

WEEKLY *Communiqué*

STFC Supporting Caregivers throughout BC's Interior

IN PERSON
KAMLOOPS
FOSTER PARENT
DROP-IN
 Wednesdays
 9:00am - 11:00am
 At the Loft
 (2nd Floor of grey building)

WEST
KOOTENAY
FOSTER PARENT
DROP-IN
 Fridays
 11:00am - 12noon
 Zoom ID: 250 608 7674

VIRTUAL
FOSTER PARENT
DROP-IN
 Mondays
 9:00am - 11:00am(PST)
 Zoom ID: 878 8822 2406


CHECK OUT THE
ON DEMAND PAGE
 TIPS AND TOOLS FOR
 SUCCESSFUL CONFLICT
 RESOLUTION
 DBT SKILLS

AUDIO BOOK CLUB
 POSTPONED FOR THE
 SUMMER

BC ACCESSIBLE ADVENTURE GUIDE (FAMILY SUPPORT INSTITUTE OF BC)

The [BC Summer Adventure List](#) is a curated collection of inclusive, sensory-friendly, free or low-cost activities across British Columbia, designed to make summer recreation fun, accessible, and adaptable for children and adults with disabilities and families. Whether you're looking to enjoy the great outdoors or stay cool indoors, there's something for everyone.

Looking for more accessible locations in BC? Explore [**MYCOMMUNITYBC**](#)

My Community BC is an online resource for locating inclusive and welcoming places in your area!

My Community BC is an online map built by citizens like you working together to strengthen opportunities for inclusion and connection in their communities.



IMPORTANT INFORMATION REGARDING NEW STANDARDIZED PROVINCIAL CAREGIVER SERVICE RATES FOR LEVEL 2 & LEVEL 3 HOMES THAT EXCEED STANDARD CAPACITY

MCFD CAREGIVER SERVICE RATES

"New Exception to Standard Capacity (E2SC) Caregiver Service Rates for Level 2 and Level 3 homes that exceed standard capacity come into effect on July 1st, 2025. The new E2SC rate table can be found in the [Resource Work Policies \(RWP\)](#), Appendix C: Agreements and Payment Rates.(pg 118-119) The Ministry of Children and Family Development (MCFD) identified a need to implement a standardized service rate for Level 2 and Level 3 homes where children and youth in care (CYIC) in the home exceed standard capacity. Level 2 and Level 3 foster caregivers will now receive a provincial standardized service payment for every CYIC placed in the home that exceeds standard capacity. Resource workers will be reaching out to foster caregivers currently receiving a service payment less than the amount in the new E2SC standardized rate table. Family Care Home (FCH) Agreements will be amended to reflect the new service payment rate effective July 1, 2025.





RECOMMENDED BY SOCIAL THINKINGTM BOOKS FOR CHILDREN / YOUTH

Power Cards: Using Interests and Enthusiasms to Teach Social Problem Solving and Emotional Regulation Skills to Autistic Students

by Elisa Gagnon "The Power Card Strategy is a game-changer, harnessing the magic of a child's interests and passions to inspire them to tackle the complexities of social interaction and problem solving with newfound confidence. This invaluable resource is designed for dedicated teachers and caregivers seeking effective strategies to empower children and adolescents who grapple with social misunderstandings and emotional regulation challenges."

Growing Feelings: A Kids' Guide to Dealing with Emotions about Friends and Other Kids

by Eileen Kennedy-Moore & Christine McLaughlin "Children's biggest emotions often come up about friends and other kids. This entertaining and empowering book addresses a wide range of feelings children have about friends and other kids, including worry, guilt, jealousy, compassion, and gratitude. Through relatable cartoon stories, practical, research-based coping strategies, plus silly commentary from a cat and dog who have their own (questionable) ideas about what might help, kids get a hands-on approach that they can put into practice." (Check out [Growing Relationships](#))

YouCue Feelings: Using Online Videos for Social Learning

by Anna Vagin "Use YouTube videos to make learning about feelings and relationships easy and fun! YouCue Feelings offers video recommendations and provides 50 practical activities to guide students ages 4-14 in building their social learning vocabulary, tracking changes in feelings over time, and building strength in reflecting on their own emotional experiences. By incorporating brief, diverse video clips with targeted exercises, YouCue Feelings helps get young students thinking about, talking about, and ultimately, practicing important social learning ideas in their everyday lives."

Hey Awesome: A Book for Kids About Anxiety, Courage, and Already Being Awesome

by Karen Young "Hey Awesome explains how the same brain that can make a child feel anxious sometimes, also comes with amazing strengths. This book also includes powerful tips for children on how they can manage their anxiety. First, we let them know how awesome they are, then we give them what they need to feel it for themselves. If kids with anxiety could see themselves the way we see them, they would feel so much bigger than their anxiety. They would feel so much bigger than everything. Hey Awesome explains how the same brain that can make them feel anxious sometimes, also comes with amazing strengths. It also includes powerful tips for children on how they can manage their anxiety. First, we let them know how awesome they are, then we give them what they need to feel it for themselves."

Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

Program Coordinator: Kari Bepple

kbepple@interiorcommunityservices.bc.ca

Cell: (250) 819-1919

Office: (236) 421-0031 Toll Free: 1-877-376-3660

Network Facilitators:

Renata Bonthoux (250) 319-6557

rbonthoux@interiorcommunityservices.bc.ca

Jessica Galbraith (250) 819-5819

jgalbraith@interiorcommunityservices.bc.ca

Marna Forsyth (250) 609-2017

mforsyth@interiorcommunityservices.bc.ca

Jane Wesko (250) 608-7674

jwesko@arcprograms.com

Tabitha Fournier (250) 320-4603

tfournier@interiorcommunityservices.bc.ca

James Weir (250) 426-6013

jweir@interiorcommunityservices.bc.ca



Need resources or information?

Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:

www.icsfp.info/outofcareproviders

 Find us on Facebook!

Connect with us on our

'ICS Support To Family Care Network'

Facebook page and our agency's

'Interior Community Services'

Facebook page.