

WEEKLY Communiqué

STFC Supporting Caregivers throughout BC's Interior



TIMES TO Connect

IN PERSON

WILLIAMS LAKE DROP-IN

Wednesdays
9:00am - 2:00pm (PST)
At the Foundry

KAMLOOPS FOSTER PARENT DROP-IN

Wednesdays
9:00am - 10:00am
At the Loft
(2nd Floor of grey building)

KAMLOOPS

AUDIO BOOK CLUB HOW TO TALK SO TEENS WILL LISTEN

Wednesday
10am-12Noon (PST)
The Loft (2nd floor of grey
building)

**RESUMING
APRIL 23**

VIRTUAL

FOSTER PARENT DROP-IN

MONDAYS
9:00am - 11:00am (PST)
Zoom ID: 878 8822 2406

WEST KOOTENAY FOSTER PARENT DROP-IN

FRIDAYS
11:00am - 12noon
Zoom ID: 250 608 7674

AUDIO BOOK CLUB HOW TO TALK SO TEENS WILL LISTEN

Wednesday
10am-12Noon (PST)
6:30pm - 8:00pm (PST)
Zoom ID: 878 8822 2406

**RESUMING
APRIL 23**

UPCOMING EVENTS

CHARLENE CROUKAMP

TOOLS AND TIPS FOR SUCCESSFUL CONFLICT RESOLUTION

Monday, April 7

9:30am-11:30am (PST)

Recording will be available
for those unable to attend.

HOPE FOR THE JOURNEY

FOUR TUESDAY MORNINGS

APRIL 15, 22, 29 & MAY 6

9:30am-12:30pm (PST)

Trust-Based Relational
Intervention model

Sexual Health Education Series for Teens

GENDER AND SEXUAL ORIENTATION with KERRI ISHAM

WEDNESDAY, APRIL 23

6:30pm - 8:00pm (PST)

CIRCLE OF SECURITY PARENTING

FOR FOSTER PARENTS

THURSDAY AFTERNOONS

STARTING MAY 1

12:30pm - 2:00pm (PST)

DBT SKILLS

THURSDAY MORNINGS

APRIL 10, 17 & 24

10:00am-12Noon (PST)

These sessions will be
recorded

TOILETING 101

TUESDAY, MAY 20

10:00am - 12Noon (PST)

SAFEBABIES TRAINING

MONDAY & THURSDAY

MORNINGS

MAY 5 - JUNE 5

9:30am - 11:30am (PST)

For more info, please click the titles.



APRIL
SUNDAY

**AUTISM
AWARENESS
MONTH**

BOOKS ON AUTISM

BIGGER THAN THE MOON: A PARENT'S JOURNEY WITH AUTISM

by Syreeta N. Brown (2025)

"From loss and trauma to acceptance and achievement, Chloe's birth was both an ending and a beginning.

In BIGGER THAN THE MOON, Syreeta Brown recounts a transformative and deeply personal journey as the parent of a child with autism, traversing life pre-diagnosis through to her daughter's eighth birthday.

Over the course of the book, Syreeta highlights a number of key issues that parents and carers of children with autism may face – advocating for diagnosis, navigating local authority processes, coping with 'invisible' learning needs – and how to effectively manage these.

This is not just a story about parenting a child with autism; it's a story of personal transformation, resilience, and finding light in the darkest moments. Honest, hopeful, and deeply moving, Bigger Than the Moon offers inspiration for those facing similarly unexpected challenges, showing that even the toughest journeys can lead to profound change.

FREE VIRTUAL CHILDREN'S MENTAL HEALTH + PARENTING SPRING SUMMIT

**Join leading experts at the summit and
gain powerful, research-backed
strategies and tools to foster wellness.**

"23 Experts discussing incredible topics: Youth Anxiety, Trauma, Re-Connection, Picky Eating, + so much more!

All the Summit content will be available exclusively through our desktop or mobile app program (Mighty Network). You can download the app now and create a FREE account so that you are ready for the Summit. Once app is downloaded, you can search "Institute of Child Psychology"

Certificates are available only to participants that purchase the recordings. Participants which have only signed up for the Free event will not have access to certificates."

**Get a FREE GIFT with registration:
Your Guide to
Raising a Highly Sensitive Child**

Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

Program Coordinator: Kari Bepple

kbepple@interiorcommunityservices.bc.ca

Cell: (250) 819-1919

Office: (236) 421-0031 Toll Free: 1-877-376-3660

Network Facilitators:

Renata Bonthoux (250) 319-6557

rbonthoux@interiorcommunityservices.bc.ca

Jessica Galbraith (250) 819-5819

jgalbraith@interiorcommunityservices.bc.ca

Marna Forsyth (250) 609-2017

mforsyth@interiorcommunityservices.bc.ca

Jane Wesko (250) 608-7674

jwesko@arcprograms.com

Tabitha Fournier (250) 320-4603

tfournier@interiorcommunityservices.bc.ca

James Weir (250) 426-6013

jweir@interiorcommunityservices.bc.ca



**Need resources or information?
Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website: www.icsfp.info/outofcareproviders

 **Find us on Facebook!**
Connect with us on our 'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.