

WEEKLY Communiqué

STFC Supporting Caregivers throughout BC's Interior

JUNE 2- 8, 2025 IS BC CHILD & YOUTH IN CARE WEEK



JUNE 2 – JUNE 8, 2025
BC Child & Youth in Care Week
notice. listen. respect. • celebrate children & youth in care
WWW.BCCILDANDYOUTHINCAREWEEK.COM

"BC Child and Youth in Care Week (BCCYICW) is a time for everyone to support and celebrate of our province's incredible, diverse young people in government care." (BC Fed)

IN PERSON

KAMLOOPS

FOSTER PARENT DROP-IN

Wednesdays
9:00am - 10:00am

At the Loft

(2nd Floor of grey building)

Followed by:

AUDIO BOOK CLUB

ADHD IS AWESOME: A GUIDE TO (MOSTLY) THRIVING WITH ADHD

Wednesdays
10am-12Noon (PST)

WEST KOOTENAY

FOSTER PARENT DROP-IN

Fridays

11:00am - 12noon
Zoom ID: 250 608 7674

VIRTUAL

FOSTER PARENT DROP-IN

Mondays

9:00am - 11:00am (PST)
Zoom ID: 878 8822 2406

ADHD IS AWESOME: A GUIDE TO (MOSTLY) THRIVING WITH ADHD

Wednesdays

10am-12Noon (PST) OR
6:00pm - 8:00pm (PST)
Zoom ID: 832 4280 1289

PROVINCIAL SUPPORT AGENCY
CAREGIVER LEARNING NETWORK

DR CINDY BLACKSTOCK

MONDAY, JUNE 16
9:30am - 11:30am (PST)

PREPARING FOR ADULTHOOD

THURSDAY, JUNE 19
6:30am - 8:30pm (PST)

ISPARC: MOVE PLAY COMPLETE RISE GRANTS

Resilient, Inspire, Strength and Engage
Getting active and creating life changing
experiences for Children and Youth in
and out of Care

The Province of British Columbia and the Indigenous Sport, Physical Activity & Recreation Council (I-SPARC) believe in the power of sport, physical activity, recreation, and culture. They build strong individuals and healthy communities by creating a sense of belonging, developing life skills, and self-confidence. However, the reality is that financial pressures mean many children and youth are unable to participate in sport, recreation, physical activity and cultural opportunities. These financial pressures are heightened for children and youth in and from government care.

The RISE Grant is open to ALL children and youth (under the age of 27) who are or have been registered In Care in British Columbia, regardless of ancestry who wish to participate in a sport, physical activity, recreation, and/or cultural program opportunity.

SPRING/SUMMER: April 1 – June 15

SOCIAL THINKING™

4 STEP FRAMEWORK FOR EXECUTIVE FUNCTIONS

"Support social learners in developing executive functioning skills with a simple 4-step framework. Learn how routines, goal-setting, self-regulation, and flexible thinking build the foundation for success in school, friendships, and life."

"Across the school years, teachers expect students to start using a range of executive functions. These early executive functions are typically not explicitly taught but adults assume kids are accessing them to self-regulate across the school day. They include but are not limited to:

1. Focus/impulse control
2. Emotional control
3. Flexible thinking
4. Working memory
5. Self-monitoring for self-regulation and co-regulation
6. Organization/planning/prioritizing
7. Task initiation
8. Perspective taking

Simultaneously, children are also required to organize themselves to engage in goal-oriented tasks across the day, whether they are in the classroom, on the playground, at home, or in the community."

CHILDREN AND SCREENS: INSTITUTE OF DIGITAL MEDIA AND CHILD DEVELOPMENT

"The Institute advances and supports the expansion of high-quality, interdisciplinary research and multi-field interaction to enhance understanding of the impact of digital media on children.

As technology becomes more ubiquitous in our lives and in the lives of children, there are still unanswered questions and known complexities related to how these experiences influence development and well-being throughout childhood. Looking ahead, we know new technologies will continue to emerge at record speed, each with unknown and untold implications for the developing child. This creates an unprecedented need for nimble methodologies, advanced and validated research tools, and most importantly the ability to conduct rigorous research in an environment that integrates diverse perspectives and approaches."

They have a podcast, parent tip sheets & more! Be sure to check out their past webinars. They will be providing more webinars in the fall - so sign up for their newsletter! **Growing Up Online: Understanding Youth Internet Trends, Subcultures, and Relationships**

Technical Interference: Screens and the Parent-Child Relationship

Growing Up Lonely? Child Connection and Isolation in the Digital Age

Win-Win Parenting: Child Safety, Autonomy, and Family Harmony In the Digital Age

Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

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Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info/outofcareproviders

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'ICS Support To Family Care Network'

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'Interior Community Services'

Facebook page.

