

Interior Community Services, Foster Parent Support Services Society, and Okanagan Foster Parents Association are pleased to present:

# Understanding and Responding to Self-Harm in Youth: Scars Are Stories, Written on the Body

Presented By: Natalie Clark, MSW, RSW

**Thursday, May 27, 2021**

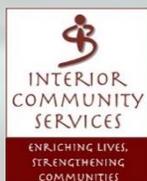
**6:30pm – 8pm PST via Zoom**

**Registration link:**

<https://zoom.us/meeting/register/tJUtdO2uqzosG9WluobOluWxC5-GoVzIUksX>

After registering, you will receive a confirmation email containing information about joining the meeting. This e-mail will contain an access link specific to you. **Please use the link provided in the confirmation e-mail and not the registration link on this poster to access this training.**

If you have any questions please contact  
Renata Saat: (250) 319-6557,  
Krista Sherwood: (250) 819-5819 or  
Kari Bepple: (250) 819-1919.





## **Meet Dr. Natalie Clark**

*Trauma and Violence Counsellor Neskonlith Education Centre, Clinical Supervisor, Indigenous Girls Group Facilitator and Specialist Trainer on Violence and Trauma-informed practice – Chair/Co-Chair of Status of Women Committee and Associate Professor, School of Social Work, Thompson Rivers University Holds the Office of the Federal Ombudsman's for Victims of Crime (OFOVC) the first official Academic Advisory Circle to the Government of Canada.*

Natalie received her Bachelor of Social Work from UBC in 1990 and continued her academic studies to attain a Master of Social Work degree with a focus on healing from sexual abuse and trauma, followed by her PhD with specialization in Secwepemc and Indigenous approaches to healing children and youth from trauma in 2018.

In addition to her role as an Associate Professor at Thompson Rivers University, Natalie continues her ongoing work as a trauma and violence counsellor with Indigenous communities, and as an Indigenous girls group facilitator with Secwepemc Elder Minnie Kenoras, including running a land-based girls camp for the last several summers. Natalie possesses over 25 years experience in the area of trauma and violence with a focus on healing and resistance, and coping responses including self-harming, substance use, disordered eating and other survival responses.

Natalie has been awarded the President's Merit Award for Excellence in Research and Scholarship. This award recognized the positive impacts of her research and scholarship at TRU, Nationally and Internationally. Her work with girls group, and the School District team and Friendship Centre has previously been awarded the Ashoka Foundation as a Changemaker: Inspiring Approaches to First Nations, Metis and Inuit Learning, for her work with Indigenous girls' groups.

In carrying out her work, Natalie takes into consideration the impact of colonial and gendered policies on Indigenous children, youth, families and communities. Her work is informed and mobilized through her interconnected identities including her Metis and Secwepemc kinship; as a parent of three Secwepemc children, and part of the Secwepemc community; an academic, activist and sexual abuse counsellor.