

WEEKLY Communiqué

STFC Supporting Caregivers throughout BC's Interior

IN PERSON DROP-INS & EVENTS

100 MILE HOUSE COFFEE & CHAT

Monday, April 28
9:30am - 11:00am (PST)
At Smitty's

WILLIAMS LAKE COFFEE & CHAT

Tuesday, April 29
9:30am - 11:00am (PST)
At Hearth Restaurant

WILLIAMS LAKE DROP-IN

Weekly on Wednesdays
9:00am - 2:00pm (PST)
At the Foundry

KAMLOOPS FOSTER PARENT DROP-IN

Wednesdays
9:00am - 10:00am
At the Loft
(2nd Floor of grey building)

Followed by:
AUDIO BOOK CLUB
HOW TO TALK SO TEENS WILL LISTEN
Wednesdays
10am-12Noon (PST)

VIRTUAL DROP-INS & EVENTS

FOSTER PARENT DROP-IN

Weekly on Mondays
9:00am - 11:00am (PST)
Zoom ID: 878 8822 2406

WEST KOOTENAY FOSTER PARENT DROP-IN

Weekly on Fridays
11:00am - 12noon
Zoom ID: 250 608 7674



AUDIO BOOK CLUB

HOW TO TALK SO TEENS WILL LISTEN

Wednesdays
10am-12Noon (PST) OR
6:30pm - 8:30pm (PST)
Zoom ID: 832 4280 1289



STARTING THIS WEEK

ON-DEMAND PAGE (ON THE CLN)

You can now watch all the replays on one place!
And, yes, both Robyn Gobbel trainings are now there to watch!

HOPE FOR THE JOURNEY

FOUR TUESDAY MORNINGS
APRIL 15, 22, 29 & MAY 6
9:30am-12:30pm (PST)
Trust-Based Relational Intervention model

UPCOMING EVENTS

Sexual Health Education
Series for Teens
GENDER AND SEXUAL ORIENTATION with KERRI ISHAM

WEDNESDAY, APRIL 23
6:30pm - 8:00pm (PST)

CIRCLE OF SECURITY PARENTING FOR FOSTER PARENTS

THURSDAY AFTERNOONS
STARTING MAY 1
12:30pm - 2:00pm (PST)

DBT SKILLS

THURSDAY MORNINGS
APRIL 10, 17 & 24
10:00am-12Noon (PST)
These sessions will be recorded

TOILETING 101

TUESDAY, MAY 20
10:00am - 12Noon (PST)

SAFEBABIES TRAINING

MONDAY & THURSDAY MORNINGS
MAY 5 - JUNE 5
9:30am - 11:30am (PST)

For more info, please click the titles.



BOOKS BY: TEMPLE GRANDIN

NAVIGATING AUTISM: 9 MINDSETS FOR HELPING KIDS ON THE SPECTRUM

by Temple Grandin and Debra Moore (Sept 2021)

“Empowering strategies for anyone who works with children and teens on the spectrum. International best-selling writer and autist Temple Grandin joins psychologist Debra Moore in presenting nine strengths-based mindsets necessary to successfully work with young people on the autism spectrum. Examples and stories bring the approaches to life, and detailed suggestions and checklists help readers put them to practical use. Temple Grandin shares her own personal experiences and anecdotes from parents and professionals who have sought her advice, while Debra Moore draws on more than three decades of work as a psychologist with kids on the spectrum and those who love and care for them. So many people support the lives of these kids, and this book is for all of them: teachers; special education staff; mental health clinicians; physical, occupational, and speech therapists; parents; and anyone interacting with autistic children or teens.”

APRIL

AUTISM AWARENESS MONTH

AUTISM AND ADOLESCENCE: WHAT TEENS & ADULTS NEED TO KNOW

by Temple Grandin (Sept 2024)

“Dr. Temple Grandin draws on her hard-won experience to deliver an essential guidebook for guiding and nurturing autistic youth. She gets to the real issues of autistic adolescents — the ones parents, teachers, and individuals on the spectrum face every day.

Topics in Autism and Adolescence include:

- Enhancing social skills
- Developing talents
- Autism and driving
- Preparing for college
- Strategies for non-verbal teens
- And much more!

In these helpful pages, Dr. Grandin offers do's and don'ts, practical strategies, and try-it-now tips, all based on her insider perspective and extensive research. She argues that adolescents on the spectrum must focus on their overlooked strengths to foster their unique contributions to the world. She has packed a wealth of knowledge into this book, which also serves as an excellent reference for the parents, educators, and caregivers of autistic adolescents. This important book shows why the world needs every kind of mind.”

Check out some of Temple Grandin's other books:

- **Visual Thinking: The Hidden Gifts of People Who Think in Pictures, Patterns, and Abstractions** (2023)
- **Autism and Education: What Parents and Teachers Need to Know** (2023)
- **The Outdoor Scientist: The Wonder of Observing the Natural World** (2022)

Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

Program Coordinator: Kari Bepple

kbepple@interiorcommunityservices.bc.ca

Cell: (250) 819-1919

Office: (236) 421-0031 Toll Free: 1-877-376-3660

Network Facilitators:

Renata Bonthoux (250) 319-6557

rbonthoux@interiorcommunityservices.bc.ca

Jessica Galbraith (250) 819-5819

jgalbraith@interiorcommunityservices.bc.ca

Marna Forsyth (250) 609-2017

mforsyth@interiorcommunityservices.bc.ca

Jane Wesko (250) 608-7674

jwesko@arcprograms.com

Tabitha Fournier (250) 320-4603

tfournier@interiorcommunityservices.bc.ca

James Weir (250) 426-6013

jweir@interiorcommunityservices.bc.ca



Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program?

Find all this and much more at our website:

www.icsfp.info/outofcareproviders



Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network'

Facebook page and our agency's

'Interior Community Services'

Facebook page.