

WEEKLY Communiqué

STFC Supporting Caregivers throughout BC's Interior

IN PERSON DROP-INS & EVENTS

EAST KOOTENAY MINI-GOLF AND PIZZA

Monday, April 28
5:00 - 7:00pm (MST)
At Elizabeth Lake Lodge

100 MILE HOUSE COFFEE & CHAT

Monday, April 28
9:30am - 11:00am (PST)
At Smitty's

WILLIAMS LAKE COFFEE & CHAT

Tuesday, April 29
9:30am - 11:00am (PST)
At Hearth Restaurant

WILLIAMS LAKE DROP-IN

Weekly on Wednesdays
9:00am - 2:00pm (PST)
At the Foundry

KAMLOOPS FOSTER PARENT DROP-IN

Wednesdays
9:00am - 10:00am
At the Loft
(2nd Floor of grey
building)

Followed by:

AUDIO BOOK CLUB HOW TO TALK SO TEENS WILL LISTEN

Wednesdays
10am-12Noon (PST)



VIRTUAL DROP-INS & EVENTS

FOSTER PARENT DROP-IN

Weekly on Mondays
9:00am - 11:00am (PST)
Zoom ID: 878 8822 2406

WEST KOOTENAY FOSTER PARENT DROP-IN

Weekly on Fridays
11:00am - 12noon
Zoom ID: 250 608 7674

AUDIO BOOK CLUB HOW TO TALK SO TEENS WILL LISTEN

Wednesdays
10am-12Noon (PST) OR
6:30pm - 8:30pm (PST)
Zoom ID: 832 4280
1289



There's more to me.

Open and honest
conversations connect us all.
#UnmaskingMentalHealth



CMHA Mental Health Week ▶ May 5 - 11, 2025

PROVINCIAL SUPPORT AGENCY
CAREGIVER LEARNING
NETWORK

HOPE FOR THE JOURNEY

FOUR TUESDAY MORNINGS
APRIL 29 & MAY 6, 13 & 20
9:30am-12:30pm (PST)

Trust-Based Relational
Intervention model

EVENTS

CIRCLE OF SECURITY PARENTING FOR FOSTER PARENTS

THURSDAY AFTERNOONS
STARTING MAY 1
12:30pm - 2:00pm (PST)

For more info, please click the titles.

TOILETING 101

TUESDAY, MAY 20
10:00am - 12Noon (PST)

SAFEBABIES TRAINING

MONDAY & THURSDAY
MORNINGS
MAY 5 - JUNE 5
9:30am - 11:30am (PST)



APRIL

SUNDAY

AUTISM AWARENESS MONTH

YOUTH IN CARE ARE AWESOME

Submit your work by May 20, 2025

2025 CAMPAIGN

#YouthInCareAreAwesome

BC CHILD & YOUTH
IN CARE WEEK

Notice. Listen. Respect.

https://www.bcchildandyouthincareweek.com/youthincareareawesome-campaign.html

#YouthInCareAreAwesome

#YouthInCareAreAwesome

Moe

BC CHILD & YOUTH
IN CARE WEEK

Notice. Listen. Respect.

This drawing depicts the kindness and gentleness of the world around me. When in care it can be lonely and isolating but I found amazing people who have made me who I am.

- EL

#YouthInCareAreAwesome

Dalton

Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

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OPEN PARACHUTE VIDEOS

Neuroaffirming Care: An Introduction For Parents and Caregivers of Autistic and ADHD Kids and Teens

"What is the Neuroaffirming Model? It's implications for how we raise, teach and 'treat' ND people. Suggestions, Strategies & Supports."

Substance Use Prevention Part 2: Mental Health & Decision Making

"What are the factors that contribute to substance use? What is the relationship between mental health and substance youth? How can I lay a foundation for prevention in my home?"

Substance Use Prevention Part 1: A Guide for Parents and Caregivers

SUPPORTING STUDENTS: Anxiety Peer Pressure

Understanding Friendships and Bullying

"Parental Insights and Strategies"

Finding the Words

"Supporting Struggling Students Through Guided Conversations"

Supporting Your Child with Anxiety

"Spot the Signs and Learn Practical Strategies for Best Supporting Your Child with Fear and Worry."

Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website: www.icsfp.info/outofcareproviders

Find us on Facebook!

Connect with us on our 'ICS Support To Family Care Network' Facebook page and our agency's 'Interior Community Services' Facebook page.