

VOL. 6 ISSUE 16 | APRIL 21, 2025

# WEEKLY *Communique*

STFC Supporting Caregivers throughout BC's Interior

## IN PERSON DROP-INS & EVENTS

### 100 MILE HOUSE COFFEE & CHAT

Monday, April 28  
9:30am - 11:00am(PST)  
At Smitty's

### WILLIAMS LAKE COFFEE & CHAT

Tuesday, April 29  
9:30am - 11:00am(PST)  
At Hearth Restaurant

### WILLIAMS LAKE DROP-IN

Weekly on Wednesdays  
9:00am - 2:00pm(PST)  
At the Foundry

### KAMLOOPS FOSTER PARENT DROP-IN

Wednesdays  
9:00am - 10:00am

At the Loft  
(2nd Floor of grey  
building)

*Followed by:*

AUDIO BOOK CLUB  
**HOW TO TALK SO  
TEENS WILL  
LISTEN**

Wednesdays  
10am-12Noon (PST)

## VIRTUAL DROP-INS & EVENTS

### FOSTER PARENT DROP-IN

Weekly on Mondays  
9:00am - 11:00am(PST)  
Zoom ID: 878 8822 2406

### WEST KOOTENAY FOSTER PARENT DROP-IN

Weekly on Fridays  
11:00am - 12noon  
Zoom ID: 250 608 7674



### AUDIO BOOK CLUB

**HOW TO TALK SO  
TEENS WILL LISTEN**

Wednesdays  
10am-12Noon (PST) OR  
6:30pm - 8:30pm (PST)  
Zoom ID: 832 4280 1289



**STARTING  
THIS WEEK**

## UPCOMING EVENTS

Sexual Health Education  
Series for Teens

**GENDER AND SEXUAL  
ORIENTATION with  
KERRI ISHAM**

WEDNESDAY, APRIL 23  
6:30pm - 8:00pm (PST)

**CIRCLE OF SECURITY  
PARENTING  
FOR FOSTER PARENTS**

THURSDAY AFTERNOONS  
STARTING MAY 1  
12:30pm - 2:00pm (PST)

### **DBT SKILLS**

THURSDAY MORNINGS  
APRIL 10, 17 & 24  
10:00am-12Noon (PST)  
These sessions will be  
recorded

### **TOILETING 101**

TUESDAY, MAY 20  
10:00am - 12Noon (PST)

### **SAFEBABIES TRAINING**

MONDAY & THURSDAY  
MORNINGS  
MAY 5 - JUNE 5  
9:30am - 11:30am (PST)

For more info, please click the titles.



### ON-DEMAND PAGE

(ON THE CLN)

You can now watch all the  
replays on one place!  
And, yes, both Robyn Gobbel  
trainings are now there to  
watch!

### **HOPE FOR THE JOURNEY**

FOUR TUESDAY MORNINGS  
APRIL 15, 22, 29 & MAY 6  
9:30am-12:30pm (PST)  
Trust-Based Relational  
Intervention model

*Children are not a distraction from more important work; they are the most important work. Unknown*



APRIL  
SUNDAY

# AUTISM AWARENESS MONTH

## BOOKS BY: TEMPLE GRANDIN

### NAVIGATING AUTISM: 9 MINDSETS FOR HELPING KIDS ON THE SPECTRUM

by Temple Grandin and Debra Moore (Sept 2021)

"Empowering strategies for anyone who works with children and teens on the spectrum. International best-selling writer and autistic Temple Grandin joins psychologist Debra Moore in presenting nine strengths-based mindsets necessary to successfully work with young people on the autism spectrum. Examples and stories bring the approaches to life, and detailed suggestions and checklists help readers put them to practical use. Temple Grandin shares her own personal experiences and anecdotes from parents and professionals who have sought her advice, while Debra Moore draws on more than three decades of work as a psychologist with kids on the spectrum and those who love and care for them. So many people support the lives of these kids, and this book is for all of them: teachers; special education staff; mental health clinicians; physical, occupational, and speech therapists; parents; and anyone interacting with autistic children or teens."

### AUTISM AND ADOLESCENCE: WHAT TEENS & ADULTS NEED TO KNOW

by Temple Grandin (Sept 2024)

"Dr. Temple Grandin draws on her hard-won experience to deliver an essential guidebook for guiding and nurturing autistic youth. She gets to the real issues of autistic adolescents — the ones parents, teachers, and individuals on the spectrum face every day."

Topics in Autism and Adolescence include:

- Enhancing social skills
- Developing talents
- Autism and driving
- Preparing for college
- Strategies for non-verbal teens
- And much more!

In these helpful pages, Dr. Grandin offers do's and don'ts, practical strategies, and try-it-now tips, all based on her insider perspective and extensive research. She argues that adolescents on the spectrum must focus on their overlooked strengths to foster their unique contributions to the world. She has packed a wealth of knowledge into this book, which also serves as an excellent reference for the parents, educators, and caregivers of autistic adolescents. This important book shows why the world needs every kind of mind."

Check out some of Temple Grandin's other books:

- **Visual Thinking: The Hidden Gifts of People Who Think in Pictures, Patterns, and Abstractions (2023)**
- **Autism and Education: What Parents and Teachers Need to Know (2023)**
- **The Outdoor Scientist: The Wonder of Observing the Natural World (2022)**

## Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

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**Interior  
Community  
Services**  
Enriching Lives. Strengthening Communities

### Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:  
[www.icsfp.info/outofcareproviders](http://www.icsfp.info/outofcareproviders)



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Facebook page.