

DR. VANESSA LAPOINTE

R. PYSCH

ZOOM WEBINAR BROUGHT TO YOU BY
INTERIOR COMMUNITY SERVICES AND THE
FOSTER PARENT SUPPORT SERVICES
SOCIETY:

When the Worry Monster Attacks: Supporting Children Struggling with Anxiety

The purpose of this workshop is to provide a framework for teachers and caregivers who are working to support and nurture a child who is struggling with anxiety. Anxiety comes in many shapes and sizes, and manifests differently for younger children than it does for older children and adults. Participants will learn about the different forms of anxiety that are commonly diagnosed in children (including Separation Anxiety, Obsessive-Compulsive Disorder, Phobias, Generalized Anxiety Disorder, Social Anxiety and Post-Traumatic Stress Disorder, among others). We will work to understand what unites these different expressions of worry and how to best support the child feeling overwhelmed by such worry so that participants leave with a better sense of how to help put a child's worry monster to rest.

To register please click the following link:

<https://zoom.us/meeting/register/tJYrd-6hpzkiE9ybHx6GwvbirvnnpZ6gUFqc>

After registering, you will receive a confirmation email containing information about joining the meeting.

TUESDAY
SEPTEMBER
15, 2020

7pm - 8:30pm
(PST)

If you have any questions or concerns please contact Kari, Krista or Renata at 236-421-0031



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Professional Bio



Dr. Vanessa Lapointe is an author, parenting expert, and registered psychologist (British Columbia #1856) who has been supporting families and children for more than fifteen years. Author of [Discipline without Damage: How to get your kids to behave without messing them up](#) and [Parenting Right From The Start: Laying a Healthy Foundation in the Baby and Toddler years](#), regularly invited media guest and contributor, educator and speaker, a Huffington Post Parent blogger, and a consultant to research projects and various organizations promoting emotional health and development, Dr. Vanessa is known for bringing a sense of nurturing understanding and humanity to all of her work. She presently works in private practice and has previous experience in a variety of settings, including the British Columbia Ministry of Children and Family Development and the school system.

Dr. Vanessa's passion is in walking alongside parents, teachers, care providers, and other big people to really see the world through the child's eyes. She believes that if we can do this, we are beautifully positioned to grow up our children in the best possible way. As a mother to 2 growing children, Dr. Vanessa strives not only professionally, but also personally, to view the world through the child's eyes.

