

Giving and Receiving + Healing

AN 8-PART SERIES TO EQUIP YOU TO HELP YOUR CHILD HEAL

A 7 HOUR - WORK AT YOUR OWN PACE - COURSE

BY COMPLEX TRAUMA RESOURCES

Themes covered include:

BODY AND STRESS, MANAGING STRESS & EMOTIONS

IDENTITY DEVELOPMENT

REFRAMING CHALLENGING BEHAVIOURS

CAREGIVER WELLNESS

Interior Community Services is providing funding for Foster Parents to attend this training free of charge for a limited time.

TO ENROLL IN THIS COURSE, PLEASE EMAIL:

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"WHEN LOVE IS NOT ENOUGH. FOSTER PARENTS AND OTHER CAREGIVERS GIVE FROM THE BOTTOM OF THEIR HEARTS. OFTEN THIS ISN'T ENOUGH. COMPLEX TRAUMA CHANGES THE CHILD'S BRAIN AND NERVOUS SYSTEM. HOW DO WE CREATE AN ENVIRONMENT OF NURTURING EXPERIENCES FOR THESE CHILDREN TO HEAL? CAN WE MOVE BEYOND 'MANAGING' THE CHALLENGING EMOTIONS AND BEHAVIOURS TO 'SEE' AND RESPOND TO THE UNDERLYING NEEDS? YES, WE CAN!"

TO FIND OUT MORE VISIT:

GIVING AND RECEIVING HEALING | COMPLEX TRAUMA RESOURCES