

Val. 4 Issue 17

September 14,2026

Support Report



VIRTUAL

Out of Care / Kinship Care Provider Drop-in

Wednesday Sept 16
8:00-9:00 PM (PST)
&
Tuesday Oct 6
10:00 - 11:00 AM (PST)

Zoom ID: 858 3771 6954

ALL YOU CAN BE WITH ADHD

By Penn and Kim Holderness (2025)
Welcome to the ADHD Club! If your brain's like ours, then you may be different. You may be fantastic, you may be vociferant! If your brain's like ours, you might struggle with concentration. But only because you're finding some true inspiration! If your brain's like ours, you'll soon see . . . you're not alone with your ADHD.
Written in playful rhyme and filled with humor, this story will help young readers who have been diagnosed with ADHD (or who have someone they care about with ADHD) feel seen, understood, and empowered to embrace their pretty cool brains.

AUTISMBC AND SQUAREPEG SOCIETY

Post-Secondary Bursary

"AutismBC and Square Peg Society have partnered to award a minimum of four bursaries of $2,000.00 each to Autistic adults from British Columbia who have been accepted into a registered academic, trade, or skills-training program.

These bursaries, awarded to two students in September 2026 and January 2027, will be a minimum of $2000 each. To be eligible, applicants must be autistic adults whose home is in British Columbia, accepted into a Canadian program running between September 2026 and June 2027.

About the Bursary
AutismBC and Square Peg Society guarantee a minimum of four bursaries of $2,000.00 each — two awarded in September 2026, and two in January 2027. Square Peg Society funds and administers the bursaries directly.

Who Can Apply
This bursary is open to all autistic adults. Priority will be given to students who meet the criteria below.

- Autistic adults from British Columbia (you may study in another Canadian province or territory). Either self-identification or a professional diagnosis is accepted.
- Accepted into a registered academic, trade, or skills-training program starting between September 2026 and June 2027."

Click here to find out more and to apply!

GET IT DONE & HAVE FUN!: ADHD HACKS FOR AWESOME KIDS

By Penn and Kim Holderness (2025)
Hi there! I'm Squeaky McGee. I am a squirrel who has ADHD. Maybe you have a brain that's like mine? I love an adventure all of the time! But do chores get you down—do you find them a bore? Like brushing your teeth or mopping the floor? I'll help you do them! I've got your back! There's this new thing, I call it a HACK.

Written in playful rhyme and filled with humor, this engaging picture book will help all young readers successfully tackle that boring list of household to-do's that challenge us all!



CASEY FAMILY PROGRAMS

HOW DO INDIVIDUALS WITH LIVED EXPERIENCE OF CHILD WELFARE DEFINE PERMANENCY?

Please note: this article and download are from a U.S. perspective, but have some good info!

For those with lived experience of the child welfare system — youth, parents, kinship caregivers, guardians, and foster and adoptive parents — legal status is only one aspect of permanency. Legal permanency alone does not guarantee the lifelong connections needed to thrive. To achieve a broader sense of safety and security, children and older youth need stable homes, community, and people they can count on today and for years to come.

Research demonstrates that relational permanency, the enduring bonds that provide a true sense of belonging, may result in more positive long-term outcomes than legal status. Yet most child welfare systems are structured around legal outcomes rather than important relational milestones. Both relational and legal permanency need to be part of planning and decision-making to ensure that children and older youth benefit from the sense of belonging and stability that comes with having a lifelong family.

In this brief, lived experts share their perspectives on the meaning of permanency and how systems can support family stability and a sense of belonging beyond case closure.

CHILDREN AND SCREENS: "ASK THE EXPERTS" WEBINAR

LEARNED BEHAVIOR: HOW YOUTH DIGITAL LIFE SHAPES MORAL DEVELOPMENT

Wednesday, September 16
9:30am -11:00am (PST)

Children's observations and interactions with the people and world around them shape their emerging sense of morality and engagement in kind, helping, and socially positive behaviors. What do parents need to know about how experiences with digital media shape youth moral and social development, as well as how they apply their morals online and offline?

Join Children and Screens for "Learned Behavior: How Youth Digital Life Shapes Moral Development", the next installment in our "Character Matters: Values and Resilience in the Digital Age" #AskTheExperts webinar series. A panel of leading researchers will examine how moral behavior develops across childhood and adolescence and its relationship with digital media, what positive social behaviors look like in online spaces, and tips for parents and caregivers on how to encourage digital media use that encourages more empathetic and moral behaviors.

Connect with us... SUPPORT TO FAMILY CARE NETWORK PROGRAM

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Interior Community Services

Need resources or information? Check out our website!

Are you wanting more information about upcoming training in your area, helpful resources or information about our program? Find all this and much more at our website:
https://www.icsfp.info/outofcareproviders

Additional Resources:

Caregiver Learning Network

Fairness for Children Raised By Relatives

Kinship Care Help Line - 1-855-474-9777