



**VOLUME 3**

**Nov 24, 2025**

**Issue  
Twenty-one**

# **THE SUPPORT REPORT**

## **Times to Connect**

### **Out of Care / Kinship Care Drop in**

Tuesday Dec 2  
10:00 – 11:00 AM (PST)  
Zoom ID: 858 3771 6954

### **Audio Book Club The Let Them Theory by Mel Robbins**

10:00AM – 12:00PM OR  
6:00PM – 8:00PM  
Zoom ID: 832 4280 1289

### **CLN PRESENTS: CIRCLE OF SECURITY PARENTING™**

**for out of care / kinship  
providers**

**Wednesdays,  
Jan 7 to Feb 18**

**7:00pm to 8:00 pm (PST)**

Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.



### **CLN PRESENTS: LEN PIERRE**

#### **LEADING WITH EMPATHY:**

#### **MOVING BEYOND TRAUMA-INFORMED PRACTICE TO TWO-EYED SEEING & DIGNITY-INFORMED PRACTICE**

**Wednesday, Feb 4 9:00am to 12:30pm (PST)**



### **DISABILITY ALLIANCE BC**

#### **UNDERSTAND HOW THE 2025 FEDERAL BUDGET AFFECTS PEOPLE WITH DISABILITIES**

"This past Tuesday, November 4, the government released the Federal Budget 2025. Disability Alliance BC (DABC) has compiled a summary of the items relating to people with disabilities. Most notably, the Budget mentions a one-time payment of \$150 to individuals applying for or renewing the Disability Tax Credit (DTC), making the Canada Disability Benefit (CDB) more accessible. Read DABC's summary to find out more."



#### **COUNSELLING INSIGHTS PODCAST Episode 43: Social Circus for Positive Mental Health**

Vicki and Hayley explore the magical world of Community and Social Circus. Hayley describes the unique opportunities that "circusing" provides for growing confidence, connection, and strength – physically, mentally, and emotionally. Through stories of her own transformation alongside her peers, Hayley offers a creative peek into many parallels with counselling. These include increasing safety to increase risk-taking, exploring meaningful consent, and the power of mentorship.

## **NEW STUDY FINDS CHILDREN WITH ADHD ARE MORE LIKELY TO STRUGGLE WITH MOTOR SKILLS**

ADHD is typically associated with symptoms like impulsivity, hyperactivity, and trouble with focus. But a new review of studies strengthens our understanding that kids with ADHD may also struggle with motor skills. These are the skills that let people move, control, and coordinate their movements.

Here's what you need to know and how you can help your child.

### **What the study found**

This new review of studies was recently published in the Journal of Autism and Developmental Disorders. It reviewed 25 studies that included kids with ADHD and kids without.

Combined, the 25 studies included over 2,000 children between the ages of 5 and 14 years. Almost half of the children had ADHD, and the rest did not. It's the first time a review compared motor skills in kids with ADHD and neurotypical children. This comparison allows us to better understand the unmet needs of kids with ADHD.

**For more information, click [here](#)**



**Connect with us...**

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## **CENTRE ON THE DEVELOPING CHILD AT HARVARD UNIVERSITY**

### **MATTERING IN EARLY CHILDHOOD: BUILDING A STRONG FOUNDATION FOR LIFE**

**Podcast** "A conversation about what mattering means, the effects of mattering in early childhood, and strategies for building a sense of mattering in our children."

**Paper** "In our new paper, co-authored with Jennifer B. Wallace, award-winning journalist, and founder of the Mattering Institute who has written extensively on mattering, we explore the science around mattering in early childhood as well as concrete strategies for building a sense of mattering in young children."

#### **Sections include:**

- Why We Need to Matter
- Core Building Blocks of Mattering
- The Importance of Feeling Valued
- The Importance of Adding Value
- How Peers, Places, and Adults' Experiences Affect Young Children's Sense of Mattering
- 11 Ways To Help Young Children Develop a Strong Sense of Mattering"

### **SUPPORT TO FAMILY CARE NETWORK PROGRAM**



**Need resources or information?  
Check out our website!**

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website: [www.icsfp.info/outofcareproviders](http://www.icsfp.info/outofcareproviders)



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'Interior Community Services'  
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