



**Interior Community Services and Foster Parent Support Services Society are pleased to present**



### **Gaming Concerns, Balance, Addiction & Opportunities**

This presentation is for teens, foster parents and caregivers. Kids are spending more time online to stay entertained and to stay connected with teachers, friends and extended family. Gaming is a massive industry that for many young people is their primary mode of entertainment and hobby. However, this activity is not without problems that can lead to challenges in having a balanced lifestyle. Harnessing gaming in a safe and effective way can provide many opportunities for gamers of all ages. In this session, The White Hatter will help advise families to create healthy gameplay while delving into the research, stories, and firsthand examples of the positives and negatives in this industry. We will also examine the research surrounding the debate around addiction. 30-minute Q&A to follow.

We are an internet safety and digital literacy education specialist company based in North America. Our mission is to provide students, teachers, parents, adults, businesses, and law enforcement with the knowledge and tools necessary in today's world." [www.thewhitehatter.ca](http://www.thewhitehatter.ca)

Please join us: **Thursday, October 29, 2020 from 7:00 - 8:30 p.m. PST**

**Register in advance for this meeting:**

<https://zoom.us/meeting/register/tJcufu-orj4tH9bMvi2l0-09Zr61jjiF5zOD>

**After registering, you will receive a confirmation email containing information about joining the meeting. We look forward to seeing you!**