

## ADHD & Child Behavior Problem Care Pathway - Williams Lake

Assessment/Screening	Treatment	Additional Supports/Services
<b>Screening for ADHD or Behaviour Problems</b>  Contact: <ul style="list-style-type: none"> <li>- School counselor</li> <li>- Family doctor</li> </ul>	<b>ADHD Treatment</b>  Family doctor: <i>initial treatment assessment and plan</i>  Pediatrician (Dr. McKay): <i>treatment in children with other major medical/neurological issues. (by referral from family doctor)</i>  Child Psychiatrist (Dr. Burkey): <i>evaluation/treatment with other significant psychiatric concerns (ex. significant anxiety, depression)</i>	<b>Information about ADHD</b>  <u>Child Development Centre ADHD Program</u> : "ADHD 101" group information about ADHD for parents  <u>KeltyMentalHealth.ca</u> offers extensive information about ADHD and other mental health issues and supports in BC
<b>Evaluation/Diagnosis</b>  Contact: Family doctor (Complex cases may be referred to pediatrician or child psychiatrist)		<b>Emotional Problems</b> (ex. Anxiety, depression)  <u>Child/Youth Mental Health</u> services: offers screening, referrals, and individual counseling for emotional problems (walk-in referrals on Thursdays at MCFD)
<b>Learning Difficulties Evaluation &amp; Support</b>  School teacher or counselor: <i>discuss classroom modifications or supports</i>	<b>Behaviour Problem Treatment</b>  <u>Confident Parents</u> phone-based coaching program for behavior problems in kids age 4-12 (by referral from family doctor)	<b>Family Counseling</b>  <u>CMHA Family Solutions Program</u> : offers family counseling and parent support counseling and programs

*(See Back for contact & referral information, basic eligibility criteria, contact info, & hyperlinks to program descriptions)*

**Canadian Mental Health Association (CMHA)**

*Family Solutions Program (family counseling)*

*51 4 Ave S, Williams Lake*

*Phone: 250-398-8220*

*Referral info: Call for information*

**Child/Youth Mental Health**

*280 North MacKenzie Avenue (MCFD Office)*

*Phone: 250-398-4963*

*Walk-in times: Thurs 9-11a, 1-3p*

**Child Development Centre**

*690 N 2nd Ave*

*Phone: 250-392-4481*

*\*Call and ask for Colleen to discuss resources & programs offered at the CDC*

*\*Ask for Meagan or Eryn to discuss ADHD-specific resources*

**Confident Parents program**

*Information & referral forms at: <https://cmha.bc.ca/programs-services/confident-parents-thriving-kids/>*

*\*Must be referred by a family doctor or other physician*