


 THE

# Support REPORT

## Times to Connect

### VIRTUAL

Out of Care/ Kinship  
Drop In

Wednesday April 16  
8:00 - 9:00 PM (PST)  
Zoom ID: 858 3771 6954

AUDIO BOOK OF  
THE BREAKING WARS

10 am - 12:30 PM (PST)  
Zoom ID: 858 3771 6954

**RESUMING  
APRIL 23**

### IN-PERSON

Cup O Chat- 100 Mile House

Come join Tabitha and others for a hot  
beverage and to chat

Monday April 28  
9:30-11:00 AM  
Smitty's

Cup O Chat- Williams Lake

Come join Tabitha and others for a  
hot beverage and to chat

Tuesday April 29  
9:30-11:00 AM  
The Heart Restaurant

Williams Lake &  
100 Mile House

Drop In

Every Wednesday  
from 9:30-2:00

Foundry

Williams Lake  
51 4th Ave S Williams  
Lake

## Up Coming Trainings

**NEW**

**ON-DEMAND  
PAGE  
(ON THE CLN)**

*You can now watch all the  
replays on one place!  
And, yes, both Robyn Gobbel  
trainings are now there to  
watch!*

**HELPING KIDS FIND THEIR  
VOICE  
ROBYN GOBELL**

In this training, we will explore  
ways to scaffold our kids'  
ability to use words to reflect  
their accurate needs and  
feelings.

**REPLAY**

**BECOMING A BEHAVIOURAL  
DETECTIVE  
with Kim Barthel**

A tuned-in caring person can  
have a profound healing impact  
upon children and adults who  
have experienced any form of  
developmental trauma, grief,  
loss, or separation. Discover how  
this attuned relationship is  
"therapeutic" and capable of  
rewiring old neuronal networks  
and behavioural patterns at any  
age.

Wednesday, April 16  
9:00AM- 4:00PM (PST)

**GENDER & SEXUAL  
ORIENTATION  
Kari Isham**

Wednesday April 23  
6:30- 8:00PM (PST)

**HOPE FOR THE JOURNEY  
2025**

Four high-level sessions with  
opportunities to go deeper into  
the Trust-Based Relational  
Intervention® (TBRI®) model. All  
sessions combine evidenced-  
based theory with practical  
strategies that caregivers can  
readily apply in their homes.

Tuesdays April 29- May 20  
9:30AM - 12:30PM (PST)

**TOILETING 101  
Katie Rinauld**

Katie does a fabulous job of  
facilitating and answering  
questions around teaching  
toileting skills to kiddos with  
extra support needs.

Tuesday May 20  
10:00AM- 12:00PM (PST)

**Kindness Grows when we Celebrate Differences!**



April is Autism Action/Awareness/Acceptance Month

## NEWSWEEK:

### **NEURONS DIFFERENT IN CHILDREN WITH AUTISM STUDY FINDS**

Children with autism have different brains than children without autism, down to the structure and density of their neurons, according to a study by the University of Rochester Medical Center, New York, published in Autism Research in September.

"People with a diagnosis of autism often have other things they have to deal with, such as anxiety, depression, and ADHD," said first author Dr. Zachary Christensen, of the University of Rochester's School of Medicine and Dentistry, in a statement. But these findings mean we now have a new set of measurements that have shown unique promise in characterizing individuals with autism."

Study: Autism is Associated within Vivo Changes in Gray Matter Neurite Architecture



## **FREE VIRTUAL CHILDREN'S MENTAL HEALTH + PARENTING SPRING SUMMIT**

**Join leading experts at the summit and gain powerful, research-backed strategies and tools to foster wellness.**

"23 Experts discussing incredible topics: Youth Anxiety, Trauma, Re-Connection, Picky Eating, + so much more!"

All the Summit content will be available exclusively through our desktop or mobile app program (Mighty Network). You can download the app now and create a FREE account so that you are ready for the Summit. Once app is downloaded, you can search "Institute of Child Psychology"

Certificates are available only to participants that purchase the recordings. Participants which have only signed up for the Free event will not have access to certificates."

**Get a FREE GIFT with registration:  
Your Guide to  
Raising a Highly Sensitive Child**

## **CONNECT WITH US SUPPORT TO FAMILY CARE NETWORK PROGRAM**

**Program Coordinator: Kari Bepple**

[kbepple@interiorcommunityservices.bc.ca](mailto:kbepple@interiorcommunityservices.bc.ca)

Cell: (250) 819-1919

Office: (236) 421-0031 Toll Free: 1-877-376-3660

**Network Facilitators:**

Renata Bonthoux (250) 319-6557

[rbonthoux@interiorcommunityservices.bc.ca](mailto:rbonthoux@interiorcommunityservices.bc.ca)

Jessica Galbraith (250) 819-5819

[jgalbraith@interiorcommunityservices.bc.ca](mailto:jgalbraith@interiorcommunityservices.bc.ca)

Marna Forsyth (250) 609-2017

[mforsyth@interiorcommunityservices.bc.ca](mailto:mforsyth@interiorcommunityservices.bc.ca)

Jane Wesko (250) 608-7674

[jwesko@arcprograms.com](mailto:jwesko@arcprograms.com)

Tabitha Fournier (250) 320-4603

[tfournier@interiorcommunityservices.bc.ca](mailto:tfournier@interiorcommunityservices.bc.ca)

James Weir (250) 426-6013

[jweir@interiorcommunityservices.bc.ca](mailto:jweir@interiorcommunityservices.bc.ca)



**Interior  
Community  
Services**  
Enriching Lives, Strengthening Communities

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Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

**[www.icsfp.info/outofcareproviders](http://www.icsfp.info/outofcareproviders)**



**Find us on Facebook!**

Connect with us on our  
**'ICS Support To Family Care Network'**  
Facebook page and our agency's  
**'Interior Community Services'**  
Facebook page.

"Kindness can transform someone's dark moment with a blaze of light. You'll never know how much your caring matters." - Amy Leigh Mercree