

# ROBYN GOBBEL

## HELPING KIDS FIND THEIR VOICE: STRATEGIES FOR MANIPULATION AND VERBAL AGGRESSION

Manipulation, lying, and verbal aggression are all protective behaviors with one big thing in common: the person is struggling to use accurate words that truly reflect their needs in that moment. In this training, we will explore ways to scaffold our kids' ability to use words to reflect their accurate needs and feelings. No, we aren't going to tell them to "use their words" but with practice, we can make attempts to hear what they are really trying to say and respond to THAT. We can also be strategic about scaffolding their development of this skill during times their owl brain is more engaged.

### ABOUT ROBYN:

Robyn Gobbel, MSW, has 20 years of practice in family and child therapy, specializing in complex trauma, attachment, and adoption. She integrated her diverse clinical training to offer an attachment-rich, sensory-sensitive, and relational neurosciences supported healing environment for children and families. Robyn now consults, teaches, and trains extensively throughout the US. She is the host of The Baffling Behavior Show podcast and author of Raising Kids with Big, Baffling Behaviors: Brain-Body-Sensory Strategies that Really Work.



**THURSDAY,  
FEB 13, 2025**

9:00am to  
12 Noon (PST)

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AND TIME?  
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