

**Williams Lake
May 8**

9:00-2:30

Cariboo Chilcotin

Child Development Centre

9:00-10:15

CONNECT parent group is an evidence-based 10-week manualized group program for parents and alternate caregivers of children, pre-teens and teens who struggle with significant behaviour problems and mental health issues. Co-developed over the last 10 years by the Maples Adolescent Treatment Centre and Dr. Marlene Moretti of Simon Fraser University, the program focuses on the core components of secure attachment to promote children's social, emotional and behavioural adjustment.

Our presentation will provide participants with a summary of some of the main points of the program, where and when is it available in Williams Lake, and how the program can be of benefit to foster caregivers as well. Will provide some examples of role playing to demonstrate learning as well as a teaching demonstration. Purpose of the presentation will be to "normalize" the struggles many people have with children, pre-teens and teens, and relay that it is ok to ask for help or support.

**10:45
Coffee break**

Provided by ICS

10:30-11:30

The Incredible Years

We will be talking about how important building attachment is for children. Increasing positive interactions that we have with them is key. The more children receive attention in positive ways, the less time they will spend seeking it in negative ways. Educating ourselves about ADHD will help us to understand our children, how to best meet their needs, and optimize their successes.



OR

Aged Out

We will be presenting a mini video on aged-out, along with some resources that might be of help to your teens. Our aim is aid the youth when they transition to adulthood. Thanks to Aged out for providing the video and information.

11:45-1:00

Lunch

Provided by

MCFD

1:00 -2:15

FASD

Shel Myers (FASD Keyworker, Child Development Centre) will be presenting the science side of FASD. He will be sharing some of the research being done and the new information that is currently coming out as a result.



Special thanks to:

MCFD for bringing this forum to you,

CYMH for presenting,

CDC for providing space and presenters

and **ICS**.