

ADHD & Child Behavior Problem Care Pathway - Williams Lake

Assessment/Screening	Treatment	Additional Supports/Services
<p>Screening for ADHD or Behaviour Problems</p> <p>Contact:</p> <ul style="list-style-type: none"> - School counselor - Family doctor 	<p>ADHD Treatment</p> <p>Family doctor: <i>initial treatment assessment and plan</i></p> <p>Pediatrician (Dr. McKay): <i>treatment in children with other major medical/neurological issues. (by referral from family doctor)</i></p> <p>Child Psychiatrist (Dr. Burkey): <i>evaluation/treatment with other significant psychiatric concerns (ex. significant anxiety, depression)</i></p>	<p>Information about ADHD</p> <p><u>Child Development Centre ADHD Program</u>: “ADHD 101” group information about ADHD for parents</p> <p><u>KeltyMentalHealth.ca</u> offers extensive information about ADHD and other mental health issues and supports in BC</p>
<p>Evaluation/Diagnosis</p> <p>Contact: Family doctor (Complex cases may be referred to pediatrician or child psychiatrist)</p>		<p>Emotional Problems (ex. Anxiety, depression)</p> <p><u>Child/Youth Mental Health</u> services: offers screening, referrals, and individual counseling for emotional problems (walk-in referrals on Thursdays at MCFD)</p>
<p>Learning Difficulties Evaluation & Support</p> <p>School teacher or counselor: <i>discuss classroom modifications or supports</i></p>	<p>Behaviour Problem Treatment</p> <p><u>Confident Parents</u> phone-based coaching program for behavior problems in kids age 4-12 (by referral from family doctor)</p>	<p>Family Counseling</p> <p><u>CMHA Family Solutions Program</u>: offers family counseling and parent support counseling and programs</p>

(See Back for contact & referral information, basic eligibility criteria, contact info, & hyperlinks to program descriptions)

Canadian Mental Health Association (CMHA)

Family Solutions Program (family counseling)

51 4 Ave S, Williams Lake

Phone: 250-398-8220

Referral info: Call for information

Child/Youth Mental Health

280 North MacKenzie Avenue (MCFD Office)

Phone: 250-398-4963

Walk-in times: Thurs 9-11a, 1-3p

Child Development Centre

690 N 2nd Ave

Phone: 250-392-4481

**Call and ask for Colleen to discuss resources & programs offered at the CDC*

**Ask for Meagan or Eryn to discuss ADHD-specific resources*

Confident Parents program

Information & referral forms at: <https://cmha.bc.ca/programs-services/confident-parents-thriving-kids/>

**Must be referred by a family doctor or other physician*