

# *The Support Report*



**Out of Care / Kinship Care**  
**Drop in**  
Tuesday Oct 7  
10:00 - 11:00AM (PST)  
Zoom ID: 858 3771 6954

## Times to Connect

**Williams Lake Drop In**  
Thursday, Sept 25 2025  
9:30-11:00 AM  
Denny's Restaurant

**Audio Book Club**  
Starting Wednesday, Sept 17  
10:00am - 12:00pm OR 6:00pm - 8:00pm  
Zoom ID: 832 4280 1289

## UPCOMING FALL TRAINING CAREGIVER LEARNING NETWORK

[Permanency Options For Children When Parent Reunification Cannot Take Place](#)

**Oct 7**  
11:00pm - 12:30pm (PST)

[Circle of Security Parenting Program](#)

Tuesday Evening  
**Oct 7 to Nov 25**  
7:00pm - 8:00pm (PST)

## Communicating the Relationship Between Place, Racism, and Early Childhood Development

Children's development is shaped by the social, environmental, and policy contexts around them. Structural racism influences how those contexts are designed. To help people better understand these connections, we need updated narratives that reflect today's science and lived experience. The conversation will include: – Nat Kendall-Taylor, CEO, FrameWorks Institute – Lindsey Burghardt, Chief Science Officer, Center on the Developing Child at Harvard University – Leah Austin, President and CEO, National Black Child Development Institute – Dolores Acevedo-Garcia, Director, Diversity Data Kids; Professor of Human Behavior, Research, and Policy at Boston University School of Social Work

Oct 8, 2025 11:00 AM (PST)

Register [Here](#)



# SCHOOL REFUSAL: HOW TO HELP KIDS COPE

When kids flat-out refuse to go to school, it can be stressful for parents and teachers alike. You may wonder: Why are they acting out like this? What if they're never willing to go back to school? Different kids resist or refuse school in different ways. Here are tips for parents, caregivers, and educators to manage school refusal, based on what you're seeing.

**Has crying episodes or tantrums about school-** Acknowledge that the feelings behind the tantrum are real. Suggest that you talk about ways to make things better – when they're calmer.

**Has meltdowns about school-** Be patient and make it clear that the child is safe and you're there to help. Kids aren't in control of meltdowns, so there's nothing more you can do when they're happening. When the meltdown lets up, use short and concrete sentences to manage the moment.

**Gets stuck on "what if" scenarios-** Respond with as much empathy as you can. Getting stuck on negative thoughts can be a response to feeling overwhelmed, anxious, and powerless. It's important to try to reduce the anxiety enough to talk about what the child is stuck on

**Won't get dressed in the morning-** For families, school refusal usually starts first thing in the morning. Some kids may refuse to get dressed for school. Going to school isn't optional. But going in pajamas might be. If this is your child's form of refusal, decide whether it's more important for your child to participate in school or to get dressed. You may need to send your child to school in pajamas.

**Won't get on the bus or in the car-** At this point, a child's refusal might be getting in the way of a parent or caregiver's own schedule and ability to start work. Try not to engage at that very moment

**Says "You can't make me"** - If kids refuse to do schoolwork or go to school and say, "You can't make me," acknowledge that it's true.

**Begs to go home-** After kids are dropped off at school, they may beg to go home. This can be tough on teachers.

For more information, please visit [Understood](#).

"Kindness can transform someone's dark moment with a blaze of light. You'll never know how much your caring matters."

- Amy Mercree

## Connect with us...

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## SUPPORT TO FAMILY CARE NETWORK PROGRAM



**Need resources or information?  
Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website: [www.icsfp.info/outofcareproviders](http://www.icsfp.info/outofcareproviders)



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