

SUPPORT TO FAMILY CARE
NETWORK PROGRAM PRESENTS:



NATASCHA LAWRENCE

(SHE/HER/HERS)

2 WORKSHOPS: 1 DAY

MONDAY, DECEMBER 11

Unable to make the date or time? Register and you will receive the replay link (which will be available for 7 days following the workshops).

MORNING SESSION

9:00am - 12Noon (PST)

A Caregiver's Guide To Supporting the Mental Health of Children & Youth with FASD

Join your STFC team and Natascha Lawrence, M.A., RCC, BCRPT, a FASD expert, as we delve into the effects of Fetal Alcohol Spectrum Disorder (FASD) on children's mental health and development. Gain valuable insights into supporting the well-being of children and youth with FASD through impactful strategies like co-regulation, anxiety alleviation, identity formation, and crisis management.

AFTERNOON SESSION

1:00pm - 4:00pm (PST)

Trauma-informed Strategies to Support Children & Youth Through Grief & Loss

Join your STFC team and Natascha Lawrence as she helps us learn how to best support children and youth through difficult life transitions, trauma, grief, and loss. Through both a Neurodiversity Affirming and a Trauma Focused Lens, participants will explore how to effectively support kiddos with their big feelings, difficult decisions, and grieving rituals.



To register visit: [NATASCHA DEC 11 2023](#)

This registration gives you access to both workshops.
You will receive a certificate for each workshop you attend.

For more info, please contact Marna Forsyth: cell: 250 609-2017 or
via email: mforsyth@interiorcommunityservices.bc.ca

