordinator: Kari Bepple**  
[kbepple@interiorcommunityservices.bc.ca](mailto:kbepple@interiorcommunityservices.bc.ca)  
Cell: (250) 819-1919

Office: (236) 421-0031 Toll Free: 1-877-376-3660

**Network Facilitators:**  
Renata Bonthoux (250) 319-6557  
[rbonthoux@interiorcommunityservices.bc.ca](mailto:rbonthoux@interiorcommunityservices.bc.ca)  
Jessica Galbraith (250) 819-5819  
[jgalbraith@interiorcommunityservices.bc.ca](mailto:jgalbraith@interiorcommunityservices.bc.ca)  
Marna Forsyth (250) 609-2017  
[mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)  
Jane Wesko (250) 608-7674  
[jwesko@arcprograms.com](mailto:jwesko@arcprograms.com)

Tabitha Fournier (250) 320-4603  
[tfournier@interiorcommunityservices.bc.ca](mailto:tfournier@interiorcommunityservices.bc.ca)  
James Weir (250) 426-6013  
[jweir@interiorcommunityservices.bc.ca](mailto:jweir@interiorcommunityservices.bc.ca)



**Interior  
Community  
Services**  
Enriching Lives. Strengthening Communities

### **Need resources or information? Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:  
[www.icsfp.info/outofcareproviders](http://www.icsfp.info/outofcareproviders)



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**'ICS Support To Family Care Network'**  
Facebook page and our agency's  
**'Interior Community Services'**  
Facebook page.